

# Allergens Reference Guide

Like most restaurants, our restaurants prepare and serve products that contain Soy, Egg, Fish, Milk, and Wheat. While a particular ingredient statement may not list one of these allergens, our products may be prepared with equipment that is shared with products containing one or more of these allergens. If you have a food allergy, please consult with your physician before deciding which Jack in the Box® products are right for you. We also recommend checking our Ingredient and Allergen information frequently, as our menu and ingredients may change.



The following menu items were reviewed for the presence of Soy, Egg, Fish, Milk, Peanuts, Crustacean Shellfish, Tree Nuts and Wheat which may cause allergic or other reactions in some individuals. If present in the product, the allergens are listed for that item.

Allergen information does not include salad dressing, crunchy toppings, dipping sauces, or individual sauce packets. See appropriate sections for this information.

## 8 Major Food Allergens:

**Egg**



**Fish**



**Milk**



**Peanuts**



**Crustacean Shellfish**



**Soy**



**Tree Nuts**



**Wheat**



## Better For You

- Chicken Fajita Pita made with Whole Grain (no salsa)
- Chicken Teriyaki Bowl
- Chiquita® Apple Bites with Caramel
- Grilled Chicken Salad\*
- Jr. Jack™

\*Allergen information does not include salad dressing or crunchy toppings.

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SMW	x			x				x
SW	x							x
M				x				
SM	x			x				
SEW	x	x						x

## Burgers & More

- Bacon & Swiss Buttery Jack™
- Bacon Ultimate Cheeseburger™
- Cheeseburger
- Classic Buttery Jack™
- Double Jack
- Double Jack (Texas)
- Hamburger
- Jr. Bacon Cheeseburger
- Jr. Jack™
- Jr. Jack™ Cheeseburger
- Jumbo Jack®
- Jumbo Jack® Cheeseburger
- Sourdough Jack®
- Spicy Sriracha Burger
- Ultimate Cheeseburger™

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SEMW	x	x		x				x
SEMW	x	x		x				x
SMW	x			x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SMW	x			x				x
SW	x							x
SEMW	x	x		x				x
SEW	x	x						x
SEMW	x	x		x				x
SEW	x	x						x
SEMW	x	x		x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SEMW	x	x		x				x

## Chicken & More

- Chicken Fajita Pita made with Whole Grain (with salsa)
- Chicken Fajita Pita made with Whole Grain (no salsa)
- Chicken Nuggets
- Chicken Sandwich
- Chicken Sandwich with Bacon
- Crispy Chicken Strips
- Fish Sandwich (seasonal)
- Fish Sandwich without Tartar Sauce (seasonal)
- Homestyle Ranch Chicken Club
- Jack's Spicy Chicken®
- Jack's Spicy Chicken® with Cheese
- Sourdough Grilled Chicken Club

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SMW	x			x				x
SMW	x			x				x
SMW	x			x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SMW	x			x				x
SEFW	x	x	x					x
SFW	x		x					x
SEMW	x	x		x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SEMW	x	x		x				x

## Something Different

- Chicken Teriyaki Bowl
- Asian Fried Chicken - Food Truck
- Pork Belly BLT - Food Truck
- Prime Rib Cheesesteak - Food Truck

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SW	x							x
SEMW	x	x		x				x
EW		x						x
SMW	x			x				x

## Salads

- Chicken Club Salad with Crispy Chicken Strips\*
- Chicken Club Salad with Grilled Chicken\*
- Grilled Chicken Salad\*
- Side Salad\*
- Southwest Chicken Salad with Crispy Chicken Strips\*
- Southwest Chicken Salad with Grilled Chicken\*
- Creamy Southwest Dressing
- Gourmet Seasoned Croutons
- Low Fat Balsamic Vinaigrette Dressing
- Ranch Dressing
- Spicy Corn Sticks

\*Allergen information does not include salad dressing or crunchy toppings.

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SMW	x			x				x
SM	x			x				
SM	x			x				
SMW	x			x				x
SM	x			x				
EM		x		x				
SMTW	x			x			x	x
EM		x		x				
T							x	

## Snacks & Sides

- Bacon Cheddar Potato Wedges

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SMW	x			x				x



Shake, OREO® Cookie with Whipped Topping  
 Shake, Strawberry with Whipped Topping  
 Shake, Vanilla with Whipped Topping

SMW	x			x				x
M				x				
M				x				

## Kid's Menu

Breakfast Jack®  
 Cheeseburger  
 Chicken Nuggets  
 Chicken Sandwich  
 Crispy Chicken Strips  
 Chiquita® Apple Bites with Caramel  
 French Fries  
 Grilled Cheese Sandwich  
 Hamburger  
 Mini Pancakes  
 Seasoned Curly Fries

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SEMW	x	x		x				x
SMW	x			x				x
SMW	x			x				x
SEMW	x	x		x				x
SMW	x			x				x
M				x				
SMW	x			x				x
SW	x							x
SEMW	x	x		x				x
W								x

## Value Menu

Chicken Nuggets  
 Chicken Sandwich  
 Chicken Sandwich with Bacon  
 French Fries  
 Grilled Cheese Sandwich  
 Jr. Bacon Cheeseburger  
 Jr. Jack™  
 Jr. Jack™ Cheeseburger  
 Jumbo Jack®  
 Jumbo Jack® Cheeseburger  
 Nugget Sliders  
 Tacos, Regular

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SMW	x			x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SMW	x			x				x
SEMW	x	x		x				x
SEW	x	x						x
SEMW	x	x		x				x
SEW	x	x						x
SEMW	x	x		x				x
SEMW	x	x		x				x
SMW	x			x				x

## Cheeses

American Cheese  
 Provolone Cheese  
 Real Cheddar Cheese  
 Real Swiss Cheese  
 Swiss-Style Cheese

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SM	x			x				
M				x				
M				x				
M				x				
SM	x			x				

## Dipping Sauces

Barbecue Dipping Sauce  
 Buttermilk House Dipping Sauce  
 Frank's® RedHot® Buffalo Dipping Sauce  
 Honey Mustard Dipping Sauce  
 Pancake Syrup  
 Sweet N' Sour Dipping Sauce  
 Teriyaki Dipping Sauce

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
E		x						
EM		x		x				
E		x						
S	x							
SW	x							x

## Sandwich Sauces

Creamy Bacon Mayo  
 Creamy Ranch Sauce  
 Creamy Sriracha Sauce  
 Creamy Tomato Sauce  
 Ketchup  
 Mayonnaise  
 Mustard  
 Tartar Sauce (seasonal)

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
E		x						
EM		x		x				
E		x						
EM		x		x				
E		x						
E		x						

## Other

Fire Roasted Salsa  
 French's® Mustard Packet  
 Garlic Herb Butter  
 Grape Jelly Packet  
 Grilled Onions  
 Hot Taco Sauce Packet  
 Ketchup Packet  
 Kikkoman® Soy Sauce Packet  
 Kraft® Mayonnaise Packet  
 Pride® 40% Vegetable Oil Whipped Spread  
 Secret Sauce Packet  
 Sour Cream  
 Strawberry Jam Packet

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
SM	x			x				
SM	x			x				
SW	x							x
E		x						
E		x						
M				x				

### Allergen Key

S = Soy  
 E = Egg  
 F = Fish  
 M = Milk  
 P = Peanuts  
 C = Crustacean Shellfish  
 T = Tree Nuts  
 W = Wheat

# Gourmet Seasoned Croutons and Spicy Corn Sticks are packaged in facilities that also package Tree Nuts

^ New York Style Cheesecake is manufactured on equipment that also processes Peanuts and Tree Nuts