# Expl8re 

L EARN ING

## Handwriting



Are you sitting comfortably? Have you gripped the pencil carefully? Your tutor will help you with this.

Trace the dots to practise the shapes below. It is important to flow in one motion from the beginning of the pattern to the end to practise the shapes. Remember not to lean too heavily on the page.


How did you do? Colour in the star that shows how you found this exercise.


Capital Letters
Follow the arrows to practise your capital letters.


Trace the letters and continue them until the end of the line.


How did you do? Colour in the star that shows how you found this exercise.


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## Capital Letters

Follow the arrows to practise your capital letters.

$\frac{\square}{3}$



9
 $\stackrel{H}{\cdots} \quad \underset{\cdots}{\cdots}$
$\stackrel{+}{\cdots}$
$\stackrel{+}{\infty}$
$\stackrel{\cdots}{\cdots}$



Trace the letters and continue them until the end of the line.
$G G G$
QQ Q
E E E $G Q E$

How did you do? Colour in the star that shows how you found this exercise.


## Capital Letters

Follow the arrows to practise your capital letters.














 7

7


7
7

Trace the letters and continue them until the end of the line.
SS S
LL L


## S LT

How did you do? Colour in the star that shows how you found this exercise.



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## Capital Letters

Follow the arrows to practise your capital letters.
1
1
1

1
1
$\%$









$\forall / \beta$


/i
/f

Trace the letters and continue them until the end of the line.

## UUU

## 000

y y y

## 40 y

How did you do? Colour in the star that shows how you found this exercise.


## Capital Letters

Follow the arrows to practise your capital letters.






$\sqrt{7}$
K
S
S
I
S
S
S

8

$\stackrel{8}{8}$
$\stackrel{1}{8}$

Trace the letters and continue them until the end of the line.

$$
\bar{J} J
$$


$R R R$
J KR

How did you do? Colour in the star that shows how you found this exercise.


## Capital Letters

Follow the arrows to practise your capital letters.
M
, M

M

M
M
$\begin{array}{cc}\vdots & 1 \\ \vdots & \\ \vdots & \ldots \\ \vdots & \vdots \\ \vdots & \vdots\end{array}$
$\begin{array}{cc}1 \vdots & 1 \\ \vdots \\ \vdots & \cdots \\ \vdots & \vdots \\ \vdots\end{array}$
1
$+$
1
$+$
$+$
$B$
$B$

8
$\%$
N
N
N
N
,
N
1

Trace the letters and continue them until the end of the line.
M M M

## HHH

$B B B$
NNN

How did you do? Colour in the star that shows how you found this exercise.


## Capital Letters

Follow the arrows to practise your capital letters.
$\%$
$\%$


1
19
$1+$
$1 / 17$
$\because /$
$\because \%$
$\because /$
$1 / 1 / 1$
$\because /$
$\because \%$
/ $/$
/ $/$
/

/
/
$\stackrel{\pi}{2}$
$\stackrel{\#}{\#}$
$\stackrel{\square}{\#}$
$\stackrel{\#}{\#}$
$\stackrel{\#}{\#}$
$\stackrel{\#}{\#}$
$\stackrel{7}{\#}$
Trace the letters and continue them until the end of the line.


## W W W

$X \times X$
Z Z Z

How did you do? Colour in the star that shows how you found this exercise.


Capital Letters - Revision


Revise the capital letters. Trace the letters then continue until the end of the line.


How did you do? Colour in the star that shows how you found this exercise.



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Capital Letters - Revision
Revise the capital letters. Trace the letters then continue until the end of the line.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$M M M$

How did you do? Colour in the star that shows how you found this exercise.



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## Capital Letters - Revision

Revise the capital letters. Trace the letters then continue until the end of the line.

## H H H

## B B B

## PPP

## W W W



## Z Z Z

Trace the letters to complete your capital letters work!



How did you do? Colour in the star that shows how you found this exercise.


## The curly $f$

To do joined up writing, the letter $f$ changes shape.

## $f_{\text {becomes }} f$

Follow the arrows to practise the shape.


Trace the letters until you can write them easily and well.


Trace the letter and then continue until the end of the line.
fof
fff


## The curly $k$

To do joined up writing, the letter $\mathbf{k}$ changes shape.

$$
k_{\text {beorese }} k
$$

Follow the arrows to practise the shape.


Trace the letters until you can write them easily and well.


Trace the letter and then continue until the end of the line.

## kkk <br> kkk

How did you do? Colour in the star that shows how you found this exercise.


# Learning the first join Yum, bun, Mum! 

Follow the arrows and trace the join.


Trace and complete the patterns below.

## мий <br> миши

## миши

мишル

Trace and write the letters below.
$\mu n$
um

Now make the words practising this new join.
$M+\mu m=M u m$
$b+u n=b u n$
$y+u m=$ yum

How did you do? Colour in the star that shows how you found this exercise.


Practising the first join
Trace and complete the words and then practise writing the words. Colour in the pictures.

pin
pin
pin

drum


Remember to practise your curly f!
fin

$\leftrightarrow$ dine
dine
dine

Trace and write the letters below.
un $\qquad$
$\qquad$
$\qquad$
ane $\qquad$
$\qquad$
$\qquad$ in $\qquad$
$\qquad$ inc $\qquad$

How did you do? Colour in the star that shows how you found this exercise.



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Practising the first join
Dig, dig dig!

Follow the arrows and trace the join.


Trace and complete the patterns below. icicici
icicici icicici icicici

Trace and write the letters below.

$\qquad$
$\qquad$
$\qquad$
$\qquad$

## Practising the first join

Trace and complete the words and then practise writing the words. Colour in the pictures.

Remember to practise your curly $k$ !


## kid

kid. kid

hd
nd

pig


Trace and write the letters below.
id



in id
lg

id

How did you do? Colour in the star that shows how you found this exercise.



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Practising the first join
Time for bed!


Follow the arrows and trace the join.
elecel
elecel


Trace and write the letters below.
ed

eg


Now make the words practising this new join.
b + ed = bed $\qquad$
$e+g g=e g g$
$p+e g=p e g$
How did you do? Colour in the star that shows how you found this exercise.



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## Practising the first join

Trace and complete the words and then practise writing the words. Colour in the pictures.


Trace the sentences below.

## 



How did you do? Colour in the star that shows how you found this exercise.


## Practising the first join I can drive my car.

Follow the arrows and trace the join.


Trace and complete the patterns below.

## aaaaaa aaaaaa

## aaaaaa <br> aaaaaa

Trace and write the letters below.
an an an an
ar का वा का
Now make the words practising this new join.
$N+a n=N a n$
$c+a r=$ car
$j+a r=j a r$

How did you do? Colour in the star that shows how you found this exercise.




## Practising the first join

Trace and complete the words and then practise writing the words. Colour in the pictures.

fan

fan

man man

## man

Trace the sentences below.


How did you do? Colour in the star that shows how you found this exercise.


## Practising the first join Sing, sing, sing!

Follow the arrows and trace the join.


Trace and complete the patterns below.
nnnnnn
rnnnnn nnnnnn
nnnnnn

Trace and write the letters below,


Trace the word and then write it in the spaces provided.


How did you do? Colour in the star that shows how you found this exercise.


Learning the second join
Fish and chips

Follow the arrows and trace the join. $\square$
Trace and complete the patterns below.
cldeld clcldel
cldeld
clcleld

Trace and write the letters below.
ch

sh

Now make the words practising this new join.
ch + ip $=$ chip
sh $+i p=s h i p$ $\qquad$
fi + sh $=$ fish
How did you do? Colour in the star that shows how you found this exercise.


Practising the second join
Trace and complete the words and then practise writing the words. Colour in the pictures.

fish

dish
dish
ひि


Trace and write the letters below.

cl
sh
sl



How did you do? Colour in the star that shows how you found this exercise.


## Practising the second join

## Tell the time!

Follow the arrows and trace the join.


Trace and complete the patterns below.

## ttttttt

ttttttt
ttttttt
ttttltt

Trace and write the letters below.
th
th
th
th
tl de du d
Now make the words practising this new join,
th $+e m=$ them
th + ere $=$ there
th + at = that

How did you do? Colour in the star that shows how you found this exercise.




## Practising the second join

Trace and complete the words and then practise writing the words. Colour in the pictures.

them them

that thor


Trace the sentences below.


How did you do? Colour in the star that shows how you found this exercise.


## Handwriting

## Book 3

This Handwriting Course is designed to support your child's handwriting at school and has been produced after consultations with teachers and Explore Learning managers.

In this booklet, Explore Learning members will:

- Identify and practise capital letters
- Be introduced to the curly F and curly K for cursive writing
- Learn and practise the first two handwriting joins in cursive
- Practise general motor skills to improve handwriting.
- Assess their own work.

Explore Learning Tutors will support your child by:

- Ensuring they are sitting in a comfortable position.
- Demonstrating the correct pencil grip.
- Assessing whether they have completed or need to repeat sections.
- Monitoring and recording their progress in this booklet.
- Giving feedback at the end of each session and look at longer term development during Progress Meetings.
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