KFC Allergen Information

If there is a Check Mark the item DOES NOT CONTAIN that allergen.
If there is an X the item DOES CONTAIN that allergen
Updated 6/30/26

Menu Item	Eggs	Fish	Gluten	Milk	Peanuts	Shellfish	Soy	Sesame	Tree Nuts
Limited Time Offerings									
Apple Pie Poppers	✓	✓	X	✓	✓	✓	X	✓	✓
Boneless Bucket	X	✓	X	X	✓	✓	X	✓	✓
Country Fried Steak Meal	X	✓	X	X	✓	✓	X	✓	✓
Fried Pickles	X	✓	X	X	✓	✓	✓	✓	✓
Fries + Fried Pickles	X	✓	X	X	✓	✓	X	✓	✓
HandHeld Pot Pie	X	✓	X	X	✓	✓	X	✓	✓
Honey BBQ Hot & Spicy Wings	✓	✓	X	✓	✓	✓	X	✓	✓
Honey Chili Crisp Dip Cup	X	✓	X	✓	✓	✓	X	✓	✓
Honey Chili Crisp Snacker	X	✓	X	X	✓	✓	X	X	✓
Hot & Spicy Wings	✓	✓	X	✓	✓	✓	✓	✓	✓
Jalapeno Ranch Dip Cup	X	✓	✓	X	✓	✓	✓	✓	✓
Kryptonian Kooler	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mac & Cheese Bowl	X	✓	X	X	✓	✓	✓	✓	✓
Mashed Potatoes With Gravy	✓	✓	X	X	✓	✓	X	✓	✓
Matty's Cheesy Nuggy Gravy Bowl	X	✓	X	X	✓	✓	X	✓	✓
Mike's Hot Honey Hot & Spicy Wings	✓	✓	X	✓	✓	✓	✓	✓	✓
Original Twister®	X	✓	X	X	✓	✓	✓	✓	✓
Original Twister® with Bacon	X	✓	X	X	✓	✓	✓	✓	✓
Potato Wedges	✓	✓	X	✓	✓	✓	✓	✓	✓
Prickly Pear Lemonade	✓	✓	✓	✓	✓	✓	✓	✓	✓
Saucy Fries	X	✓	X	✓	✓	✓	X	✓	✓
Side of Pickles	X	✓	X	X	✓	✓	✓	✓	✓
Snack Box	X	✓	X	X	✓	✓	✓	✓	✓
Spicy Twister®	X	✓	X	X	✓	✓	✓	✓	✓
Spicy Twister® with Bacon	X	✓	X	X	✓	✓	✓	✓	✓
Spicy Zinger Sandwich	X	✓	X	✓	✓	✓	✓	✓	✓
Supergirl Nuggets Combo Meal	X	✓	X	X	✓	✓	X	X	✓
Supergirl Nuggets Ultimate Meal	X	✓	X	X	✓	✓	X	X	✓
Supergirl Tenders Combo Meal	X	✓	X	X	✓	✓	X	X	✓
Supergirl Tenders Ultimate Meal	X	✓	X	X	✓	✓	X	X	✓

Finger Lickin Chicken									
Original Recipe® Chicken Breast	X	✓	X	X	✓	✓	✓	✓	✓
Original Recipe® Chicken Drumstick	X	✓	X	X	✓	✓	✓	✓	✓
Original Recipe® Chicken Thigh	X	✓	X	X	✓	✓	✓	✓	✓
Original Recipe® Chicken Whole Wing	X	✓	X	X	✓	✓	✓	✓	✓
Extra Crispy™ Chicken Breast	✓	✓	X	✓	✓	✓	✓	✓	✓
Extra Crispy™ Chicken Drumstick	✓	✓	X	✓	✓	✓	✓	✓	✓
Extra Crispy™ Chicken Thigh	✓	✓	X	✓	✓	✓	✓	✓	✓
Extra Crispy™ Chicken Whole Wing	✓	✓	X	✓	✓	✓	✓	✓	✓
Kentucky Grilled Chicken® Breast	✓	✓	X	✓	✓	✓	X	✓	✓
Kentucky Grilled Chicken® Drumstick	✓	✓	X	✓	✓	✓	X	✓	✓
Kentucky Grilled Chicken® Thigh	✓	✓	X	✓	✓	✓	X	✓	✓
Kentucky Grilled Chicken® Whole Wing	✓	✓	X	✓	✓	✓	X	✓	✓
Spicy Crispy Chicken Breast	✓	✓	X	✓	✓	✓	✓	✓	✓
Spicy Crispy Chicken Drumstick	✓	✓	X	✓	✓	✓	✓	✓	✓
Spicy Crispy Chicken Thigh	✓	✓	X	✓	✓	✓	✓	✓	✓
Spicy Crispy Chicken Whole Wing	✓	✓	X	✓	✓	✓	✓	✓	✓
Original Recipe® Tender	X	✓	X	X	✓	✓	✓	✓	✓
Kentucky Fried Nuggets	X	✓	X	X	✓	✓	✓	✓	✓
Homestyle Sides									
BBQ Baked Beans	✓	✓	X	✓	✓	✓	X	✓	✓
Biscuit	✓	✓	X	X	✓	✓	X	✓	✓
Cheese Curds	X	✓	X	X	✓	✓	X	✓	✓
Cheese Curd Snack Box	X	✓	X	X	✓	✓	X	✓	✓
Coleslaw	X	✓	✓	✓	✓	✓	✓	✓	✓
Corn on the Cob	✓	✓	✓	✓	✓	✓	✓	✓	✓
Green Beans	✓	✓	✓	✓	✓	✓	✓	✓	✓
KFC® Cornbread Muffin	X	✓	X	X	✓	✓	X	✓	✓
Macaroni & Cheese	X	✓	X	X	✓	✓	✓	✓	✓
Mashed Potatoes	✓	✓	✓	X	✓	✓	X	✓	✓
Mashed Potatoes With Gravy	✓	✓	X	X	✓	✓	X	✓	✓
Secret Recipe Fries	✓	✓	X	✓	✓	✓	X	✓	✓
Sweet Kernel Corn	✓	✓	✓	✓	✓	✓	✓	✓	✓

Crispy Sandwichs									
Classic Chicken Sandwich	X	✓	X	✓	✓	✓	X	X	✓
KFC Snacker	X	✓	X	X	✓	✓	X	X	✓
Spicy Chicken Sandwich	X	✓	X	✓	✓	✓	X	X	✓
Twister®	X	✓	X	X	✓	✓	✓	✓	✓
Bowls & Salads									
Chicken Pot Pie	X	✓	X	X	✓	✓	X	✓	✓
KFC® Famous Bowl	X	✓	X	X	✓	✓	X	✓	✓
Caesar Side Salad	✓	✓	✓	X	✓	✓	✓	✓	✓
House Side Salad	✓	✓	✓	✓	✓	✓	✓	✓	✓
Dressings & Croutons									
Heinz Buttermilk Dressing	X	✓	✓	X	✓	✓	✓	✓	✓
Hidden Valley Ranch Fat Free Dressing	✓	✓	✓	X	✓	✓	X	✓	✓
KFC® Creamy Parmesan Caesar Dressing	X	X	✓	X	✓	✓	X	✓	✓
Marzetti Light Italian Dressing	✓	✓	✓	✓	✓	✓	✓	✓	✓
Parmesan Garlic Croutons	✓	✓	X	X	✓	✓	✓	✓	✓
Desserts									
Apple Turnover	✓	✓	X	✓	✓	✓	✓	✓	✓
Café Valley Chocolate Chip Cake	X	✓	X	X	✓	✓	X	✓	X
Café Valley Lemon Cake	X	✓	X	X	✓	✓	X	✓	X
Café Valley Mini Chocolate Chip Cake	X	✓	X	X	✓	✓	X	✓	X
Café Valley Mini Lemon Cake	X	✓	X	X	✓	✓	X	✓	X
Sauces, Condiments, & Dipping Cups									
BBQ - Dipping Sauce Cup	✓	✓	✓	✓	✓	✓	✓	✓	✓
Buffalo Ranch - Dipping Sauce Cup	X	✓	✓	X	✓	✓	✓	✓	✓
Colonel's Buttery Spread	✓	✓	✓	X	✓	✓	✓	✓	✓
Comeback Sauce - Dipping Sauce Cup	X	✓	✓	✓	✓	✓	✓	✓	✓
Grape Jelly Packet	✓	✓	✓	✓	✓	✓	✓	✓	✓
Honey Mustard - Dipping Sauce Cup	X	✓	✓	✓	✓	✓	✓	✓	✓
Honey Sauce Packet	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ketchup	✓	✓	✓	✓	✓	✓	✓	✓	✓
KFC Sauce - Dipping Sauce Cup	X	✓	✓	✓	✓	✓	✓	✓	✓
Lemon Juice Packet	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ranch - Dipping Sauce Cup	X	✓	✓	X	✓	✓	✓	✓	✓
Spicy Zinger Mayo	X	✓	✓	✓	✓	✓	✓	✓	✓
Sticky Chicky Sweet n' Sour Dipping Sauce Cup	✓	X	✓	✓	✓	✓	✓	✓	✓

Strawberry Jam Packet	✓	✓	✓	✓	✓	✓	✓	✓	✓
Kids Menu Items									
Kentucky Fried Chicken Nuggets Kids Meal	X	✓	X	X	✓	✓	✓	✓	✓
Original Recipe® Tenders Kids Meal	X	✓	X	X	✓	✓	✓	✓	✓
Capri Sun® 100% Juice Fruit Punch	✓	✓	✓	✓	✓	✓	✓	✓	✓
Chocolate Milk 1%	✓	✓	✓	X	✓	✓	✓	✓	✓
Milk 1%	✓	✓	✓	X	✓	✓	✓	✓	✓
Musselman's™ Applesauce	✓	✓	✓	✓	✓	✓	✓	✓	✓
Beverages									
7UP®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Classic Lemonade	✓	✓	✓	✓	✓	✓	✓	✓	✓
Code Red Mountain Dew®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Diet Dr Pepper®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Diet Mountain Dew®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Diet Pepsi® Wild Cherry Pepsi®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Dr Pepper®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Lipton® Brisk® Lemon Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓
Lipton® Brisk® Peach Iced Green Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓
Lipton® Brisk® Raspberry Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓
Lipton® Brisk® Sweet Iced Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓
Lipton® Brisk® Unsweetened Iced Tea	✓	✓	✓	✓	✓	✓	✓	✓	✓
Manzanita Sol®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Miranda® Strawberry	✓	✓	✓	✓	✓	✓	✓	✓	✓
MNT DEW Sweet Lightning	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mountain Dew®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mug Root Beer®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi Zero Sugar®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sobe Lifewater Yumberry Pomegranate	✓	✓	✓	✓	✓	✓	✓	✓	✓
Southern Iced Tea (Gallon)	✓	✓	✓	✓	✓	✓	✓	✓	✓
Starry®	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tropicana® Fruit Punch	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tropicana® Light Lemonade	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tropicana® Pink Lemonade	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tropicana® Twister® Orange	✓	✓	✓	✓	✓	✓	✓	✓	✓
Wild Cherry Pepsi®	✓	✓	✓	✓	✓	✓	✓	✓	✓

Regional Menu Items									
Country Fried Steak without Peppered White Gravy	✓	✓	X	X	✓	✓	X	✓	✓
Country Fried Steak with Peppered White Gravy	✓	✓	X	X	✓	✓	X	✓	✓
KFC® Gizzards	X	✓	X	X	✓	✓	✓	✓	✓
KFC® Livers	X	✓	X	X	✓	✓	✓	✓	✓