Allergens Reference Guide

Like most restaurants, our restaurants prepare and serve products that contain Soy, Egg, Fish, Milk, and Wheat. While a particular ingredient statement may not list one of these allergens, our products may be prepared with equipment that is shared with products containing one or more of these allergens. If you have a food allergy, please consult with your physician before deciding which Jack in the Box® products are right for you. We also recommend checking our Ingredient and Allergen information frequently, as our menu and ingredients may change.



The following menu items were reviewed for the presence of Soy, Egg, Fish, Milk, Peanuts, Crustacean Shellfish, Tree Nuts and Wheat which may cause allergic or other reactions in some individuals. If present in the product, the allergens are listed for that item.

Allergen information does not include salad dressing, crunchy toppings, dipping sauces, or individual sauce packets. See appropriate sections for this information. Please Note: grilled vegetables, eggs, and some bakery items are prepared in our restaurants with BFVO (Butter Flavored Vegetable Oil). This ingredient will add soy allergen to these prepared items.

8 Major Food Allergens:



							Crustacean		
Better For You	Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
Chicken Fajita Pita made with Whole Grain (no salsa)	SMW	x			x				x
Chicken Teriyaki Bowl	SW	x							x
Tree Top® Apple Sauce Pouch									
Grilled Chicken Salad with Julienne Chicken*	М				x				
Jr. Jack™	SEMW	x	x		x				x

*Allergen information does not include salad dressing or crunchy toppings.

Dummers 0 Mana							Crustacean		
Burgers & More	Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
Bacon & Swiss Buttery Jack™	SEMW	x	x		x				x
Bacon Ultimate Cheeseburger™	SEMW	x	x		x				x
Bonus Jack (Quad)	SEMW	x	x		x				x
Cheeseburger	SMW	x			x				x
Classic Buttery Jack™	SEMW	x	x		x				x
Double Jack	SEMW	x	x		x				x
Double Jack (Texas)	SMW	x			x				x
Hamburger	SMW	x			х				x
Jr. Bacon Cheeseburger	SEMW	x	x		x				x
Jr. Jack™	SEMW	x	x		х				x
Jr. Jack™ Cheeseburger	SEMW	x	x		x				x
Jumbo Jack®	SEMW	x	x		x				x
Jumbo Jack® Cheeseburger	SEMW	x	x		x				x
Sourdough Jack®	SEMW	x	x		x				x
Spicy Sriracha Burger	SEMW	x	x		x				x
Triple Bonus Jack	SEMW	x	x		x				x
Ultimate Cheeseburger™	SEMW	x	x		х				x
White Cheddar Cheeseburger	SEMW	x	x		x				x
White Cheddar Cheeseburger (Double)	SEMW	x	x		х				x
							Crustacean		

					Crustacean		
Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
х			х				x
x			x				x
х			х				x
x	x		x				x
х	x		x				x
x			x				x
х	x	x	х				x
x	x	x	x				x
х	x		x				x
x	x		x				x
х	x		х				x
x	x		x				x
	x x x x x x x x x x x x x x x	x x x x x x x x x x x x x x x x x x x	x	x x x x	x x x x	Soy Egg Fish Milk Peanuts Shellfish X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X X	SoyEggFishMilkPeanutsShellfishTree NutsXXInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionInterventionXXXXInterventionIntervention <t< td=""></t<>

						Crustacean		
Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
SW	х							х

						Crustacean		
Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
SMW	x			x				x
M				x				
M				x				
SMW	x			x				x
М				x				

Chicken & More

Chicken Fajita Pita made with Whole Grain (with salsa) Chicken Fajita Pita made with Whole Grain (no salsa) Chicken Nuggets Chicken Sandwich Chicken Sandwich with Bacon Crispy Chicken Strips Deluxe Fish Sandwich (seasonal) Fish Sandwich (seasonal) Homestyle Ranch Chicken Club Jack's Spicy Chicken® Jack's Spicy Chicken® with Cheese Sourdough Grilled Chicken Club

Something Different

Chicken Teriyaki Bowl

Salads

Chicken Club Salad with Crispy Chicken Strips* Chicken Club Salad with Julienne Chicken* Grilled Chicken Salad* Side Salad* Southwest Chicken Salad with Crispy Chicken Strips*

Southwest Chicken Salad with Julienne Chicken

Creamy Southwest Dressing	EM		x	x			
Gourmet Seasoned Croutons	SMTW	x		x		x	x
Low Fat Balsamic Vinaigrette Dressing							
Ranch Dressing	EM		x	x			
Spicy Corn Sticks	Т					x	

*Allergen information does not include salad dressing or crunchy toppings.

Snacks & Sides	Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
Bacon Cheddar Potato Wedges	SMW	x			x				x
Bacon Nacho Tacos	SMW	x			x				x
Chiquita® Apple Bites with Caramel	М				x				
Crispy Chicken Strips	SMW	x			x				x
Egg Roll	SEFW	x	x	x					x
French Fries									
Mini Munchies with Mozzarella Sticks	SMW	x			x				x
Mozzarella Sticks	MW				x				x
Onion Rings	MW				x				x
Potato Wedges	W								x
Seasoned Curly Fries	W								x
Side Salad*									
Stuffed Jalapeños	MW				x				x
Taco, Regular	SMW	x			x				x
Taco, Tiny (15 pc.)	W								x
Taco, Tiny (Sauced & Loaded)	SMW	x			x				x
*Allorroon information doos not include colod drassing or arunal	v toppingo								

*Allergen information does not include salad dressing or crunchy toppings.

- - - - -							Crustacean		
Breakfast	Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
Bacon Breakfast Jack®	SEMW	x	x		x				x
Bacon, Egg & Cheese Biscuit	SEMW	x	x		x				x
Breakfast Jack®	SEMW	x	x		x				х
Cereal Milk Donut Holes	SEMW	x	x		x				x
Chicken Breakfast Jack®	SEMW	х	x		х				х
Extreme Sausage® Sandwich	SEMW	x	x		x				x
Grande Sausage Breakfast Burrito (with salsa)	SEMW	х	x		х				x
Grande Sausage Breakfast Burrito (no salsa)	SEMW	х	x		х				x
Grilled Sourdough Swiss Sandwich	SEMW	x	x		x				x
Hash Brown	W								x
Homestyle Chicken Biscuit	SEMW	х	x		х				x
Jumbo Breakfast Platter with Bacon	SEMW	х	x		х				x
Jumbo Breakfast Platter with Sausage	SEMW	x	x		x				x
Loaded Breakfast Croissant Stick	SEMW	х	x		х				x
Loaded Breakfast Sandwich	SEMW	x	x		x				x
Meat Lovers Breakfast Burrito (with salsa)	SEMW	х	x		х				x
Meat Lovers Breakfast Burrito (no salsa)	SEMW	x	x		x				x
Mini Pancakes	SEMW	х	x		х				x
Sausage Biscuit	SMW	x			x				x
Sausage Breakfast Jack®	SEMW	х	x		х				x
Sausage Croissant	SEMW	x	x		x				x
Sausage, Egg & Cheese Biscuit	SEMW	х	x		х				x
Spicy Chicken Biscuit	SEMW	x	x		x				x
Supreme Croissant	SEMW	х	x		x				x
Ultimate Breakfast Sandwich	SEMW	x	x		x				x
							Crustacean		

						Crustacean		
Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
SEMW	x	х		x				x
SEMW	x	x		x				x
SMW	x			x				x
SEMW	x	х		х				x
SEMW	x	x		x				x
SEMW	x	х		х				х
SEMW	x	x		x				x
SEMW	x	х		х				x
W								x

Allergens	Soy	Egg	Fish	Milk	Peanuts	Crustacean Shellfish	Tree Nuts	Wheat
M				x				
M				x				
M				x				
м				v				
IVI				x				
L		•				Crustacean		

Milk

Peanuts

Shellfish

Tree Nuts

Wheat

Chick-N-Tatel Melt (a la carte)
Chick-N-Tater Melt Munchie Meal*
Sriracha Curly Fry Burger Munchie Meal*
Sriracha Curly Fry Burger (a la carte)
Spicy Nacho Chicken Sandwich Munchie Meal*
Spicy Nacho Chicken Sandwich
Stacked Grilled Cheese Burger (a la carte)
Stacked Grilled Cheese Burger Munchie Meal*
Halfsies
*Allergen information does not include beverage.
- · · ·
Drinks
Barqs® Root Beer
Coca-Cola®
Coffee, Premium Roast (Regular & Decaf)

Jack's Munchie Meals™

Chick-N-Tater Melt (a la carte)

Co Co Dasani® Bottled Water Diet Coke® Diet Dr. Pepper® Dr. Pepper® Fanta® Orange Fanta® Strawberry Gold Peak® Classic Blend Iced Tea Hi-C® Fruit Punch Iced Coffee, Caramel Iced Coffee, Mocha Iced Coffee, Original Jumpin' Jack's Splash Jumpin' Jack's Splash, Diet Milk, Low Fat 1% Minute Maid® 100% Apple Juice Minute Maid® Lemonade Minute Maid® Orange Juice Sprite®

Shakes & Desserts

Allergens

Soy

Egg

Fish

Chocolate Overload [™] Cake Mini Churros New York Style Cheesecake Shake, Chocolate with Whipped Topping Shake, OREO® Cookie with Whipped Topping Shake, Strawberry with Whipped Topping Shake, Vanilla with Whipped Topping Tres Leches Cup with Strawberry

Kid's Menu

Breakfast Jack® Cheeseburger Chicken Nuggets Chicken Sandwich Crispy Chicken Strips Tree Top® Apple Sauce Pouch French Fries Grilled Cheese Sandwich Hamburger Mini Pancakes Seasoned Curly Fries

Value Menu

Chicken Nuggets Chicken Sandwich Chicken Sandwich with Bacon French Fries Grilled Cheese Sandwich Jr. Bacon Cheeseburger J.J.Jack[™] Jr. Jack[™] Cheeseburger Jumbo Jack® Jumbo Jack® Cheeseburger Tacos, Regular

Cheeses

American Cheese Real Swiss Cheese Swiss-Style Cheese

Dipping Sauces

Barbecue Dipping Sauce Buttermilk House Dipping Sauce Frank's® RedHot® Buffalo Dipping Sauce Honey Mustard Dipping Sauce Pancake Syrup Sweet N' Sour Dipping Sauce Teriyaki Dipping Sauce

Sandwich Sauces

Creamy Bacon Mayo Creamy Ranch Sauce Creamy Sriracha Sauce Ketchup Mayonnaise Mustard Tartar Sauce (seasonal)

Other

Fire Roasted Salsa French's® Mustard Packet Garlic Herb Butter Grape Jelly Packet Grilled Onions Hot Taco Sauce Packet Ketchup Packet Kikkoman® Soy Sauce Packet Kraft® Mayonnaise Packet Pride® 40% Vegetable Oil Whipped Spread Secret Sauce Packet Sour Cream Strawberry Jam Packet

Allergen Key

$$\begin{split} S &= Soy \\ E &= Egg \\ F &= Fish \\ M &= Milk \\ P &= Peanuts \\ C &= Crustacean Shellfish \\ T &= Tree Nuts \\ W &= Wheat \end{split}$$

Gourmet Seasoned Croutons and Spicy Corn Sticks are packaged in facilities that also package Tree Nuts
A New York Style Cheesecake is manufactured on equipment that also processes Peanuts and Tree Nuts

1	SEMW	x	x	x			x
	SEMW	x	x	х			x
	SEMPTW	x	x	х	х	х	x
	М			х			
	SMW	x		х			x
	М			х			
	М			x			
	SEMW	x	x	x			x

						Crustacean		
Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
SEMW	x	x		х				x
SMW	x			х				x
SMW	x			х				x
SEMW	x	x		х				x
SMW	x			х				x
				х				
SMW	x			х				x
SMW	x			x				x
SEMW	x	x		x				x
W								x

						Crustacean		
Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
SMW	x			x				x
SEMW	x	х		x				x
SEMW	x	х		х				x
SMW	x			x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SEMW	x	x		x				x
SMW	x			x				x

						Crustacean		
Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
SM	х			x				
М				x				
SM	x			x				

						Crustacean		
Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
E		x						
EM		х		x				
E		х						
S	x							
SW	x							x

						Crustacean		
Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
E		x						
EM		x		x				
E		x						
E		x						
E		x						

						Crustacean		
Allergens	Soy	Egg	Fish	Milk	Peanuts	Shellfish	Tree Nuts	Wheat
SM	х			x				
SM	х			x				
SW	x							x
E		x						
E		x						
М				x				