NUTRITION FACTS

Jack in the box® Facts 2017*

Better for You

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Chicken Fajita Pita made with Whole Grain (no salsa)	SMW	220	340	110	12	6	0	55	1000	220	35	4	3	23
Chicken Teriyaki Bowl	SW		690	50	6	1	0	40	1910	380	134	5	35	27
Chiquita® Apple Bites with Caramel Dip	M	76	70	0	0	0	0	0	55	85	17	2	13	0
Grilled Chicken Salad*	SM	372	250	90	9	4.5	0	80	750	830	13	5	6	30
Jr. Jumbo Jack®	SEMW	150	420	230	26	7	1	30	560	240	33	2	6	14

* Nutrition information does not include salad dressing or crunchy toppings.

Brunchfast™

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Bacon & Egg Chicken Sandwich	SEMW	240	650	350	39	11	0.5	300	1630	480	37	2	1	37
Brunch Burger	SEMW	215	770	500	55	22	2	320	730	380	32	2	3	37
Mini Pancakes (8 pc.)	SEMW	71	140	15	1.5	0	0	0	350	0	28	1	6	4
Homestyle Potatoes	SMW	165	260	110	12	2.5	0	0	580	490	34	3	1	4
Orange & Cranberry Mini Muffins	SEMW	75	300	140	16	3	0	60	300	35	34	1	20	4
Southwest Scrambler Plate with Bacon	SEMW	307	500	260	28	9	0	325	1380	690	38	4	3	23
Southwest Scrambler Plate with Sausage	SEMW	327	580	340	38	12	0	340	1230	690	38	4	2	21
Mini Pancakes (8 pc.)	SEMW	71	140	15	1.5	0	0	0	350	0	28	1	6	4

Burgers & More

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Bacon & Swiss Buttery Jack™	SEMW	240	890	530	59	25	2	145	1350	440	48	3	11	42
Bacon Ultimate Cheeseburger™	SEMW	272	930	590	65	25	3	165	1590	570	32	1	6	55
Cheeseburger	SMW	123	380	190	21	8	1	35	780	190	32	1	5	16
Classic Buttery Jack™	SEMW	270	820	470	52	23	1.5	130	1150	480	50	4	12	37
Double Jack	SEMW	319	830	520	58	22	3	140	1130	600	34	2	7	46
Hamburger	SMW	111	340	160	18	5	1	25	570	180	32	1	5	14
Jr. Bacon Cheeseburger	SEMW	129	480	280	31	10	1	45	860	220	32	1	5	19
Jr. Jumbo Jack®	SEMW	150	420	230	26	7	1	30	560	240	33	2	6	14
Jr. Jumbo Jack® Cheeseburger	SEMW	161	460	260	29	9	1	40	760	260	33	2	6	16
Jumbo Jack®	SEWM	223	520	300	33	10	1.5	60	580	370	32	2	6	23
Jumbo Jack® Cheeseburger	SEMW	245	600	360	40	14	1.5	80	990	400	33	2	6	28
Sourdough Jack®	SEMW	227	700	410	45	15	1.5	95	1180	450	39	3	7	35
Spicy Sriracha Burger	SEMW	247	680	400	45	14	1.5	90	1330	470	38	3	6	33
Ultimate Cheeseburger™	SEMW	253	840	530	59	23	3	150	1180	470	31	1	5	47

Chicken & More

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Chicken Fajita Pita made with Whole Grain (with salsa)	SMW	244	350	110	12	6	0	55	1120	230	36	4	4	24
Chicken Fajita Pita made with Whole Grain (no salsa)	SMW	220	340	110	12	6	0	55	1000	220	35	4	3	23
Chicken Nuggets (5 pc.)	SMW	77	240	150	17	2	0	25	600	170	13	1	0	9
Chicken Nuggets (10 pc.)	SMW	153	480	300	33	4.5	0	50	1210	340	26	2	0	19
Chicken Nuggets (20 pc.)	SMW	306	950	600	66	9	0	105	2420	690	51	4	1	38
Chicken Sandwich	SEMW	156	510	280	31	5	0	35	940	250	42	2	4	15
Chicken Sandwich with Bacon	SEMW	169	560	310	35	7	0.5	45	1210	310	42	2	4	21
Crispy Chicken Strips (4 pc.)	SMW	195	560	220	24	3	0	60	1580	550	53	3	0	33
Fish Sandwich (seasonal)	SEFMW	173	410	170	19	3	0	30	890	280	45	2	4	16
Homestyle Ranch Chicken Club	SEMW	267	710	290	33	8	0	80	1880	590	66	4	12	40
Jack's Spicy Chicken®	SEMW	232	550	260	29	5	0	55	770	460	48	2	5	26
Jack's Spicy Chicken® with Cheese	SEMW	255	630	320	35	8	0.5	70	1060	490	49	2	5	30
Sourdough Grilled Chicken Club	SEMW	266	580	270	30	8	0	95	1500	610	38	3	6	39

Something Different

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Bacon Ranch Monster Taco™	SEMW	117	340	220	24	6	0.5	30	660	290	19	1	1	11
Chicken Teriyaki Bowl	SW	499	690	50	6	1	0	40	1910	380	134	5	35	27
Monster Taco™	SMW	118	270	150	17	6	0.5	25	630	250	19	2	1	9
Nacho Monster Taco™	SMW	136	330	200	22	6	0.5	15	930	240	23	2	2	9

Salads

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Chicken Club Salad with Crispy Chicken*	SMW	375	510	250	28	9	0	70	1230	730	36	5	4	32
Chicken Club Salad with Grilled Chicken*	SM	376	370	180	20	9	0	105	1060	780	11	4	5	39
Grilled Chicken Salad*	SM	372	250	90	9	4.5	0	80	750	830	13	5	6	30
Side Salad*		115	20	0	0	0	0	0	10	230	4	2	2	1
Southwest Chicken Salad with Crispy Chicken*	SMW	428	500	210	23	7	0	55	1260	830	52	8	5	28
Southwest Chicken Salad with Grilled Chicken*	SM	430	350	140	15	6	0	90	1090	880	27	7	6	35
Creamy Southwest Dressing	EM	50	190	170	19	3	0	20	740	55	3	0	1	1
Gourmet Seasoned Croutons	SMW	14	70	25	3	0	0	0	150	10	9	0	1	1
Low Fat Balsamic Vinaigrette Dressing		43	25	15	1.5	0	0	0	370	40	3	0	2	0
Ranch Dressing	SEM	50	250	220	25	4	0	25	410	55	5	0	1	1
Spicy Corn Sticks		12	60	25	2.5	0	0	0	60	25	8	1	0	1

* Nutrition information does not include salad dressing or crunchy toppings.

Snacks & Sides

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Bacon Cheddar Potato Wedges	SMW	252	680	370	41	9	0	30	1250	810	58	5	2	17
Chiquita® Apple Bites		57	30	0	0	0	0	0	0	60	8	1	6	0
Egg Roll (1 pc.)	SEFW	58	150	70	7	1.5	0	5	320	140	15	2	2	5
Egg Roll (3 pc.)	SEFW	174	440	200	22	5	0	20	950	430	46	7	6	16
French Fries (Small)		94	300	120	14	1	0	0	540	380	40	3	0	3
French Fries (Medium)		137	430	180	20	2	0	0	780	550	58	4	0	5
French Fries (Large)		176	550	230	25	2.5	0	0	1010	720	75	5	1	6
Panko Onion Rings	SMW	118	440	210	24	2	0	0	620	150	52	3	5	6
Seasoned Curly Fries (Small)	W	85	280	150	16	1.5	0	0	610	350	30	3	0	3
Seasoned Curly Fries (Medium)	W	130	430	220	25	2	0	0	940	530	46	4	0	5
Seasoned Curly Fries (Large)	W	147	480	250	28	2.5	0	0	1060	600	52	4	0	6
Side Salad*		115	20	0	0	0	0	0	10	230	4	2	2	1
Stuffed Jalapeños (3 pc.)	MW	71	220	110	12	4.5	0	15	730	90	21	1	2	6
Stuffed Jalapeños (7 pc.)	MW	165	510	260	29	10	0.5	40	1690	210	49	3	5	14
Taco, Regular (1 Taco)	SMW	81	170	80	9	3	0	15	360	180	16	2	1	6

* Nutrition information does not include salad dressing or crunchy toppings.

Breakfast

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Bacon Breakfast Jack®	SEMW	123	380	190	21	7	0	240	850	190	30	1	4	17
Bacon, Egg & Cheese Biscuit	SEMW	128	410	230	25	12	0	240	1180	190	26	2	3	16
Biscuit (a la carte)	SMW	68	260	120	14	7	0	0	690	75	25	2	2	5
Breakfast Jack®	SEMW	132	350	170	18	6	0	240	840	190	30	1	4	16
Extreme Sausage® Sandwich	SEMW	192	650	440	49	16	0.5	295	1140	280	29	1	3	25
Grande Sausage Breakfast Burrito (with salsa)	SEMW	381	1040	630	70	20	0.5	390	2130	530	68	5	5	36
Grande Sausage Breakfast Burrito (no salsa)	SEMW	358	1040	630	70	20	0.5	390	2010	520	67	4	4	35
Grilled Breakfast Sandwich	SEMW	253	620	260	29	10	0	490	1810	380	53	4	4	36
Hash Browns	W	64	190	110	13	1	0	0	350	230	17	2	0	2
Jumbo Breakfast Platter with Bacon	SEMW	247	540	260	29	6	0	345	1390	410	47	3	7	23
Jumbo Breakfast Platter with Sausage	SEMW	267	620	350	39	9	0	360	1250	410	47	3	7	21
Loaded Breakfast Sandwich	SEMW	242	710	420	47	16	0	515	1690	420	36	2	4	36
Meat Lovers Breakfast Burrito (with salsa)	SEMW	316	790	450	50	21	0.5	410	1710	370	50	3	4	39
Meat Lovers Breakfast Burrito (no salsa)	SEMW	292	780	450	50	21	0.5	410	1590	360	48	2	3	39
Mini Pancakes (8 pc.)	SEMW	71	140	15	1.5	0	0	0	350	0	28	1	6	4
Sausage Biscuit	SMW	107	430	260	29	12	0	30	960	280	26	2	3	11
Sausage Breakfast Jack®	SEMW	152	500	300	34	11	0.5	265	920	230	30	1	4	19
Sausage Croissant	SEMW	159	560	350	39	16	0.5	275	760	220	32	2	3	19
Sausage, Egg & Cheese Biscuit	SEMW	158	530	340	38	16	0	265	1240	230	27	2	3	18
Sourdough Breakfast Melt	SEMW	152	410	190	21	8	0	250	1010	220	35	2	4	20
Spicy Chicken Biscuit	SEMW	170	550	260	29	9	0	50	1110	380	44	2	3	25
Supreme Croissant	SEMW	148	450	240	27	12	0.5	260	890	230	32	2	4	19
Ultimate Breakfast Sandwich	SEMW	214	520	280	31	11	0	490	1540	330	30	1	4	31

Jack's Munchie Meals®

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Chick-N-Tater Melt Munchie Meal*	SEMW	1213	2010	980	109	28	1.5	120	3470	1510	220	13	76	44
Spicy Nacho Chicken Munchie Meal*	SEMW	1199	1790	720	80	14	1	80	3260	1430	224	13	78	48
Sriracha Curly Fry Burger Munchie Meal*	SEMW	1121	1720	790	87	20	2.5	105	2700	1340	196	11	75	44
Stacked Grilled Cheese Burger Munchie Meal*	SEMW	1241	1890	840	94	27	2.5	130	3660	1460	213	13	79	56
Halfsies (a al carte)	W	122	390	190	21	2	0	0	810	500	46	4	0	5
Halfsies (in Munchie Meal)	W	140	450	220	24	2	0	0	930	570	53	4	0	5

* Nutrition information includes 20fl. oz Coca Cola (Small Drink).

Drinks

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Blood Orange Fruit Cooler - 16 fl. oz.		435	200	0	0	0	0	0	45	--	53	0	52	0
Blood Orange Fruit Cooler - 24 fl. oz.		641	300	0	0	0	0	0	65	--	78	0	77	0
Dasani® Bottled Water - 16.9 fl. oz.		500	0	0	0	0	0	0	0	0	0	0	0	0
Coffee, Decaf - 12 fl. oz.		340	5	0	0	0	0	0	5	170	0	0	0	0
Coffee, Decaf - 16 fl. oz.		454	5	0	0	0	0	0	10	220	0	0	0	1
Coffee, Regular - 12 fl. oz.		340	5	0	0	0	0	0	5	170	0	0	0	0
Coffee, Regular - 16 fl. oz.		454	5	0	0	0	0	0	10	220	0	0	0	1
Diet Dr. Pepper® - 16 fl. oz.		479	0	0	0	0	0	0	95	10	0	0	0	0
Diet Dr. Pepper® - 20 fl. fl. oz.		599	0	0	0	0	0	0	120	10	1	0	0	0
Diet Dr. Pepper® - 30 fl. fl. oz.		898	0	0	0	0	0	0	180	20	1	0	0	0
Diet Dr. Pepper® - 40 fl. fl. oz.		1198	0	0	0	0	0	0	240	25	1	0	0	0
Dr. Pepper® - 16 fl. oz.		499	190	0	0	0	0	0	60	0	53	0	52	0
Dr. Pepper® - 20 fl. oz.		624	240	0	0	0	0	0	75	0	66	0	65	0
Dr. Pepper® - 30 fl. oz.		936	370	0	0	0	0	0	110	0	99	0	97	0
Dr. Pepper® - 40 fl. oz.		1248	490	0	0	0	0	0	150	0	132	0	130	0
Gold Peak® Classic Blend Iced Tea - 16 fl. oz.		454	5	0	0	0	0	0	15	170	1	0	0	0
Gold Peak® Classic Blend Iced Tea - 20 fl. oz.		567	5	0	0	0	0	0	15	210	2	0	0	0
Gold Peak® Classic Blend Iced Tea - 30 fl. oz.		907	10	0	0	0	0	0	25	310	3	0	0	0
Gold Peak® Classic Blend Iced Tea - 40 fl. oz.		1191	10	0	0	0	0	0	35	420	3	0	0	0
Iced Coffee, Caramel - 16 fl. oz.	M	264	160	50	6	4	0	15	45	200	26	0	23	2
Iced Coffee, Caramel - 24 fl. oz.	M	440	270	90	10	7	0	25	80	340	42	0	37	4
Iced Coffee, Mocha - 16 fl. oz.	M	270	190	60	6	4	0	15	85	280	32	1	30	3
Iced Coffee, Mocha - 24 fl. oz.	M	454	320	100	11	7	0	25	140	470	55	1	50	5
Iced Coffee, Original - 16 fl. oz.	M	295	180	80	9	6	0	25	70	270	21	0	17	3
Iced Coffee, Original - 24 fl. oz.	M	445	270	120	14	9	0	35	105	410	32	0	26	5
Iced Tea, Mango Flavored - 24 fl. oz.		344	80	0	0	0	0	0	15	115	21	0	19	0
Iced Tea, Peach Flavored - 24 fl. oz.		344	80	0	0	0	0	0	10	120	20	0	18	0
Iced Tea, Raspberry Flavored - 24 fl. oz.		344	80	0	0	0	0	0	15	115	21	0	19	0
Milk, Low Fat 1% - 7 fl. oz.	M	214	110	20	2	1.5	0	10	130	440	12	0	12	9

Coca-Cola Freestyle

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Barq's Root Beer with/without Vanilla- 16 fl. oz		495	220	0	0	0	0	0	50	-	60	0	60	0
Barq's Root Beer with/without Vanilla- 20 fl. oz		619	280	0	0	0	0	0	60	-	75	0	75	0
Barq's Root Beer with/without Vanilla- 30 fl. oz		928	420	0	0	0	0	0	90	-	112	0	112	0
Barq's Root Beer with/without Vanilla- 40 fl. oz		1237	550	0	0	0	0	0	120	-	150	0	150	0
Caffeine Free Diet Coke with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 16fl. oz		472	5	0	0	0	0	0	50	-	0	0	0	0
Caffeine Free Diet Coke with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 20fl. oz		590	10	0	0	0	0	0	65	-	0	0	0	0
Caffeine Free Diet Coke with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 30fl. oz		885	10	0	0	0	0	0	95	-	0	0	0	0
Caffeine Free Diet Coke with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 40fl. oz		1181	15	0	0	0	0	0	125	-	> 1	0	0	0
Coke with/without Cherry, Lemon, Lime, Orange, Raspberry, Vanilla or Cherry Vanilla - 16 fl. oz		494	210	0	0	0	0	0	50	-	56	0	56	0
Coke with/without Cherry, Lemon, Lime, Orange, Raspberry, Vanilla or Cherry Vanilla - 20 fl. oz		617	260	0	0	0	0	0	60	-	70	0	70	0
Coke with/without Cherry, Lemon, Lime, Orange, Raspberry, Vanilla or Cherry Vanilla - 30 fl. oz		925	390	0	0	0	0	0	90	-	105	0	105	0
Coke with/without Cherry, Lemon, Lime, Orange, Raspberry, Vanilla or Cherry Vanilla - 40 fl. oz		1234	520	0	0	0	0	0	120	-	139	0	139	0
Coke Zero with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 16fl. oz		472	5	0	0	0	0	0	50	-	0	0	0	0
Coke Zero with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 20fl. oz		590	5	0	0	0	0	0	65	-	0	0	0	0
Coke Zero with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 30fl. oz		885	10	0	0	0	0	0	95	-	0	0	0	0
Coke Zero with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 40fl. oz		1181	15	0	0	0	0	0	125	-	0	0	0	0
Dasani Sparkling Seltzer Water with/without Lemon Lime - 16fl. oz		473	0	0	0	0	0	0	50	-	0	0	0	0
Dasani Sparkling Seltzer Water with/without Lemon Lime - 20fl. oz		591	5	0	0	0	0	0	60	-	0	0	0	0
Dasani Sparkling Seltzer Water with/without Lemon Lime - 30fl. oz		887	10	0	0	0	0	0	90	-	0	0	0	0
Dasani Sparkling Seltzer Water with/without Lemon Lime - 40fl. oz		1183	10	0	0	0	0	0	120	-	0	0	0	0
Dasani with Cherry, Grape, Lemon, Lime, Orange, Peach, Raspberry or Strawberry - 16fl. oz		472	0	0	0	0	0	0	50	-	> 1	0	0	0
Dasani with Cherry, Grape, Lemon, Lime, Orange, Peach, Raspberry or Strawberry - 20fl. oz		590	0	0	0	0	0	0	65	-	> 1	0	0	0
Dasani with Cherry, Grape, Lemon, Lime, Orange, Peach, Raspberry or Strawberry - 30fl. oz		885	5	0	0	0	0	> 5	95	-	1	0	0	0
Dasani with Cherry, Grape, Lemon, Lime, Orange, Peach, Raspberry or Strawberry - 40fl. oz		1181	10	0	0	0	0	> 5	130	-	2	0	0	0
Diet Barq's Root Beer with/without Vanilla - 16fl. oz		472	0	0	0	0	0	0	55	-	0	0	0	0
Diet Barq's Root Beer with/without Vanilla - 20fl. oz		590	0	0	0	0	0	0	65	-	0	0	0	0
Diet Barq's Root Beer with/without Vanilla - 30fl. oz		885	5	0	0	0	0	0	100	-	0	0	0	0
Diet Barq's Root Beer with/without Vanilla - 40fl. oz		1181	10	0	0	0	0	0	130	-	> 1	0	0	0
Diet Coke with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 16fl. oz		472	5	0	0	0	0	0	50	-	0	0	0	0
Diet Coke with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 20fl. oz		590	10	0	0	0	0	0	65	-	0	0	0	0
Diet Coke with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 30fl. oz		885	10	0	0	0	0	0	95	-	0	0	0	0
Diet Coke with/without Orange, Cherry, Raspberry, Lemon, Lime, Vanilla or Cherry Vanilla - 40fl. oz		1181	15	0	0	0	0	0	125	-	> 1	0	0	0
Diet Seagram's Ginger Ale with/without Cherry, Lime, Orange, Raspberry or Vanilla - 16fl. oz		472	10	0	0	0	0	0	50	-	> 1	0	0	0
Diet Seagram's Ginger Ale with/without Cherry, Lime, Orange, Raspberry or Vanilla - 20fl. oz		590	10	0	0	0	0	0	60	-	> 1	0	0	0
Diet Seagram's Ginger Ale with/without Cherry, Lime, Orange, Raspberry or Vanilla - 30fl. oz		885	20	0	0	0	0	0	95	-	1	0	0	0
Diet Seagram's Ginger Ale with/without Cherry, Lime, Orange, Raspberry or Vanilla - 40fl. oz		1181	25	0	0	0	0	0	125	-	2	0	0	0
Fanta Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 16fl. oz		495	220	0	0	0	0	0	55	-	59	0	59	0
Fanta Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 20fl. oz		619	270	0	0	0	0	0	70	-	74	0	74	0
Fanta Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 30fl. oz		928	410	0	0	0	0	0	105	-	111	0	111	0
Fanta Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 40fl. oz		1237	550	0	0	0	0	0	140	-	149	0	148	0

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Fanta Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 16fl. oz		495	220	0	0	0	0	0	55	-	59	0	59	0
Fanta Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 20fl. oz		619	270	0	0	0	0	0	70	-	74	0	74	0
Fanta Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 30fl. oz		928	410	0	0	0	0	0	105	-	111	0	111	0
Fanta Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 40fl. oz		1237	550	0	0	0	0	0	140	-	149	0	148	0
Fanta Zero Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 16fl. oz		472	10	0	0	0	0	0	60	-	> 1	0	0	0
Fanta Zero Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 20fl. oz		590	10	0	0	0	0	0	70	-	> 1	0	0	0
Fanta Zero Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 30fl. oz		885	15	0	0	0	0	0	110	-	1	0	0	0
Fanta Zero Cherry, Fruit Punch, Grape, Lime, Orange, Peach, Raspberry or Strawberry - 40fl. oz		1181	25	0	0	0	0	0	140	-	2	0	0	0
Fruitwater Fizzy Cherry-Lime, Lemonade, Lemon-Lime, Mixed Berry, Peach Lemonade or Strawberry Lemonade - 16fl. oz		472	10	0	0	0	0	0	50	-	> 1	0	0	0
Fruitwater Fizzy Cherry-Lime, Lemonade, Lemon-Lime, Mixed Berry, Peach Lemonade or Strawberry Lemonade - 20fl. oz		590	15	0	0	0	0	0	60	-	> 1	0	0	0
Fruitwater Fizzy Cherry-Lime, Lemonade, Lemon-Lime, Mixed Berry, Peach Lemonade or Strawberry Lemonade - 30fl. oz		885	20	0	0	0	0	0	95	-	1	0	0	0
Fruitwater Fizzy Cherry-Lime, Lemonade, Lemon-Lime, Mixed Berry, Peach Lemonade or Strawberry Lemonade - 40fl. oz		1181	25	0	0	0	0	0	125	-	2	0	0	0
Hi-C Cherry, Fruit Punch, Grape, Lemon, Orange, Orange Vanilla, Raspberry, Raspberry Lime or Strawberry - 16fl. oz		496	240	0	0	0	0	0	55	-	61	0	61	0
Hi-C Cherry, Fruit Punch, Grape, Lemon, Orange, Orange Vanilla, Raspberry, Raspberry Lime or Strawberry - 20fl. oz		620	300	0	0	0	0	0	70	-	76	0	76	0
Hi-C Cherry, Fruit Punch, Grape, Lemon, Orange, Orange Vanilla, Raspberry, Raspberry Lime or Strawberry - 30fl. oz		930	450	0	0	0	0	0	105	-	114	0	113	0
Hi-C Cherry, Fruit Punch, Grape, Lemon, Orange, Orange Vanilla, Raspberry, Raspberry Lime or Strawberry - 40fl. oz		1240	600	0	0	0	0	0	140	-	151	0	151	0
Mello Yello with/without Cherry, Fruit Punch, Grape, Orange, Peach, Raspberry or Strawberry - 16fl. oz		490	170	0	0	0	0	0	50	-	46	0	46	0
Mello Yello with/without Cherry, Fruit Punch, Grape, Orange, Peach, Raspberry or Strawberry - 20fl. oz		613	210	0	0	0	0	0	65	-	57	0	57	0
Mello Yello with/without Cherry, Fruit Punch, Grape, Orange, Peach, Raspberry or Strawberry - 30fl. oz		919	320	0	0	0	0	0	95	-	86	0	86	0
Mello Yello with/without Cherry, Fruit Punch, Grape, Orange, Peach, Raspberry or Strawberry - 40fl. oz		1226	430	0	0	0	0	0	130	-	114	0	114	0
Mello Yello Zero with/without Cherry, Fruit Punch, Grape, Orange, Peach, Raspberry or Strawberry - 16fl. oz		472	5	0	0	0	0	0	55	-	> 1	0	0	0
Mello Yello Zero with/without Cherry, Fruit Punch, Grape, Orange, Peach, Raspberry or Strawberry - 20fl. oz		590	10	0	0	0	0	0	70	-	> 1	0	0	0
Mello Yello Zero with/without Cherry, Fruit Punch, Grape, Orange, Peach, Raspberry or Strawberry - 30fl. oz		885	10	0	0	0	0	0	105	-	1	0	0	0
Mello Yello Zero with/without Cherry, Fruit Punch, Grape, Orange, Peach, Raspberry or Strawberry - 40fl. oz		1181	15	0	0	0	0	0	135	-	2	0	0	0
Minute Maid Lemonade with/without Lime, Orange, Peach, Raspberry or Strawberry - 16fl. oz		494	220	0	0	0	0	0	95	-	56	0	56	0
Minute Maid Lemonade with/without Lime, Orange, Peach, Raspberry or Strawberry - 20fl. oz		618	270	0	0	0	0	0	120	-	70	0	70	0
Minute Maid Lemonade with/without Lime, Orange, Peach, Raspberry or Strawberry - 30fl. oz		927	410	0	0	0	0	0	180	-	105	0	104	0
Minute Maid Lemonade with/without Lime, Orange, Peach, Raspberry or Strawberry - 40fl. oz		1236	550	0	0	0	0	0	240	-	139	0	139	0
Minute Maid Pink Lemonade - 16fl. oz		494	210	0	0	0	0	0	95	-	56	0	56	0
Minute Maid Pink Lemonade - 20fl. oz		618	270	0	0	0	0	0	115	-	70	0	70	0
Minute Maid Pink Lemonade - 30fl. oz		927	400	0	0	0	0	0	170	-	105	0	104	0
Minute Maid Pink Lemonade - 40fl. oz		1236	540	0	0	0	0	0	230	-	139	0	139	0
Minute Maid Light Lemonade with/without Lime, Orange, Peach, Raspberry or Strawberry - 16fl. oz		473	15	0	0	0	0	0	100	-	3	0	0	0
Minute Maid Light Lemonade with/without Lime, Orange, Peach, Raspberry or Strawberry - 20fl. oz		591	20	0	0	0	0	0	125	-	3	0	0	0
Minute Maid Light Lemonade with/without Lime, Orange, Peach, Raspberry or Strawberry - 30fl. oz		887	30	0	0	0	0	0	190	-	5	0	0	0
Minute Maid Light Lemonade with/without Lime, Orange, Peach, Raspberry or Strawberry - 40fl. oz		1183	40	0	0	0	0	0	250	-	6	0	0	0
Minute Maid Light Pink Lemonade - 16fl. oz		473	10	0	0	0	0	0	95	-	3	0	0	0
Minute Maid Light Pink Lemonade - 20fl. oz		591	15	0	0	0	0	0	120	-	3	0	0	0
Minute Maid Light Pink Lemonade - 30fl. oz		887	20	0	0	0	0	0	180	-	5	0	0	0
Minute Maid Light Pink Lemonade - 40fl. oz		1183	30	0	0	0	0	0	240	-	6	0	0	0
POWERade Cherry, Fruit Punch, Grape, Lemon, Lime, Orange, Raspberry or Strawberry - 16fl. oz		485	130	0	0	0	0	0	150	-	34	0	34	0
POWERade Cherry, Fruit Punch, Grape, Lemon, Lime, Orange, Raspberry or Strawberry - 20fl. oz		607	160	0	0	0	0	0	190	-	42	0	42	0
POWERade Cherry, Fruit Punch, Grape, Lemon, Lime, Orange, Raspberry or Strawberry - 30fl. oz		910	250	0	0	0	0	0	290	-	63	0	63	0
POWERade Cherry, Fruit Punch, Grape, Lemon, Lime, Orange, Raspberry or Strawberry - 40fl. oz		1214	330	0	0	0	0	0	390	-	84	0	84	0
POWERade Zero Cherry, Fruit Punch, Grape, Lemon, Lime, Orange, Raspberry or Strawberry - 16fl. oz		473	10	0	0	0	0	0	150	-	1	0	0	0
POWERade Zero Cherry, Fruit Punch, Grape, Lemon, Lime, Orange, Raspberry or Strawberry - 20fl. oz		591	10	0	0	0	0	0	190	-	2	0	0	0
POWERade Zero Cherry, Fruit Punch, Grape, Lemon, Lime, Orange, Raspberry or Strawberry - 30fl. oz		886	15	0	0	0	0	0	290	-	2	0	0	0
POWERade Zero Cherry, Fruit Punch, Grape, Lemon, Lime, Orange, Raspberry or Strawberry - 40fl. oz		1182	20	0	0	0	0	0	390	-	3	0	0	0
Seagram's Ginger Ale with/without Cherry, Lime, Orange, Raspberry or Vanilla - 16fl. oz		485	130	0	0	0	0	0	45	-	35	0	35	0
Seagram's Ginger Ale with/without Cherry, Lime, Orange, Raspberry or Vanilla - 20fl. oz		607	170	0	0	0	0	0	60	-	43	0	43	0
Seagram's Ginger Ale with/without Cherry, Lime, Orange, Raspberry or Vanilla - 30fl. oz		910	250	0	0	0	0	0	95	-	65	0	65	0
Seagram's Ginger Ale with/without Cherry, Lime, Orange, Raspberry or Vanilla - 40fl. oz		1214	340	0	0	0	0	0	125	-	87	0	86	0
Sprite with/without Cherry, Grape, Orange, Peach, Raspberry, Strawberry or Vanilla - 16fl. oz		492	200	0	0	0	0	0	55	-	51	0	51	0
Sprite with/without Cherry, Grape, Orange, Peach, Raspberry, Strawberry or Vanilla - 20fl. oz		615	250	0	0	0	0	0	65	-	64	0	64	0
Sprite with/without Cherry, Grape, Orange, Peach, Raspberry, Strawberry or Vanilla - 30fl. oz		923	370	0	0	0	0	0	100	-	97	0	96	0
Sprite with/without Cherry, Grape, Orange, Peach, Raspberry, Strawberry or Vanilla - 40fl. oz		1230	490	0	0	0	0	0	130	-	129	0	129	0
Sprite Zero with/without Cherry, Grape, Orange, Peach, Raspberry, Strawberry or Vanilla - 16fl. oz		472	10	0	0	0	0	0	55	-	> 1	0	0	0
Sprite Zero with/without Cherry, Grape, Orange, Peach, Raspberry, Strawberry or Vanilla - 20fl. oz		590	15	0	0	0	0	0	70	-	> 1	0	0	0
Sprite Zero with/without Cherry, Grape, Orange, Peach, Raspberry, Strawberry or Vanilla - 30fl. oz		885	20	0	0	0	0	0	105	-	1	0	0	0
Sprite Zero with/without Cherry, Grape, Orange, Peach, Raspberry, Strawberry or Vanilla - 40fl. oz		1181	30	0	0	0	0	0	140	-	2	0	0	0
Vitaminwater Lemonade-C, Orangeade-C, Pink Squeezed or Tropical-C - 16fl. oz		482	100	0	0	0	0	0	50	-	26	0	26	0
Vitaminwater Lemonade-C, Orangeade-C, Pink Squeezed or Tropical-C - 20fl. oz		602	120	0	0	0	0	0	65	-	33	0	32	0
Vitaminwater Lemonade-C, Orangeade-C, Pink Squeezed or Tropical-C - 30fl. oz		903	180	0	0	0	0	0	95	-	49	0	48	0
Vitaminwater Lemonade-C, Orangeade-C, Pink Squeezed or Tropical-C - 40fl. oz		1204	240	0	0	0	0	0	130	-	65	0	64	0

Old-Fashioned Shakes & Desserts

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Chocolate Overload™ Cake	SEMW	93	300	60	7	1.5	0	40	350	260	57	2	34	4
Mini Churros (5 pc.)	SEMW	86	350	170	18	3.5	0	5	280	55	42	2	12	4
Mini Churros (10 pc.)	SEMW	172	690	330	37	7	0	10	550	115	84	4	25	7
New York Style Cheesecake	SEMW	92	310	150	17	9	0	25	260	170	32	1	22	7
Shake, Chocolate with Whipped Topping with Cherry - 16 fl. oz.	M	376	780	350	38	27	1.5	85	290	700	103	1	89	12
Shake, Chocolate with Whipped Topping with Cherry - 24 fl. oz.	M	543	1120	490	55	38	2	120	410	1020	150	2	130	17
Shake, OREO® Cookie with Whipped Topping w/ Cherry 16 - fl. oz.	SMW	362	800	380	43	28	1.5	85	360	600	95	1	74	12
Shake, OREO® Cookie with Whipped Topping with Cherry - 24 fl. oz.	SMW	521	1150	550	61	40	2	120	530	870	137	2	107	17
Shake, Strawberry with Whipped Topping with Cherry - 16 fl. oz.	M	374	760	340	38	27	1.5	85	240	600	97	0	83	11
Shake, Strawberry with Whipped Topping with Cherry - 24 fl. oz.	M	539	1090	480	54	38	2	120	340	870	141	1	121	16
Vanilla Shake with Whipped Topping with Cherry - 16 fl. oz.	M	339	680	340	38	27	1.5	85	230	600	78	0	64	11
Vanilla Shake with Whipped Topping with Cherry - 24 fl. oz.	M	486	980	480	54	38	2	120	340	870	112	1	92	16

Kid's Combos

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Breakfast Jack®	SEMW	132	350	170	18	6	0	240	840	190	30	1	4	16
Cheeseburger	SMW	123	380	190	21	8	1	35	780	190	32	1	5	16
Chicken Nuggets (5 pc.)	SMW	77	240	150	17	2	0	25	600	170	13	1	0	9
Chicken Sandwich	SEMW	156	510	280	31	5	0	35	940	250	42	2	4	15
Chiquita® Apple Bites		57	30	0	0	0	0	0	0	60	8	1	6	0
Crispy Chicken Strips (2 pc.)	SMW	98	280	110	12	1.5	0	30	790	270	26	1	0	17
French Fries (Kid's)		71	220	90	10	1	0	0	410	290	30	2	0	2
Grilled Cheese Sandwich	SMW	94	330	150	16	6	0	20	800	130	34	2	3	11
Hamburger	SMW	111	340	160	18	5	1	25	570	180	32	1	5	14
Mini Pancakes (8 pc.)	SEMW	71	140	15	1.5	0	0	0	350	0	28	1	6	4
Seasoned Curly Fries (Kid's)	W	60	200	100	11	1	0	0	440	250	21	2	0	2

Jack's Deals

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Chicken Nuggets (5 pc.)	SMW	77	240	150	17	2	0	25	600	170	13	1	0	9
Chicken Nuggets (10 pc.)	SMW	153	480	300	33	4.5	0	50	1210	340	26	2	0	19
Chicken Nuggets (20 pc.)	SMW	306	950	600	66	9	0	105	2420	690	51	4	1	38
Chicken Sandwich	SEMW	158	540	330	37	12	1.5	70	700	250	30	1	5	25
Chicken Sandwich with Bacon	SEMW	158	540	330	37	12	1.5	70	700	250	30	1	5	25
Grilled Cheese Sandwich	SMW	94	330	150	16	6	0	20	800	130	34	2	3	11
Jr. Bacon Cheeseburger	SEMW	129	480	280	31	10	1	45	860	220	32	1	5	19
Jr. Jumbo Jack®	SEMW	150	420	230	26	7	1	30	560	240	33	2	6	14
Jr. Jumbo Jack® Cheeseburger	SEMW	161	460	260	29	9	1	40	760	260	33	2	6	16
Jumbo Jack®	SEWM	223	520	300	33	10	1.5	60	580	370	32	2	6	23
Jumbo Jack® Cheeseburger	SEMW	245	600	360	40	14	1.5	80	990	400	33	2	6	28
Tacos, Regular (2 Tacos)	SMW	162	340	170	19	6	0.5	25	720	360	33	5	2	12
Value French Fries		71	220	90	10	1	0	0	410	290	30	2	0	2

Cheeses

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
American Cheese	SM	11	40	30	3.5	2	0	10	200	15	0	0	0	2
Provolone Cheese	M	17	60	40	4.5	2.5	0	15	150	25	0	0	0	4
Real Cheddar Cheese	M	18	70	50	6	3.5	0	15	110	15	1	0	0	4
Real Swiss Cheese	M	18	70	50	6	3.5	0	20	80	20	0	0	0	5
Swiss Style Cheese	SM	11	40	25	3	2	0	10	140	10	1	0	0	2

Dipping Sauces

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Barbecue Dipping Sauce	S	25	40	0	0	0	0	0	270	70	10	0	8	0
Buttermilk House Dipping Sauce	EM	21	110	100	11	2	0	10	160	15	2	0	0	0
Franks® Red Hot® Buffalo Dipping Sauce		28	10	5	0	0	0	0	730	45	1	1	0	0
Honey Mustard Dipping Sauce	E	28	60	15	2	0	0	0	230	20	10	0	9	0
Pancake Syrup		43	120	0	0	0	0	0	20	0	31	0	21	0
Sweet N' Sour Dipping Sauce	S	25	40	0	0	0	0	0	140	15	10	0	8	0
Teriyaki Dipping Sauce	SW	28	50	10	1	0	0	0	490	10	11	0	9	1

Sandwich Sauces

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Creamy Bacon Mayo (0.68 fl. oz.)	E	19	120	120	13	2	0	15	190	20	1	0	0	1
Creamy Ranch Sauce (0.61 fl. oz.)	EM	17	90	90	10	1.5	0	10	180	15	1	0	1	0
Creamy Sriracha Sauce (0.78 fl. oz.)	E	22	120	120	13	2	0	10	270	10	1	0	1	0
Creamy Tomato Sauce (0.72 fl. oz.)	EM	20	110	100	11	2	0	15	200	35	2	0	1	0
Garlic Herb Butter (0.50 fl. oz.)	SM	14	90	90	10	7	0	25	150	15	0	0	0	0
Ketchup (0.57 fl. oz.)		16	20	0	0	0	0	0	160	0	5	0	3	0
Mayo-Onion Sauce (0.25 fl. oz.)	E	7	45	40	4.5	0.5	0	5	45	0	0	0	0	0
Mustard (0.19 fl. oz.)		5	5	0	0	0	0	0	65	0	0	0	0	0
Tartar Sauce (0.47 fl. oz.) (Seasonal)	E	13	50	40	4.5	0.5	0	5	120	10	2	0	2	0

Other

Item	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Fire Roasted Salsa (1 fl. oz.)		24	10	0	0	0	0	0	120	10	2	0	1	0
French's® Mustard (1 packet)		7	5	0	0	0	0	0	80	0	0	0	0	0
Grape Jelly (1 packet)		14	35	0	0	0	0	0	0	0	9	0	6	0
Grilled Onions (0.71 fl. oz.)	SM	20	10	0	0	0	0	0	0	25	2	0	1	0
Hot Taco Sauce (1 packet)		7	0	0	0	0	0	0	60	15	0	0	0	0
Ketchup (1 packet)		9	10	0	0	0	0	0	85	0	3	0	2	0
Kikkoman® Soy Sauce (1 packet)	SW	7	5	0	0	0	0	0	370	30	0	0	0	1
Kraft® Real Mayonnaise (1 packet)	E	12	90	90	10	1.5	0	5	65	0	0	0	0	0
Pride® Margarine Spread (1 packet)	M	5	20	20	2.5	0.5	0	0	45	0	0	0	0	0
Secret Sauce (1 packet)	E	14	30	15	2	0	0	0	90	40	3	0	2	0
Sour Cream (1 packet)	M	28	60	45	5	3	0	15	25	35	2	1	1	1
Strawberry Jam (1 packet)		14	40	0	0	0	0	0	0	0	10	0	9	0

ALLERGEN KEY

M	Milk
E	Eggs
P	Peanuts
T	Tree Nuts
F	Fish
C	Crustacean Shellfish
S	Soy
W	Wheat

\# Gourmet Seasoned croutons, and Spicy Corn Sticks are packaged in a facility that also packages Tree Nuts.

^ Our Cheesecake is manufactured on equipment that also processes Peanuts and Tree Nuts.

WARNING
Chemicals Known to the State of California to cause cancer, birth defects or other reproductive harm may be present in foods or beverages sold or served here

*71% fat reduction compared to whole milk.

All data displayed follows the federal regulations regarding the rounding on nutritional data. Information may vary slightly from actual due to rounding of nutritional data.

Variations within the nutritional values may occur due to the use of regional suppliers, seasonal influences, manufacturing tolerances, minor differences in product assembly at the restaurant level, recipe revisions, and other factors.

Serving size designation for beverages refers to the total cup capacity. The actual fill might be slightly different. Sodium and potassium values in drinks may vary due to local water suppliers.

Like most restaurants, our restaurants prepare and serve products that contain Egg, Fish, Milk, Soy and Wheat. While a particular ingredient statement may not list one of these allergens, our products may be prepared with equipment that is shared with products containing one or more of these allergens. If you have a food allergy, please consult with your physician before deciding which Jack in the Box® products are right for you. We also recommend checking our "Ingredients & Allergen Statements" frequently as our menu and ingredients may change. If you have any questions regarding allergens in our restaurants, please contact Guest Relations at 1-858-522-4716.

* We hope this nutritional information will help you satisfy your dietary needs at Jack in the Box®. Some items listed may not be available in your area, and slight variations may occur in each product for reasons that may include available supply, tests, portioning or other factors. Sodium and potassium values in drinks may vary due to local water supplies. Products in test, limited time only items and some regional items are not included. The ingredient and nutrient information contained in this analysis is effective as of January 2017. Jack in the Box® restaurants will update and revise the information periodically to reflect changes in ingredients and the addition and removal of products from our menu. Nutritional information was obtained from vendor information, Silliker Lab and other lab analysis, using Genesis R&D SQL Food Development and Labeling Software, copyright of ESHA Research, Salem, Oregon.

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