

# SPORTCAPS®

This natural supplement contains a concentrated blend of antioxidant-rich herbs formulated by owner expertise to support athletics and other forms of strenuous activity. SportCaps® contains natural energizers without added stimulants and synthetic additives. Used in Herbal Medicine to support stamina and endurance, to aid during recovery, and to help with mental and physical exertion, SportCaps® is great for athletes and anyone with an active lifestyle.

## BENEFITS

- Supports mental and physical performance
- Supports endurance and stamina
- Aids during up recovery
- No added stimulants





100 capsules

FAQs

- Q: What is the philosophy behind the making of SportCaps®?
- A: SportCaps<sup>®</sup> were developed using the Philosophy of Regeneration®—the belief that we should nourish and cleanse the body with the best nutrition to reach balance, and thus optimal health. Our bodies are designed to recognize whole foods as nourishment, which is why Sunrider uses natural ingredients in SportCaps® instead of synthetic ingredients and artificially processed foods. SportCaps® nourish the body with ginseng, bee pollen, alfalfa, and other natural ingredients to support performance, without added caffeine or stimulants.

### Q: Who can benefit from taking SportCaps®?

A: SportCaps<sup>®</sup> are designed especially to help athletes and people with active lifestyles who rely on physical and mental stamina and endurance, as these attributes are key to achieving peak performance, whether in sports, the workplace, or school.

# HOW TO USE

Adults: Take 5 capsules 3 times per day. Consult a health care practitioner for use beyond 1 month.

### Medicinal Ingredients / Ingrédients médicinaux ;

Each capsule contains / Chaque gélule contient :
Siberian Ginseng / Ginseng de Sibérie
(Eleutherococcus senticosus, Root / Racine)
Siberian Ginseng / Ginseng de Sibérie
(Eleutherococcus senticosus, Root / Racine)
(3 : 1, QCE / QBE 98.4 mg)
Alfalfa / Luzerne (Medicago sativa, Herb Top / Sommité (herbe))
Alfalfa / Luzerne (Medicago sativa, Herb Top / Sommité (herbe)) 13.1 mg
(3 : 1, QCE / QBE 39.3 mg)
Chinese Knot Grass / Renouée des oiseaux
(Polygonum aviculare, Aerial Part / Parties aériennes)
Chinese Knot Grass / Renouée des oiseaux
(Polygonum aviculare, Aerial Part / Parties aériennes)
(3 : 1, QCE / QBE 19.7 mg)
Kelp / Varech vésiculeux (Fucus vesiculosus, Whole Plant / Plante entière) . 19.7 mg
Kelp / Varech vésiculeux (Fucus vesiculosus, Whole Plant / Plante entière) 6.6 mg
(3:1, QCE / QBE 19.7 mg)
Rose Hip / Églantier (Rosa canina, Fruit / Fruit)
Rose Hip / Églantier (Rosa canina, Fruit / Fruit) 6.6 mg
(3 : 1, QCE / QBE 19.7 mg)
Cassia Tora / Cassia (Cassia tora, Seed / Graine)
Cassia Tora / Cassia (Cassia tora, Seed / Graine)
(3 : 1, QCE / QBE 19.7 mg)
Codonopsis / Codonopsis (Codonopsis pilosula, Root / Racine) 19.7 mg
Codonopsis / Codonopsis (Codonopsis pilosula, Root / Racine) 6.6 mg
(3:1, QCE / QBE 19.7 mg)
Bee Pollen / Pollen d'abeille (Bee pollen, Bee Anther / Anthère d'abeille) 16.5 mg
Bee Pollen / Pollen d'abeille (Bee pollen, Bee Anther / Anthère d'abeille) 5.5 mg
(3 : 1, QCE / QBE 16.5 mg)
Non-medicinal Ingredients / Ingrédients non médicinaux : Hypromellose.
In a vegetable-based capsule / En gélule à base végétale

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.



### NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.

# INGREDIENT HIGHLIGHTS

#### **BEE POLLEN**

This superfood is considered one of nature's most completely nourishing foods, containing vitamins, minerals, carbohydrates, lipids, and protein. The range of nutrients found in bee pollen makes it a great natural energizer.

### **CASSIA TORA**

Cassia tora seed is used in TCM to cool the liver and benefit the eyes. It also contains fiber, antioxidant activities, and cleansing properties to support cardiovascular health, the liver, eyesight and the elimination process.

### CHINESE KNOT GRASS ROOT

Also known as polygonum, this plant has various flavonoids and phenolic compounds with clear antioxidant effects.

### SIBERIAN GINSENG

This perennial plant is used in Herbal Medicine as a tonic to help relieve general weakness, aid in recovery, and help improve mental or physical performance after periods of mental or physical exertion.

### ALFALFA

This perennial flowering plant is a source of vitamins A, C, E, and K, and of the minerals calcium, potassium, phosphorous, and iron.