

## **SUNBAR®**

Crafted from whole foods and herbs, our tasty on-the-go bars deliver sustained energy and balanced nutrition in every bite. High in fiber yet low in sugar, they raise the bar on healthy snacking and satisfying meal replacement with slow-burning carbs, healthy fats, GMO-free soy protein, vitamins, and antioxidants. Grab one and go!

#### **BENEFITS**

- · Provides balanced nutrition
- · Rich in antioxidants
- Supports sustained energy with complex carbs
- Good source of fiber
- · No artificial sweeteners, colors, or preservatives
- Makes a healthy snack, convenient meal replacement, or tasty dessert





10/1.06 oz. bars

Fruit	#10105
Chocolate	#10115
Oatmeal Raisin	#00729

# Nutrition Facts

Serving Size 1 bar 1.06 oz. (30 g) Servings Per Container 10 bars

Calories 120

	Amount Per Serving%	DV*	A mount Per Serving%	DV*	,
r	Total Fat 2.5 g	3%	Total Carbohydrate 16	g <b>6</b> %	
	Saturated Fat 0.5 g	3%	Dietary Fiber 3 g	10%	
	Trans Fat 0 g		Total Sugars 5 g		
	Cholesterol 0 mg	0%	<ul><li>Includes 5 g</li><li>Added Sugars</li></ul>	<b>10</b> %	
	Sodium 105 mg	<b>5</b> %	<b>Protein</b> 7 g	14%	
	Vitamin D 0 mcg 0% • Calcium 47 mg 4% Iron 2 mg 10% • Potassium 104 mg 2%				

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500

Total Fat	Less than	65g	80g				
Sat Fat	Less than	20g	25g				
Cholesterol	Less than	300mg	300mg				
Sodium	Less than	2400mg	2400mg				
Total Carboh	300g	375g					
Dietary Fib	25g	30g					
Calories per gram:							
Fat 9 • Carbohydrate 4 • Protein 4							

### **FAQs**

- Q: What makes SunBar® better than typical "energy bars"?
- A: Unlike typical energy bars that are full of sugar, sodium, protein isolates or whey protein (which can be hard on digestion), trans fat, preservatives, and artificial ingredients, SunBar® is made from whole-food ingredients and herbs the body can easily absorb. SunBar® delivers solid nutritional value without empty calories and questionable ingredients.
- Q: I've heard that carbohydrates are bad to eat. Why are the carbs in SunBar® a good thing?
- A: SunBar® contains a high percentage of complex carbohydrates, which burn more slowly in the body than simple carbohydrates. SunBar® provides your body with an even level of long-lasting energy without spikes or crashes.

### **HOW TO USE**

Eat as desired. For best results drink plenty of Sunrider® beverages such as Fortune Delight® or Calli®.

## INGREDIENT HIGHLIGHTS

#### **SOY PROTEIN**

Derived from non-GMO soybeans, this heart-healthy plant protein provides all nine essential amino acids (making it a complete protein) and is a good source of omega-3 fatty acids and isoflavones.

#### FRUCTOOLIGOSACCHARIDES (FOS)

Similar to inulin, this soluble-fiber prebiotic supports the growth of beneficial bacteria in the gut to aid digestion and support the immune system.

#### **COIX LACRYMA-JOBI SEED**

Derived from the coix plant, which is commonly called Job's tears, coix seed is a good source of fiber, antioxidants, vitamins, minerals, and essential amino acids.

#### LYCIUM FRUIT

This fruit is an excellent source of bodycleansing antioxidants, vitamins A, C, and E, and more than 30 essential and trace minerals.

#### **LOTUS ROOT**

A good source of dietary fiber, this plant slows the digestion of carbohydrates so you feel fuller longer. It also provides a unique mix of vitamins, minerals, and phytonutrients.

#### **INGREDIENTS**

SunBar Chocolate: Malt extract, soy nuggets (soy protein, rice flour, malt, salt), bamboo fiber, apple juice concentrate, infused raspberries (dried raspberries, apple juice concentrate), almonds, semi-sweet chocolate (sugar, cocoa butter, chocolate liquor, soy lecithin), milk chocolate (sugar, cocoa butter, dry whole milk, chocolate liquor, soy lecithin), alkali processed cocoa, banana fruit, macadamia nuts, glycerin, fructooligosaccharides, lycium fruit, chinese asparagus root, coix lacryma-jobi seed, soy bean oil, lecithin, wheat germ oil, d-tocopherol, chinese yam, euryale ferox (fox nut) seed, nelumbo nucifera (lotus) seed, nelumbo nucifera (lotus) seed, nelumbo nucifera (lotus) seed, nelumbo nucifera (lotus) root, lilium brownii (waterlily) bulb, imperata root, salt, and natural flavors.

CONTAINS TREE NUTS (ALMONDS), MILK, WHEAT, AND SOYBEANS.



#### **NOURISH + CLEANSE = BALANCE**

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.