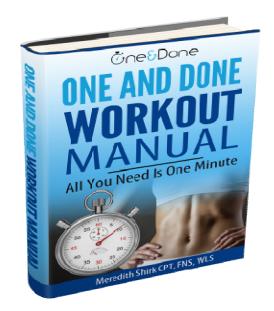
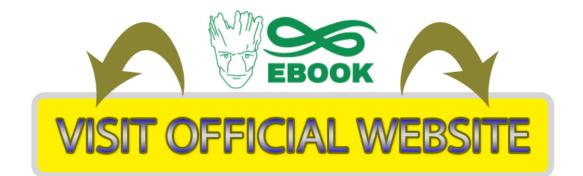
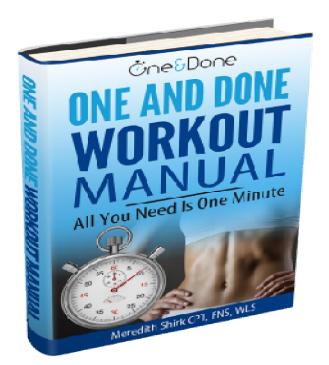
Meredith Shirk's One & Done Workout is an online program that will help you burns up to 2 pounds of belly fat daily. One & Done Workout is amazingly simple 7-minute "Sit" strategy that most effective exercise program for busy people who want real results. One & Done Workout is created by Meredith Shirk.

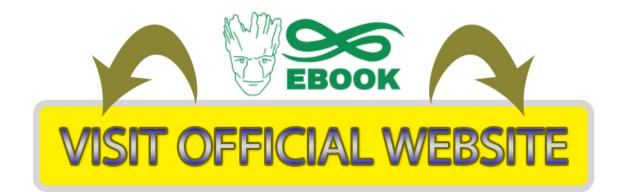




CLICK HERE TO DOWNLOAD THE BOOK

Discover the truth and the facts about One and Done Workout[™] Review, Shocking Critical Details Uncovered by Meredith Shirk. Click "SHARE" and "DOWNLOAD" to read the document offline.





CLICK HERE TO DOWNLOAD THE BOOK