# Allergens Reference Guide

Like most restaurants, our restaurants prepare and serve products that contain Soy, Egg, Fish, Milk, and Wheat. While a particular ingredient statement may not list one of these allergens, our products may be prepared with equipment that is shared with products containing one or more of these allergens. If you have a food allergy, please consult with your physician before deciding which Jack in the Box® products are right for you. We also recommend checking our Ingredient and Allergen information frequently, as our menu and ingredients may change.



The following menu items were reviewed for the presence of Soy, Egg, Fish, Milk, Peanuts, Crustacean Shellfish, Tree Nuts and Wheat which may cause allergic or other reactions in some individuals. If present in the product, the allergens are listed for that item.

Allergen information does not include salad dressing, crunchy toppings, dipping sauces, or individual sauce packets. See appropriate sections for this information. Please Note: grilled vegetables, eggs, and some bakery items are prepared in our restaurants with BFVO (Butter Flavored Vegetable Oil). This ingredient will add soy allergen to these prepared items.

#### 8 Major Food Allergens:



|  |           |     |     |      |      |         | Crustacean |           |       |
|--|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Better For You                                       | Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| Chicken Fajita Pita made with Whole Grain (no salsa) | SMW       | x   |     |      | x    |         |            |           | x     |
| Chicken Teriyaki Bowl                                | SW        | x   |     |      |      |         |            |           | x     |
| Tree Top® Apple Sauce Pouch                          |           |     |     |      |      |         |            |           |       |
| Grilled Chicken Salad with Julienne Chicken*         | М         |     |     |      | x    |         |            |           |       |
| Jr. Jack™  | SEMW      | x   | x   |      | x    |         |            |           | x     |

\*Allergen information does not include salad dressing or crunchy toppings.

| Dummers 0 Mana                      |           |     |     |      |      |         | Crustacean |           |       |
|-------------------------------------|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Burgers & More                      | Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| Bacon & Swiss Buttery Jack™         | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Bacon Ultimate Cheeseburger™        | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Bonus Jack (Quad)                   | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Cheeseburger                        | SMW       | x   |     |      | x    |         |            |           | x     |
| Classic Buttery Jack™               | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Double Jack                         | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Double Jack (Texas)                 | SMW       | x   |     |      | x    |         |            |           | x     |
| Hamburger                           | SMW       | x   |     |      | х    |         |            |           | x     |
| Jr. Bacon Cheeseburger              | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Jr. Jack™                           | SEMW      | x   | x   |      | х    |         |            |           | x     |
| Jr. Jack™ Cheeseburger              | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Jumbo Jack®                         | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Jumbo Jack® Cheeseburger            | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Sourdough Jack®                     | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Spicy Sriracha Burger               | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Triple Bonus Jack                   | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Ultimate Cheeseburger™              | SEMW      | x   | x   |      | х    |         |            |           | x     |
| White Cheddar Cheeseburger          | SEMW      | x   | x   |      | x    |         |            |           | x     |
| White Cheddar Cheeseburger (Double) | SEMW      | x   | x   |      | х    |         |            |           | x     |
|                                     |           |     |     |      |      |         | Crustacean |           |       |

|     |   |                                       |      |   | Crustacean  |   |   |
|-----|---|---------------------------------------|------|---|---|---|---|
| Soy | Egg   | Fish                                  | Milk | Peanuts   | Shellfish   | Tree Nuts   | Wheat   |
| х   |   |                                       | х    |   |   |   | x   |
| x   |   |                                       | x    |   |   |   | x   |
| х   |   |                                       | х    |   |   |   | x   |
| x   | x   |                                       | x    |   |   |   | x   |
| х   | x   |                                       | x    |   |   |   | x   |
| x   |   |                                       | x    |   |   |   | x   |
| х   | x   | x                                     | х    |   |   |   | x   |
| x   | x   | x                                     | x    |   |   |   | x   |
| х   | x   |                                       | x    |   |   |   | x   |
| x   | x   |                                       | x    |   |   |   | x   |
| х   | x   |                                       | х    |   |   |   | x   |
| x   | x   |                                       | x    |   |   |   | x   |
|     | x<br>x<br>x<br>x<br>x<br>x<br>x<br>x<br>x<br>x<br>x<br>x<br>x<br>x<br>x | x x x x x x x x x x x x x x x x x x x | x    | x     x       x     x | x     x       x     x | Soy         Egg         Fish         Milk         Peanuts         Shellfish           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X           X         X         X         X         X | SoyEggFishMilkPeanutsShellfishTree NutsXXInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionIntervention <t< td=""></t<> |

|           |     |     |      |      |         | Crustacean |           |       |
|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| SW        | х   |     |      |      |         |            |           | х     |

|           |     |     |      |      |         | Crustacean |           |       |
|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| SMW       | x   |     |      | x    |         |            |           | x     |
| M         |     |     |      | x    |         |            |           |       |
| M         |     |     |      | x    |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| SMW       | x   |     |      | x    |         |            |           | x     |
| М         |     |     |      | x    |         |            |           |       |

**Chicken & More** 

Chicken Fajita Pita made with Whole Grain (with salsa) Chicken Fajita Pita made with Whole Grain (no salsa) Chicken Nuggets Chicken Sandwich Chicken Sandwich with Bacon Crispy Chicken Strips Deluxe Fish Sandwich (seasonal) Fish Sandwich (seasonal) Homestyle Ranch Chicken Club Jack's Spicy Chicken® Jack's Spicy Chicken® with Cheese Sourdough Grilled Chicken Club

## **Something Different**

Chicken Teriyaki Bowl

### Salads

Chicken Club Salad with Crispy Chicken Strips\* Chicken Club Salad with Julienne Chicken\* Grilled Chicken Salad\* Side Salad\* Southwest Chicken Salad with Crispy Chicken Strips\*

Southwest Chicken Salad with Julienne Chicken

| Creamy Southwest Dressing             | EM   |   | x | x |  |   |   |
|---------------------------------------|------|---|---|---|--|---|---|
| Gourmet Seasoned Croutons             | SMTW | x |   | x |  | x | x |
| Low Fat Balsamic Vinaigrette Dressing |      |   |   |   |  |   |   |
| Ranch Dressing                        | EM   |   | x | x |  |   |   |
| Spicy Corn Sticks                     | Т    |   |   |   |  | x |   |

\*Allergen information does not include salad dressing or crunchy toppings.

| Snacks & Sides   | Allergens  | Soy | Egg | Fish | Milk | Peanuts | Crustacean<br>Shellfish | Tree Nuts | Wheat |
|--|------------|-----|-----|------|------|---------|-------------------------|-----------|-------|
| Bacon Cheddar Potato Wedges                                      | SMW        | x   |     |      | x    |         |                         |           | x     |
| Bacon Nacho Tacos  | SMW        | x   |     |      | x    |         |                         |           | x     |
| Chiquita® Apple Bites with Caramel                               | М          |     |     |      | x    |         |                         |           |       |
| Crispy Chicken Strips  | SMW        | x   |     |      | x    |         |                         |           | x     |
| Egg Roll   | SEFW       | x   | x   | x    |      |         |                         |           | x     |
| French Fries   |            |     |     |      |      |         |                         |           |       |
| Mini Munchies with Mozzarella Sticks                             | SMW        | x   |     |      | x    |         |                         |           | x     |
| Mozzarella Sticks  | MW         |     |     |      | x    |         |                         |           | x     |
| Onion Rings  | MW         |     |     |      | x    |         |                         |           | x     |
| Potato Wedges  | W          |     |     |      |      |         |                         |           | x     |
| Seasoned Curly Fries   | W          |     |     |      |      |         |                         |           | x     |
| Side Salad*  |            |     |     |      |      |         |                         |           |       |
| Stuffed Jalapeños  | MW         |     |     |      | x    |         |                         |           | x     |
| Taco, Regular  | SMW        | x   |     |      | x    |         |                         |           | x     |
| Taco, Tiny (15 pc.)  | W          |     |     |      |      |         |                         |           | x     |
| Taco, Tiny (Sauced & Loaded)                                     | SMW        | x   |     |      | x    |         |                         |           | x     |
| *Allorroon information doos not include colod drassing or arunal | v toppingo |     |     |      |      |         |                         |           |       |

\*Allergen information does not include salad dressing or crunchy toppings.

| <b>- - - - -</b>                              |           |     |     |      |      |         | Crustacean |           |       |
|---|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Breakfast                                     | Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| Bacon Breakfast Jack®                         | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Bacon, Egg & Cheese Biscuit                   | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Breakfast Jack®                               | SEMW      | x   | x   |      | x    |         |            |           | х     |
| Cereal Milk Donut Holes                       | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Chicken Breakfast Jack®                       | SEMW      | х   | x   |      | х    |         |            |           | х     |
| Extreme Sausage® Sandwich                     | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Grande Sausage Breakfast Burrito (with salsa) | SEMW      | х   | x   |      | х    |         |            |           | x     |
| Grande Sausage Breakfast Burrito (no salsa)   | SEMW      | х   | x   |      | х    |         |            |           | x     |
| Grilled Sourdough Swiss Sandwich              | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Hash Brown                                    | W         |     |     |      |      |         |            |           | x     |
| Homestyle Chicken Biscuit                     | SEMW      | х   | x   |      | х    |         |            |           | x     |
| Jumbo Breakfast Platter with Bacon            | SEMW      | х   | x   |      | х    |         |            |           | x     |
| Jumbo Breakfast Platter with Sausage          | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Loaded Breakfast Croissant Stick              | SEMW      | х   | x   |      | х    |         |            |           | x     |
| Loaded Breakfast Sandwich                     | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Meat Lovers Breakfast Burrito (with salsa)    | SEMW      | х   | x   |      | х    |         |            |           | x     |
| Meat Lovers Breakfast Burrito (no salsa)      | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Mini Pancakes                                 | SEMW      | х   | x   |      | х    |         |            |           | x     |
| Sausage Biscuit                               | SMW       | x   |     |      | x    |         |            |           | x     |
| Sausage Breakfast Jack®                       | SEMW      | х   | x   |      | х    |         |            |           | x     |
| Sausage Croissant                             | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Sausage, Egg & Cheese Biscuit                 | SEMW      | х   | x   |      | х    |         |            |           | x     |
| Spicy Chicken Biscuit                         | SEMW      | x   | x   |      | x    |         |            |           | x     |
| Supreme Croissant                             | SEMW      | х   | x   |      | x    |         |            |           | x     |
| Ultimate Breakfast Sandwich                   | SEMW      | x   | x   |      | x    |         |            |           | x     |
|   |           |     |     |      |      |         | Crustacean |           |       |

|           |     |     |      |      |         | Crustacean |           |       |
|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| SEMW      | x   | х   |      | x    |         |            |           | x     |
| SEMW      | x   | x   |      | x    |         |            |           | x     |
| SMW       | x   |     |      | x    |         |            |           | x     |
| SEMW      | x   | х   |      | х    |         |            |           | x     |
| SEMW      | x   | x   |      | x    |         |            |           | x     |
| SEMW      | x   | х   |      | х    |         |            |           | х     |
| SEMW      | x   | x   |      | x    |         |            |           | x     |
| SEMW      | x   | х   |      | х    |         |            |           | x     |
| W         |     |     |      |      |         |            |           | x     |

| Allergens | Soy | Egg | Fish | Milk | Peanuts | Crustacean<br>Shellfish | Tree Nuts | Wheat |
|-----------|-----|-----|------|------|---------|-------------------------|-----------|-------|
|           |     |     |      |      |         |                         |           |       |
|           |     |     |      |      |         |                         |           |       |
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|           |     |     |      |      |         |                         |           |       |
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|           |     |     |      |      |         |                         |           |       |
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|           |     |     |      |      |         |                         |           |       |
|           |     |     |      |      |         |                         |           |       |
|           |     |     |      |      |         |                         |           |       |
|           |     |     |      |      |         |                         |           |       |
| M         |     |     |      | x    |         |                         |           |       |
| M         |     |     |      | x    |         |                         |           |       |
| M         |     |     |      | x    |         |                         |           |       |
|           |     |     |      |      |         |                         |           |       |
| м         |     |     |      | v    |         |                         |           |       |
| IVI       |     |     |      | x    |         |                         |           |       |
|           |     |     |      |      |         |                         |           |       |
|           |     |     |      |      |         |                         |           |       |
|           |     |     |      |      |         |                         |           |       |
| L         |     | •   |      |      |         | Crustacean              |           |       |

Milk

Peanuts

Shellfish

Tree Nuts

Wheat

| Chick-N-Tatel Melt (a la carte)                  |
|--|
| Chick-N-Tater Melt Munchie Meal*                 |
| Sriracha Curly Fry Burger Munchie Meal*          |
| Sriracha Curly Fry Burger (a la carte)           |
| Spicy Nacho Chicken Sandwich Munchie Meal*       |
| Spicy Nacho Chicken Sandwich                     |
| Stacked Grilled Cheese Burger (a la carte)       |
| Stacked Grilled Cheese Burger Munchie Meal*      |
| Halfsies   |
| *Allergen information does not include beverage. |
|  |
| <b>-</b> · · ·                                   |
| Drinks   |
| Barqs® Root Beer                                 |
| Coca-Cola®                                       |
| Coffee, Premium Roast (Regular & Decaf)          |
|  |

Jack's Munchie Meals™

Chick-N-Tater Melt (a la carte)

Co Co Dasani® Bottled Water Diet Coke® Diet Dr. Pepper® Dr. Pepper® Fanta® Orange Fanta® Strawberry Gold Peak® Classic Blend Iced Tea Hi-C® Fruit Punch Iced Coffee, Caramel Iced Coffee, Mocha Iced Coffee, Original Jumpin' Jack's Splash Jumpin' Jack's Splash, Diet Milk, Low Fat 1% Minute Maid® 100% Apple Juice Minute Maid® Lemonade Minute Maid® Orange Juice Sprite®

# **Shakes & Desserts**

Allergens

Soy

Egg

Fish

Chocolate Overload <sup>™</sup> Cake Mini Churros New York Style Cheesecake Shake, Chocolate with Whipped Topping Shake, OREO® Cookie with Whipped Topping Shake, Strawberry with Whipped Topping Shake, Vanilla with Whipped Topping Tres Leches Cup with Strawberry

#### Kid's Menu

Breakfast Jack® Cheeseburger Chicken Nuggets Chicken Sandwich Crispy Chicken Strips Tree Top® Apple Sauce Pouch French Fries Grilled Cheese Sandwich Hamburger Mini Pancakes Seasoned Curly Fries

## Value Menu

Chicken Nuggets Chicken Sandwich Chicken Sandwich with Bacon French Fries Grilled Cheese Sandwich Jr. Bacon Cheeseburger J.J.Jack<sup>™</sup> Jr. Jack<sup>™</sup> Cheeseburger Jumbo Jack® Jumbo Jack® Cheeseburger Tacos, Regular

## Cheeses

American Cheese Real Swiss Cheese Swiss-Style Cheese

## **Dipping Sauces**

Barbecue Dipping Sauce Buttermilk House Dipping Sauce Frank's® RedHot® Buffalo Dipping Sauce Honey Mustard Dipping Sauce Pancake Syrup Sweet N' Sour Dipping Sauce Teriyaki Dipping Sauce

## **Sandwich Sauces**

Creamy Bacon Mayo Creamy Ranch Sauce Creamy Sriracha Sauce Ketchup Mayonnaise Mustard Tartar Sauce (seasonal)

#### Other

Fire Roasted Salsa French's® Mustard Packet Garlic Herb Butter Grape Jelly Packet Grilled Onions Hot Taco Sauce Packet Ketchup Packet Kikkoman® Soy Sauce Packet Kraft® Mayonnaise Packet Pride® 40% Vegetable Oil Whipped Spread Secret Sauce Packet Sour Cream Strawberry Jam Packet

#### Allergen Key

$$\begin{split} S &= Soy \\ E &= Egg \\ F &= Fish \\ M &= Milk \\ P &= Peanuts \\ C &= Crustacean Shellfish \\ T &= Tree Nuts \\ W &= Wheat \end{split}$$

# Gourmet Seasoned Croutons and Spicy Corn Sticks are packaged in facilities that also package Tree Nuts
A New York Style Cheesecake is manufactured on equipment that also processes Peanuts and Tree Nuts

| 1 | SEMW   | x | x | x |   |   | x |
|---|--------|---|---|---|---|---|---|
|   | SEMW   | x | x | х |   |   | x |
|   | SEMPTW | x | x | х | х | х | x |
|   | М      |   |   | х |   |   |   |
|   | SMW    | x |   | х |   |   | x |
|   | М      |   |   | х |   |   |   |
|   | М      |   |   | x |   |   |   |
|   | SEMW   | x | x | x |   |   | x |

|           |     |     |      |      |         | Crustacean |           |       |
|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| SEMW      | x   | x   |      | х    |         |            |           | x     |
| SMW       | x   |     |      | х    |         |            |           | x     |
| SMW       | x   |     |      | х    |         |            |           | x     |
| SEMW      | x   | x   |      | х    |         |            |           | x     |
| SMW       | x   |     |      | х    |         |            |           | x     |
|           |     |     |      | х    |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| SMW       | x   |     |      | х    |         |            |           | x     |
| SMW       | x   |     |      | x    |         |            |           | x     |
| SEMW      | x   | x   |      | x    |         |            |           | x     |
| W         |     |     |      |      |         |            |           | x     |

|           |     |     |      |      |         | Crustacean |           |       |
|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| SMW       | x   |     |      | x    |         |            |           | x     |
| SEMW      | x   | х   |      | x    |         |            |           | x     |
| SEMW      | x   | х   |      | х    |         |            |           | x     |
|           |     |     |      |      |         |            |           |       |
| SMW       | x   |     |      | x    |         |            |           | x     |
| SEMW      | x   | x   |      | x    |         |            |           | x     |
| SEMW      | x   | x   |      | x    |         |            |           | x     |
| SEMW      | x   | x   |      | x    |         |            |           | x     |
| SEMW      | x   | x   |      | x    |         |            |           | x     |
| SEMW      | x   | x   |      | x    |         |            |           | x     |
| SMW       | x   |     |      | x    |         |            |           | x     |

|           |     |     |      |      |         | Crustacean |           |       |
|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| SM        | х   |     |      | x    |         |            |           |       |
| М         |     |     |      | x    |         |            |           |       |
| SM        | x   |     |      | x    |         |            |           |       |

|           |     |     |      |      |         | Crustacean |           |       |
|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| E         |     | x   |      |      |         |            |           |       |
| EM        |     | х   |      | x    |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| E         |     | х   |      |      |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| S         | x   |     |      |      |         |            |           |       |
| SW        | x   |     |      |      |         |            |           | x     |

|           |     |     |      |      |         | Crustacean |           |       |
|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
| E         |     | x   |      |      |         |            |           |       |
| EM        |     | x   |      | x    |         |            |           |       |
| E         |     | x   |      |      |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| E         |     | x   |      |      |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| E         |     | x   |      |      |         |            |           |       |

|           |     |     |      |      |         | Crustacean |           |       |
|-----------|-----|-----|------|------|---------|------------|-----------|-------|
| Allergens | Soy | Egg | Fish | Milk | Peanuts | Shellfish  | Tree Nuts | Wheat |
|           |     |     |      |      |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| SM        | х   |     |      | x    |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| SM        | х   |     |      | x    |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| SW        | x   |     |      |      |         |            |           | x     |
| E         |     | x   |      |      |         |            |           |       |
|           |     |     |      |      |         |            |           |       |
| E         |     | x   |      |      |         |            |           |       |
| М         |     |     |      | x    |         |            |           |       |
|           |     |     |      |      |         |            |           |       |