

# SPIRULINA

No food is perfect, but Spirulina comes close. Our natural formula packs a wealth of nutrients in a super-concentrated form to help keep your body in balance.\* A blue-green algae, spirulina is composed largely of protein and contains key vitamins and minerals, along with 8 essential amino acids, antioxidants, and essential fatty acids. It's a true superfood you need in your diet.

## BENEFITS

- Super-concentrated superfood
- Supports overall health and immunity\*
- Provides an array of vitamins and minerals
- No chemicals or additives

 Owner Expertise Formulation	 Kosher Certified
 Self-Manufactured in the USA	 Halal Certified
 Made with Natural Ingredients	 NSF Certified
	 GMO Free



100 capsules #28061

## INGREDIENT HIGHLIGHTS

### SPIRULINA

The original superfood, spirulina provides an array of vitamins, minerals, antioxidants, and omega-3 and omega-6 fatty acids. It's particularly rich in beta-carotene (a precursor to vitamin A), vitamin K, and easily digestible iron. Spirulina is commonly taken to support overall health, the immune system, and physical stamina.\*

### Supplement Facts

Serving Size 3 Capsules  
Servings Per Container about 33

	Amount Per Serving	% Daily Value
Sodium	20 mg	<1%*
Vitamin A (Beta-carotene)	344 IU	6%
Ingredients:	1 g	†
Spirulina.		

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other ingredients: Vegetable-based capsule (hydroxypropyl methylcellulose).**

## FAQs

**Q: What is spirulina and where does it come from?**

**A:** A species of edible microalgae that grows naturally in warm ponds and lakes, spirulina is also cultivated and harvested in man-made reservoirs. In its natural state, spirulina has a mild taste common to freshwater algae and has long been used to support overall health.

**Q: Are there antioxidants in spirulina?**

**A:** Spirulina is a fantastic source of antioxidants, which protect against oxidative damage. Its main active component is called phycocyanin, an antioxidant that gives spirulina its unique blue-green color. Phycocyanin is known to fight free radicals and inhibit the production of inflammatory signaling molecules.\*

## HOW TO USE

Two to three capsules at meal time.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



### NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.