

DR. CHEN BELLA®

Dr. Chen Bella® features an exclusive blend of herbs and plants such as Barrenwort and Japanese Dodder, which have been used in Traditional Chinese Medicine (TCM) to tonify the kidneys. This natural formula also contains Dong Quai root, an herb used in TCM as a fortifying daily tonic for women. Dr. Chen Bella® natural ingredients support the body's natural processes to promote inner balance and outer beauty. Dr. Chen Bella® is free of added stimulants and hormones.

BENEFITS

- Helps to tonify the kidneys and the blood
- Highly concentrated
- Proprietary formula with no synthetic hormones



50 capsules #20291

INGREDIENT HIGHLIGHTS

BARRENWORT LEAF

This herb is used in TCM to tonify the kidneys.

DONG QUAI ROOT

Dong quai (or Angelica sinensis), is commonly used in TCM to promote blood circulation and treat menstrual disorders such as menstrual cramps, as well as other women's health issues. This herb also contains coumarins, organic compounds that act as anticoagulants and support circulation.

PUERARIA LOBATA ROOT

Also known as kudzu, this vine contains phytoestrogens, which are similar to estrogen.

HOW TO USE

Adults: Take 4 capsules twice daily at mealtime. For prolonged use consult a health care practitioner.

FAQ

Q: What does tonify mean in TCM?

A: In TCM, tonify refers to a therapeutic treatment that nourishes and replenishes the Qi, blood, and yin and yang when they are weak or deficient. Qi can be thought of as the "life energy" or "life force," which flows within us. It can also sometimes refer to the physiological functions of organs and meridians. Qi deficiency manifests as under-functioning of the entire body or certain organs, especially in the respiratory and digestive systems.

Q: Does Dong Quai help provide relief from PMS symptoms?

A: Yes, an ingredient in Dr. Chen Bella®, Dong Quai, helps alleviate the common symptoms of premenstrual syndrome (PMS), such as bloating, mild mood swings, and abdominal cramps. This herb also has a long history of use by menopausal women to help address symptoms and severity of hot flashes.

Medicinal Ingredients / Ingrédients médicinaux : Each capsule contains / Chaque gélule contient :

| | |
|---|--------|
| Pueraria lobata / Pueraria lobata (Pueraria lobata, Root / Racine) | 165 mg |
| (3 : 1, QCE / QBE 495 mg) | |
| Barrenwort / Épipède à grandes fleurs (Epimedium grandiflorum, Leaf / Feuille) | 165 mg |
| (3 : 1, QCE / QBE 495 mg) | |
| Japanese dodder / Cuscute du Japon (Cuscuta japonica, Seed / Graine) | 110 mg |
| (3 : 1, QCE / QBE 330 mg) | |
| Dong Quai / Angélique de Chine (Angelica sinensis, Root / Racine) | 110 mg |
| (3 : 1, QCE / QBE 330 mg) | |

Non-Medicinal Ingredients / Ingrédients non médicinaux : Hypromellose.

**In a vegetable-based capsule. / En gélule à base
végétale.**

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.