

KOREAN WHITE GINSENG

Korean White Ginseng (Panax ginseng), a form of Asian ginseng, has a long history of use in Traditional Chinese Medicine (TCM) to support vital energy (qi) and promote overall wellness. It has been traditionally associated with benefits to the spleen and lung, and is valued for its pleasant herbal taste. In TCM, it is also used to help improve cognitive function and reduce mental fatigue related to stress, enhance physical performance under strain, and support healthy glucose metabolism.

BENEFITS

- Helps in cases of mental stress
- Helps support the mind and body
- Formulated with a concentrated extract for optimal potency and efficacy

FEATURES



Owner
Expertise
Formulation



Self-
Manufactured
in the USA



Made with
Natural
Ingredients



Kosher
Certified



Halal
Certified

FAQ

Q: Korean White Ginseng is often referred to as an “adaptogen,” what does that mean?

A: Korean White Ginseng (Panax ginseng) is recognized in Herbal Medicine as an adaptogen—a substance that helps increase energy and resistance to stress. This includes support for both mental and physical fatigue related to stress. Its use as a general tonic has been documented in Traditional Chinese Medicine (TCM) for centuries, where it is believed to help restore balance and vitality.

Q: What is the qi?

A: In the context of Traditional Chinese Medicine, qi (pronounced “chee”) is considered the body’s vital life force. It is thought to be influenced by inherited traits and essential elements such as air, food, and water. Maintaining balance in qi is traditionally associated with overall wellness and resilience.

HOW TO USE

Adults: Take 1-2 capsules per day. Consult a health care practitioner for use beyond 3 months.

Always read the product label – Use as directed.

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.



INGREDIENT HIGHLIGHTS

KOREAN WHITE GINSENG

This form of ginseng, also referred to as Panax ginseng is used in supportive therapy for the promotion of healthy blood glucose levels. The most active components of this herb are ginsenosides, which have been shown to have antioxidant properties. Panax ginseng is also used in Herbal Medicine as an adaptogen to help increase energy and resistance to stress, including mental and physical fatigue related to stress.

Blend of herbs / Ingrédients naturels / Ingrediente naturali / Ingrediente naturali:
 Each capsule contains: / Chaque gélule contient: /
 Korean Ginseng / Ginseng de Corée
 (Panax ginseng) 395 mg
 Korean Ginseng / Ginseng de Corée (D-1)
 (Panax ginseng) 100 mg
 (Equivalent to: / Équivalent à: /) 500 mg

Non-animal and / végétal / végétal / végétal: /
 végétal / végétal / végétal / végétal /
 végétal / végétal / végétal / végétal /