

Discover the research and the results about the Harmonium Sleep Support™ Supplement Review, Review Of Harmonium Sleep Support by James. Latest scientific research of Harmonium Sleep Support published 1 hour ago.

Harmonium Sleep Support is Unique Blend Offers You A Restful Night's Sleep Without Harsh Or Harmful Chemicals. Harmonium Sleep Support is improve sleep efficiency and provide powerful antioxidant protection.

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Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Magnesium (as magnesium aspartate, magnesium oxide, dimagnesium malate)	200 mg	50%
Lemon Balm Leaf and Stem Extract (Melissa officinalis)	250 mg	**
Passion Flower Extract (Passiflora incarnata)(herb)	250 mg	**
Astaxanthin (from Haematococcus pluvialis)	50 mg	**
5-hydroxytryptophan (5-HTP) (from Griffonia Seed Extract (Griffonia simplicifolia))	30 mg	**
Black Pepper Extract (Piper nigrum)(fruit)(Bioperine®)	5 mg	**
Melatonin	3 mg	**

Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established

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