



# SHORT COURSES

2025

- 3 & 4 Day STAR Programmes
- Block Courses
- Holiday Programmes

 THE CULINARY COLLECTIVE

NEW ZEALAND  
INSTITUTE OF SPORT 



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## EXCLUSIVE OR TAILORED PROGRAMMES

We understand that every school has unique learner needs, and we're here to work with your careers team to ensure those needs are met. Whether it's through fun exploration days or tailored 10-week block programmes, we're flexible and ready to support your students' journey.

Simply chat with one of our friendly engagement team members to create a programme that fits the needs of your learners.

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# TRADES

## 3 Day Courses

Try out one of the Trades with a practical course at one of our purpose built Trades campuses.

A great way to see where Trades could take you and you'll be taught by real tradie tutors.

### PLUMBING & GASFITTING

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

Unlock the ability to read and understand plans, working drawings and specifications for BCATS projects. Gain real life skills which will support your future pathways.

##### UNIT 22607

##### Level 2, Credits 3

Read and interpret plans, working drawings and specifications for BCATS projects.

\$180 PP + GST

### THE SPARKIE

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

Become a champion of safety practices in the electrical workplace as you are trained on protocols that will keep you and your workmates safe.

##### UNIT 15848

##### Level 2, Credits 3

Demonstrate and apply knowledge of safeguards for use with portable electrical appliances.

\$180 PP + GST

### TEAMWORK IN PAINTING & PLASTERING

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

In this course, you'll discover how to work effectively as part of a painting and plastering crew to achieve a smooth, flawless finish. You'll understand the team's project goals, know your specific role, and communicate clearly to ensure everything runs smoothly. Whether it's prepping surfaces, applying plaster, or adding those final brushstrokes, you'll stay on track by asking the right questions. Plus, you'll give and receive constructive feedback to make sure the job is done to perfection!

##### UNIT 9681

##### Level 3, Credits 3

Contribute within a team or group which has an objective.

\$180 PP + GST

#### AVAILABLE AT:

> Trades South



# TRADES

## Block Courses

### TOOLS OF THE TRADE

#### 10 WEEK BLOCK COURSE

1 day per week, 9am - 2.30pm

This 10-week Level 3 course is for students interested in exploring Trades further. This is a fun, hands on and practical programme, where you will demonstrate knowledge of various tools used in carpentry.

UNIT 32443

Level 3, Credits 9

Demonstrate knowledge of tools and equipment used in carpentry.

\$500 PP + GST

### PLUMBING, GASFITTING & DRAIN LAYING

#### 8 WEEK BLOCK COURSE

1 day per week, 9am - 2.30pm

Ever wondered what it takes to manage massive excavation projects? This course covers the ins and outs of planning trenches and handling other services like water pipes or cables. You'll learn how-to methods to control trench collapses, and learn how to keep area dry. Plus, you'll get clued up on how to safely manage the flow of water and follow the right and understand health and safety notification. Perfect for anyone wanting to dig into the world of construction!

UNIT 30532

Level 3, Credits 5

Demonstrate knowledge of excavating and trenching for plumbing, gasfitting or drainlaying.

\$400 PP + GST

### TOOL BOX

#### 8 WEEK BLOCK COURSE

1 day per week, 9am - 2.30pm

This 8-week Level 2 course is for students keen on Trades. In this programme, you'll learn the basics of Trades, how to properly use all the tools needed for BCATS projects and start to understand the health and safety requirements for a safe working environment.

UNIT 12927

Level 2, Credits 6

Demonstrate knowledge of, select, maintain, and use, hand tools for BCATS projects.

\$400 PP + GST

### ELECTRICAL CHARGE

#### 8 WEEK BLOCK COURSE

1 day per week, 9am - 2.30pm

Get ready to dive into the world of electrical work in this exciting course! You'll learn all about electrical fittings and components, including how to choose and use them safely. You'll cover everything from current and voltage limits to mounting systems and cable supports. By the end, you'll know how to properly install, test, and secure electrical equipment, giving you a solid foundation for a future in the electrical industry. Perfect for students looking to power up their skills!

UNIT 29474

Level 3, Credits 6

Demonstrate and apply knowledge of electrical fittings, components and their installation.

\$400 PP + GST



### AVAILABLE AT:

> Trades South

# EARLY CHILDHOOD EDUCATION

## 3 & 4 Day Courses Block Courses

If you love little people, our Early Childhood Education (ECE) courses are for you. Learn about child development, how kids like to play as well as the different paths you can take in ECE.

### CHILDHOOD DEVELOPMENT

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

In this course, you'll learn how to identify different attachment styles in young mokopuna (children) and understand their behavior during short separations from adults. You'll also explore how to help mokopuna through both minor transitions like bedtime or changing rooms, and major changes like starting school or welcoming a new sibling. Plus, you'll discover ways to support mokopuna and their whānau (families) during these transitions, using skills like listening, comforting, and planning ahead.

#### UNIT 29855

##### Level 2, Credits 3

Describe attachment behaviours and strategies used to support transitions for young mokopuna/children.

\$180 PP + GST

### THE POWER OF PLAY

#### 4 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

Discover how play fosters learning and development in young children. This course will teach you to create fun, safe, and culturally relevant play resources while exploring activities like storytelling, dramatic play, and the natural world. Learn how meaningful interactions support growth in infants, toddlers, and young children.

#### UNIT 26707

##### Level 3, Credits 4

Describe the value of play and create resources for children's learning and development in an early childhood setting.

\$220 PP + GST

### CHILD BEHAVIOUR

#### 10 WEEK BLOCK COURSE

##### 1 day per week, 9am - 3pm

This 10-week Level 3 course is for students interested in exploring Early Childhood. Start with the New Zealand Early Childhood Curriculum, and grow your understanding of child development, their behaviours and the theories around child development.

#### UNIT 29865

##### Level 3, Credits 4

Describe and reflect on practices to protect and promote the health and holistic wellbeing of young mokopuna/children.

#### UNIT 26708

##### Level 3, Credits 4

Describe respectful, reciprocal and responsive relationships with mokopuna/children in an early childhood setting.

\$500 PP + GST



#### AVAILABLE AT:

- > Manukau
- > Hamilton
- > Porirua

# HEALTH

## 3 Day Courses Block Courses

Health is so important now. If you're a natural carer or want to help your community, our Health course will give you a good introduction to the different paths you can take in the healthcare sector.

### HEALTH HEROES: NAVIGATING YOUR PATH

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

Students credited with this unit standard are able to explore different career options within the healthcare sector; such as Aged Care, Nursing, Pharmacy and Mental Health.

#### UNIT 12383

##### Level 2, Credits 3

Explore career options and their implications.

\$180 PP + GST

### PRE-NURSING: HERO'S PATHWAY

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

On the Hero's Pathway, individuals who achieve this unit standard will be empowered to work together and understand the importance of teamwork in healthcare. They will see how collaboration supports the well-being of both patients and their fellow team members.

#### UNIT 9681

##### Level 3, Credits 3

Contribute within a team or group which has an objective.

\$180 PP + GST

### CHAMPIONS OF HEALTH: A CAREER IN PHARMACY

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

Ready to explore the world of pharmacy? In this course, you'll dive into what it takes to be in the world of Pharmacy and other related careers! You'll explore how your interests line up with this exciting field, investigate the skills, education, and training needed, and figure out the time and financial commitment to get there. By the end, you'll know if pharmacy technician is the right pathway for you, and how to make your dream of helping people through healthcare a reality!

#### UNIT 12383

##### Level 2, Credits 3

Explore career options and their implications.

\$180 PP + GST

### HEALTH: UNDERSTANDING HUMAN AGING & WELLBEING

#### 8 WEEK BLOCK COURSE

##### 1 day per week, 9am - 2.30pm

This 8-week Level 3 course is for students interested in working in Healthcare with a focus on lifestyle and well-being of patients. You will be taught how to show compassion throughout a patient's life stages and support specific needs for different age groups.

#### UNIT 23387

##### Level 3, Credits 7

Describe the ageing process and its effects on a person's lifestyle and wellbeing.

\$400 PP + GST



#### AVAILABLE AT:

- > Auckland Central
- > Manukau
- > Hamilton
- > Porirua
- > Christchurch

# HOSPITALITY

## 3 Day Courses

If you're keen on the fast-paced world of hospo, fancy yourself a mocktail connoisseur, or have a bit of a coffee obsession, then check out our range of hospitality courses to dip your toes into the industry.

### ESPRESSO YOURSELF

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

Embark on an exhilarating journey into the world of espresso. Unlock the secrets to brewing sensational concoctions and discover the magic of barista. Boost visibility and ignite a buzz for your coffee. Go ahead – Mocha my day!

##### UNIT 17284

##### Level 3, Credits 3

Demonstrate knowledge of coffee origin and production.

\$180 PP + GST

### THE MIXOLOGIST

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

Where artistry and innovation collide in a fusion of flavours. Our Mixology experience is your passport to a realm of liquid creativity. Immerse yourself in a world of exotic ingredients as you learn the secrets behind the bar. From muddling fresh herbs to perfecting the art of shaking, you will learn the techniques that transform ordinary drinks into alchemy. Let the fun be gin!

##### UNIT 9681

##### Level 3, Credits 3

Contribute within a team or group that has an objective.

\$180 PP + GST



#### AVAILABLE AT:

- > Auckland Central
- > Sylvia Park
- > Hamilton
- > Christchurch

# HOSPITALITY

## Block Courses

### BUDDING BARISTA

#### 10 WEEK BLOCK COURSE

1 day per week, 9am - 3pm

This 10-week Level 2 course is a great intro for students wanting to explore the hospitality and customer service industries. You'll learn to prepare hot and cold drinks, how to set up and clear areas for food and beverages as well as understand food service styles and different types of menus.

#### UNIT 17286

##### Level 2, Credits 3

Prepare and present coffee for service.

#### UNIT 14425

##### Level 2, Credits 5

Prepare and serve hot and cold non-alcoholic drinks for a commercial hospitality establishment.

\$500 PP + GST

### LATTE LEGEND

#### 10 WEEK BLOCK COURSE

1 day per week, 9am - 3pm

Take your customer service and coffee knowledge to the next level with this 10-week Level 3 course. You'll learn how to give a nice warm welcome to customers in a café or bar, about the world of coffee and how to prepare some of the most popular types of coffee from around the world.

#### UNIT 14441

##### Level 3, Credits 5

Provide professional café counter service in a hospitality establishment.

#### UNIT 17288

##### Level 3, Credits 5

Prepare and present espresso beverages for service.

\$500 PP + GST

#### AVAILABLE AT:

- > Auckland Central
- > Sylvia Park
- > Hamilton
- > Christchurch





# COOKERY

## 3 & 4 Day Courses

Taught by both NZMA and the Culinary Collective, our Cooking and Hospitality school, get a great intro to the exciting world of cooking, baking and serving food, coffee and drinks. You get to taste them too!

### THE SUGAR SORCERER

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

This culinary discipline blends science and art, pushing the boundaries of flavour, texture, and presentation to create an innovative dish that blows your mind. You will learn to alter the physical and chemical properties of ingredients as you work with techniques like emulsion, foaming, caviar spheres and gelling.

##### UNIT 9677

##### Level 2, Credits 3

Communicate within a team or group that has an objective.

\$180 PP + GST

### BAKE & CREATE

#### 4 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

In our commercial kitchens, prepare and bake a variety of iconic pantry dishes. Gain culinary skills as you craft delicious pastries to share with your classmates.

##### UNIT 13322

##### Level 3, Credits 4

Prepare and cook basic pastry dishes in a commercial kitchen.

\$220 PP + GST



### AVAILABLE AT:

- > Auckland Central
- > Sylvia Park
- > Hamilton

# COOKERY

## Block Courses

### MASTERCHEF

#### 8 WEEK BLOCK COURSE

1 day per week, 9am - 2.30pm

If you are passionate about cooking and would like to learn more about the application of cookery methods then this course is for you. Learn to prepare, cook and present food with basic garnishing and sauces to match. Impress each other with your own Masterchef dish in a commercial kitchen.

#### UNIT 13278

Level 2, Credits 2

Cook food items by roasting.

#### UNIT 13272

Level 2, Credits 2

Cook food items by baking.

#### UNIT 13276

Level 2, Credits 2

Cook food items by grilling.

\$450 PP + GST



#### AVAILABLE AT:

- > Auckland Central
- > Sylvia Park
- > Hamilton

# SPORT

## 3 Day Courses

Get a taste of what studying sport and fitness is all about. Taught by New Zealand Institute of Sport, our sport and fitness school, you'll learn about health, sport and do fitness training as part of your course.

### POLICE & DEFENCE

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

Ready to step into the world of Police or Defence? Communication is key, whether you're gathering information or coordinating a team. In this course, you'll develop active listening skills crucial for Police or Defence scenarios, such as reading body language, paraphrasing for clarity, and responding appropriately. You'll learn to communicate across diverse groups, keeping in mind cultural differences.

##### UNIT 11097

##### Level 3, Credits 3

Listen actively to gain information in an interactive situation.

\$180 PP + GST

### PERSONAL TRAINING

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

As a Personal Trainer it's important to get the basic's right, the importance of stretching can easily be over looked. This course will help you understand the importance by learning the benefits, how to safely perform stretch's through good technique, instructions and correct alignment.

##### UNIT 21794

##### Level 2, Credits 3

Demonstrate, instruct, and monitor stretching.

\$180 PP + GST

### COACHING

#### 3 DAY COURSE

##### TRY AN INDUSTRY & EARN CREDITS

The best coaches employ a set of skills that get the best from their teams. This course will introduce you to the knowledge of individual and group characteristics and how to meet their coaching needs.

##### UNIT 25805

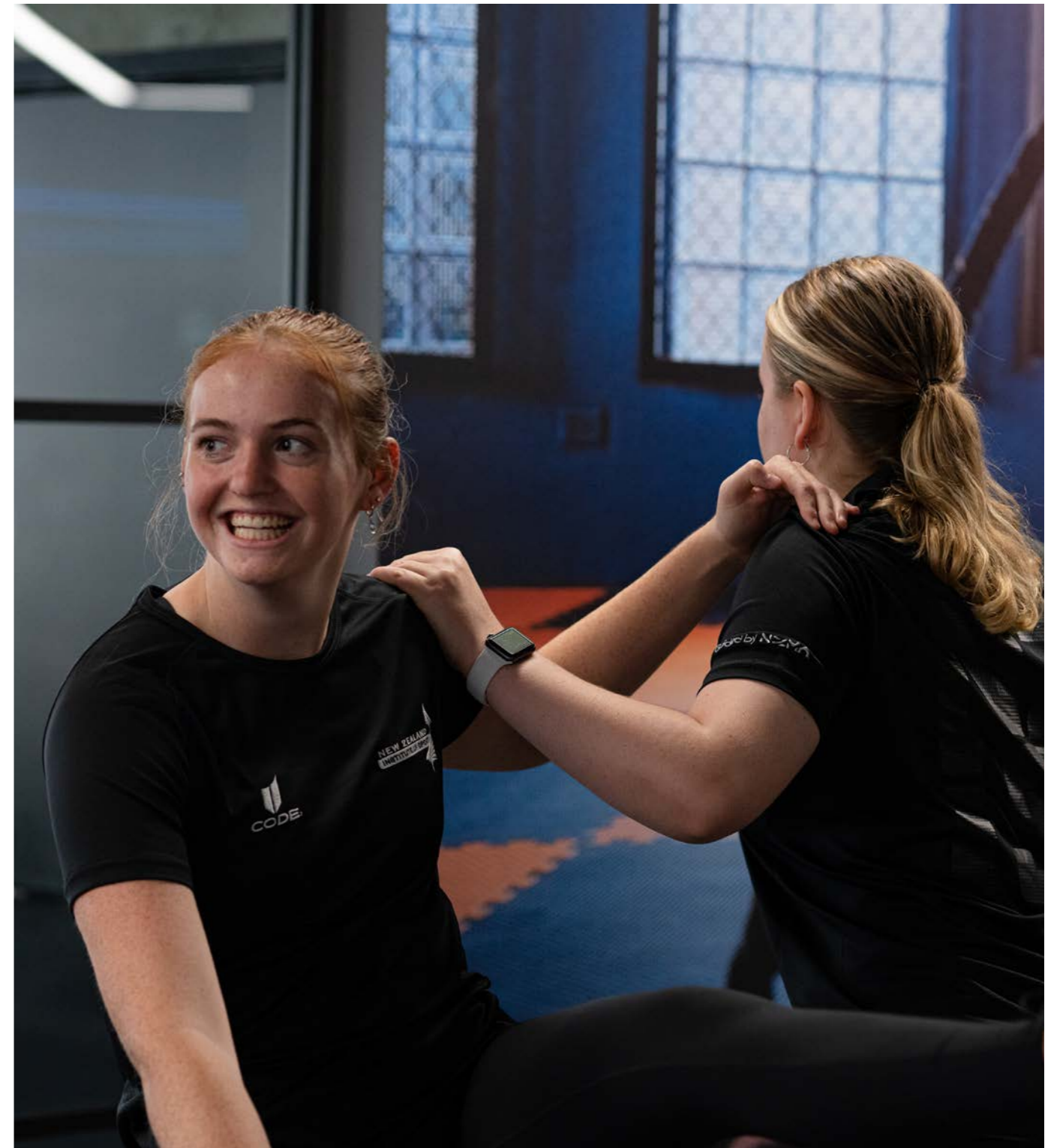
##### Level 3, Credits 3

Demonstrate knowledge of individual and group characteristics and needs for coaching participants.

\$180 PP + GST

### AVAILABLE AT:

- > Sylvia Park
- > Wellington
- > Christchurch
- > Hamilton (Police & Defence only)



# SPORT

## Block Courses

### COACHING SKILLS

#### 8 WEEK BLOCK COURSE

1 day per week, 9am - 2.30pm

An exciting course all about coaching! Create coaching sessions to meet the needs of your client, make ethical decisions, and develop and apply strategies for coach and athlete protection. Also learn to demonstrate and apply knowledge of rules and regulations as a coach in a selected sport.

**UNIT 22771**

**Level 3, Credits 6**

Plan beginner-level coaching sessions for sport participants.

\$400 PP + GST

### POLICE & DEFENCE TEAM WORK ON A MISSION

#### 8 WEEK BLOCK COURSE

1 day per week, 9am - 2.30pm

Get ready to team up and tackle challenges! You'll learn how to work together to reach a shared goal, just like in Police or Defense missions. You'll figure out what your team needs, how you can best contribute and how to communicate to get the job done. Plus, you'll practice giving and receiving feedback to keep on track to accomplish your teams mission.

**UNIT 9681**

**Level 3, Credits 3**

Contribute within a team or group which has an objective.

**UNIT 11097**

**Level 3, Credits 3**

Listen actively to gain information in an interactive situation.

\$400 PP + GST



### AVAILABLE AT:

- > Sylvia Park
- > Wellington
- > Christchurch

# IMPORTANT INFORMATION

### Category 1 Provider

At NZMA we are committed to offering quality learning. We are ranked as a Category 1 provider on NZQA's EER rating, which is the best rating possible for education providers.

### Friendly Campuses

Our vibrant and culturally diverse campuses are welcoming and friendly. Plus, with smaller classes students get one-on-one support from tutors during their course.

### Supportive Tutors

Our highly experienced tutors mentor students along the way, will share their industry experience and tailor their teaching to suit students learning styles.

### Fun Ways to Learn

Students will learn in our purpose-built campus facilities, from training kitchens and cafés, on site gyms, workshop spaces, and barista training areas to help build their confidence in real-world environments.

### Course Flexibility

At NZMA we are able to tailor a combination of Courses to meet your requirements and Block Courses can also be delivered across two consecutive weeks. For more information about Course combinations please contact your local campus.

### Course Prices

Courses are designed for year 11-13 students who are still enrolled at a New Zealand High School. 2025 prices are per person, in New Zealand Dollars and exclusive of GST. Prices are subject to change and are correct at the time of publication. NZQA credits do not pertain to the 1-day Taster Courses. Not all courses are delivered at all campuses.

### Course Supervision

Students are unsupervised during breaks and lunch times and are able to leave the campus. If this is not acceptable, parents and caregivers should make alternative arrangements.

## Locations

Our campuses each have their own unique flavour, but all offer students a safe, friendly environment to learn in where everyone belongs.

## Contact

To enrol or for more information, please contact:

Kris Gower - 021 578 237  
Petini Tearaura - 021 573 145  
Marcella Nielsen - 021 195 3090

[shortcourses@nzma.ac.nz](mailto:shortcourses@nzma.ac.nz)  
0800 116 611

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