

# CALLI<sup>®</sup> NIGHT

Sip your way to sweet dreams with Calli® Night. Our soothing herbal beverage helps relax your body and mind with a special blend of passion flower, camellia leaf, jujube seed, and other calming herbs. Drink it before bedtime to relax and promote restful sleep or sip it during the day to enhance hydration, ease tension, and melt away stress.

### BENEFITS

- Soothing herbal beverage
- Promotes relaxation and a restful sleep
- Helps ease tension during the day
- Healthy hydration, rich in antioxidants
- Zero fat, preservatives, or artificial ingredients



### HOW TO USE

Steep one Calli<sup>®</sup> herbal tea bag in 480 mL of water for three to five minutes. Remove bag.



10/2.5g bags

### INGREDIENTS

Passion Flower, Ho-Shou-Wu, Camellia Leaf, Jujube Seed, Poria, Sage Root, Rose Hip, and Wintermelon Seed

### Nutrition Info

serving size	in 100 mL
Calories	0 kJ /0kcal
Total Fat	0 g
- Saturated Fat	0 g
Total Carbohydrate	0,08 g
- Total sugars	0 g
Protein	0 g
Sodium	< 0,01 g

### INGREDIENT HIGHLIGHTS

#### **PASSION FLOWER**

This exotic flower is traditionally used to alleviate anxiety and insomnia. It may boost the level of GABA, a compound that helps regulate mood and promote a calming effect.

#### JUJUBE SEED

The seeds, fruit, and bark of jujube have been used in traditional medicine for anxiety and insomnia, and as a digestive aid.

#### PORIA COCOS

#15035

This type of mushroom contains several substances thought to promote good health, including polysaccharides, known to support immune function, and triterpenoids, a class of compounds with antioxidant properties.

#### CAMELLIA LEAF

The leaves of this tea plant contain polyphenols, as well as L-theanine, a relaxing but non-sedating amino acid.

#### **ROSE HIPS**

This rich source of vitamin C and flavonoids provides powerful antioxidants with antiinflammatory and immune system benefits.

### FAQs

Q: Does Calli<sup>®</sup> Night cause drowsiness?

A: No, Calli® Night allows you to relax but not be drowsy. In fact, many people drink Calli® Night throughout the day to help alleviate stress and calm the mind, which in turn, enables better focus and clarity. Although extremely effective, this soothing herbal beverage is non-habit forming, making it an ideal beverage for daily enjoyment.

## Q: What's different about how Sunrider makes its herbal beverages?

A: Sunrider's proprietary process of extraction and concentration greatly enhances the release of phytonutrients such as tea catechins, antioxidants, and bioflavonoids that the usual methods of grinding and mixing cannot achieve.

### **NOURISH + CLEANSE = BALANCE**

Sunrider<sup>®</sup> products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration<sup>®</sup>. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.