

FIRST DAY of SCHOOL Checklist



Get ready for their first day of school with this handy checklist.

During the summer

- Add important dates of the school year to your calendar
- Start getting their stationery ready - pens, pencils, etc.
- Go to a school open day with your child
- Do some summer learning and reading
- Practice some writing - can your child read and write their name?
- Make sure your child can use the toilet on their own
- Socialise your child with other children

Top tip!

Set off a little early. The last thing you want is to be running late on their first day!

The week before

- Schedule in any haircuts
- Shop for school lunches
- Make sure they're getting plenty of sleep
- Set up an "out the door" zone
- Start waking them up at a scheduled time
- Plan meals for the first week of school

1 month before

- Get their school uniforms
- Get their PE kits
- Label clothing and belongings
- Try a practice school run

The night before

- Last check through school bag
- Double-check items are labelled
- Have a good meal
- Packed lunch ready
- Have a special family night

The first day of school

- First day of school photos!
- Pack their lunch
- Make sure they have their bag
- Check the time to collect your child
- Double-check everyone's aware of pick-up time
- Breathe - you made it!