



**Dismantling Oppression –
An exploration through TA lens
to reclaim our power and take responsibility**

Multi-Level Learning.
January 4 & 5, 2025, Bengaluru.

Organised by SAATA



ABOUT MULTI-LEVEL LEARNING

Multi-level learning is an annual event organised by SAATA for trainees and practitioners at all levels, including trainers and supervisors to engage in learning together. It is a professional development event. This event offers space for participants to experience, learn and concretize their learning.

We learn both intentionally and unintentionally. MLL offers a space for both kinds of learning by being part of the process in plenary, small groups and multi-level supervision sessions. The focus is on learning through the experience of being in the group.

The unique supervisory arrangement allows trainees not just to see live supervision of the facilitation of groups but also supervision of supervision, allowing multiple layers of learning to emerge.

Note: This is not a therapy or supervision group. Nor is it a usual training group.

THEME OF MLL 2025

"Oppression" refers to a combination of prejudice and institutional power that creates a system that regularly and severely discriminates against some groups and benefits other groups. - The Smithsonian National Museum of African American History & Culture.

It refers to the social act of imposing severe restrictions on an individual, group, or institution. It involves the formal or covert imposition of restrictions by those in power, leading to the exploitation and devaluation of the oppressed group, while depriving them of privileges and the ability to compete with other social groups. - International Encyclopedia of the Social & Behavioural Sciences (Second Edition), 2015.

Oppression is reinforced by social norms, institutional biases, interpersonal relationships and personal beliefs. Given our current social context, as TA practitioners, it is important for us to understand the insidious nature of oppression and learn to see what is visible and that which remains invisible to our awareness. It is also important to acknowledge the intersectional nature of oppression, where one who enjoys privilege in one aspect, can experience oppression in another aspect of life.

By dismantling and challenging oppression through building awareness and dialogue, we can find new ways of being; new ways of supporting each other and growing collectively. The current social context in India and the world, highlights the active, ubiquitous presence and damage that oppression causes. Oppression in the form of patriarchy, misogyny, elitism, wars, climate change etc., are visible. There are yet other invisible and unacknowledged forms of oppression. This theme was chosen for MLL 2025 to invite reflection, sharing, introspection, awareness and taking responsibility, in an endeavour to reclaim our power.

“Nothing is infallible. Nothing is binding forever. Everything is subject to inquiry and examination.” - Dr B R Ambedkar

In this MLL we invite you to partake in the process of “Dismantling Oppression - An exploration through TA lens to reclaim our power and take responsibility” by way of engaging with the following sub-themes. In each session a subtheme will be explored in which structure, cause, impact of oppression can be explored with an intent to recognize visible and invisible oppression and to generate viable options. Here are the sub-themes.

What is Oppression?

The objective of this sub-theme is to explore various ways of knowing and understanding oppression. The process will involve exploring our own subjectivities and make meaning using TA lens. The invitation is to give up apathy, disillusionment and powerlessness and to explore potent possibilities.

Oppression and the Intrapsychic process

The objective is to explore how oppressive messages are internalized and impact the individual. The process invites an exploration and accounting of personal power in the context of being oppressed and/or being the oppressor.

Oppression in the Interpersonal and Institutional world

The intention of this sub-theme is to explore how oppression shows up in interpersonal contexts. It is an invitation to recognize how institutions like family, workplace and so on, allow and perpetuate oppression while maintaining a façade of safety, fairness, inclusion and equality.

Oppression in the Society at large

This sub-theme’s aim is to explore how oppression is deeply entrenched in the social and cultural context. It’s an invite to delve into ways in which the environment and context play a role and explore how individually and collectively we can help loosen the power at play.

ROLE OF FACULTY AND PARTICIPANTS

There are two primary roles in the MLL: faculty and participants.

The faculty are certified members (CTA/ PTSTA/ TSTA) who hold the small groups in four sessions. Their main task is to facilitate group learning and engage in peer-supervision. The certified members may also present their ideas and theories on the sub-themes.

Participants are members of the MLL who participate in large group plenaries and small group sessions to explore the topic of the sub-sessions. While a facilitator is responsible for holding each sub-theme session, the participants' role is to engage with the theme and sub-themes of the MLL to deepen their learning through experience/ concepts.

FACULTY

<u>Name</u>	<u>Credential</u>	<u>Field</u>
Eric Lee James	CTA	Organisation
Joy Roshan	PTSTA	Psychotherapy
Josephine Devotta	CTA	Counselling
Kala Balasubramanian	CTA	Psychotherapy
Marina Rajan Joseph	TSTA	Education
Mayya Lutay	PTSTA	Psychotherapy
Piyush Dixit	CTA	Counselling
Prathitha Gangadharan	PTSTA	Psychotherapy
Rajarajeshwari S	CTA	Organisation
Ragini Rao	TSTA	Psychotherapy
Raguraman K.	TSTA	Organisation
Sudha Thimmaiah	TSTA	Counselling
Suriyaprakash C.	TSTA	Organisation
Susan George	TSTA	Psychotherapy

Abbreviations:

CTA: Certified Transactional Analyst;

PTSTA: Provisional Teaching and Supervising Transactional Analyst;

TSTA: Teaching and Supervising Transactional Analyst

ADMINISTRATIVE DETAILS

CONFERENCE VENUE

Vidyadeep College,
128/1, Ulsoor Road, Ulsoor,
Bengaluru – 560042

TIMINGS

MLL Timing: 9:30 am to 5:30 pm
Registration Check-in:
8:45 am to 9:20 am

WHO CAN ATTEND?

- Trainees who have minimum of 100 hours of training are eligible for attending the MLL.
- Certified members (CTA/ PTSTA/ TSTA)

REGISTRATION

Registrations open on Nov 10, 2024 and will close on Nov 20, 2024. Registrations are on a first-come, first-serve basis and will close once we have 100 participants

REGISTRATION FEES

INR 3540 (includes 18% GST)
for SAATA Members (as on October 20, 2024)

INR 5310 (includes 18% GST)
for non-SAATA Members

REGISTRATION LINKS

Registration link for members
- <https://rzp.io/rzp/KQCh69Z>

Registration link for non-members -
- <https://rzp.io/rzp/XcrkhzeB>

This member fee is only for SAATA members whose membership is active as on October 20, 2024. Any registration not found to have fulfilled this membership criterion will forego the registration and the fee, which will not be refunded.

CANCELLATION POLICY

Refund after deducting 25% towards administrative expenses will be made in case of cancellation on or before December 6, 2024. Post December 6, 2024, refunds will not be possible in case you have to cancel participation for any reason. You can however have someone else attend instead.

CONTACT INFORMATION

Please write to contact@saata.org for further information