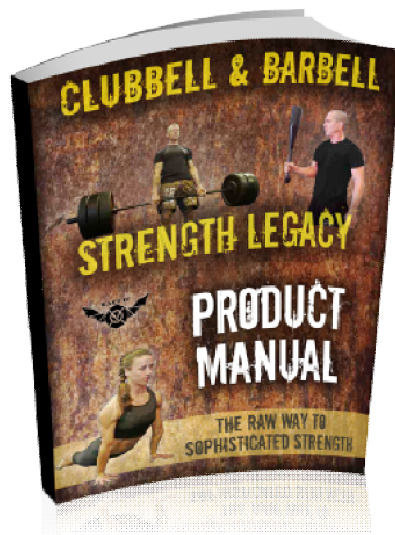


Alberto Gallazzi, TACFIT World Educational Director, introduces his new, first of its' kind, training program – a Clubbell® strength progression designed specifically to develop a solid introductory foundation for compound barbell lifts.



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