

My Trip to

Omaha Children's Museum

Social Story



- We are going to visit Omaha Children's Museum!
- There will be many fun things for me to see, hear and touch as I play and learn.



- These are the front doors of the museum.



- This is the front lobby. It can be loud sometimes, but I know it is because kids are excited like me.



- We need to check in at the front desk. I will try to keep my body calm and stay near my adult.



- I will get a sticker like this to wear on my shirt so the staff will know we checked in. It might be a different color because there is a different color for each day. All the colors are fun to wear.



- I can check out a sensory-friendly bag at the front desk. I can use any of the items inside to help me enjoy all activities at the museum. We will turn the bag back in before we leave.



- The museum staff wear blue shirts or grey jackets like this. If I have a question or need help, I can ask one of the staff.





- There may be other children playing with the things I want to try. That is okay. I can wait until they are done to take my turn or ask them if I can play next to them.



- Other kids may also bump into me on accident. That is also okay. I am able to say, “excuse me” and continue playing.



- There may also be noises that surprise me, like announcements over the intercom. These are important because they tell me about exciting shows.



- When I want to move to a new area, I will tell my adult so we can go together.
- To go upstairs, I can use the elevator.



- I can also walk up the stairs.
- The stairs are big and blue. They also make noises on each step. I can find out what noises they make on each step.



- The Omaha Children's Museum is a fun place to visit, but there are often many things going on at once.
- If I get overwhelmed, I can:
 - Go to the Family Discovery Room. The lights are not as bright, it is quieter, and I can relax there.
 - Or Use one of the tools in the Sensory-Friendly Bag.