

# Traveling? You're covered on the go.

## Travel within the Kaiser Permanente Washington area

Pay your standard in-network copay, coinsurance, or deductible:

- Nearest Kaiser Permanente urgent care
- Other urgent care location in your plan's network

## Travel in another Kaiser Permanente area

Before receiving care at a Kaiser Permanente facility outside the Kaiser Permanente Washington area, call Member Services to get a visiting member ID number.

Pay your standard in-network copay, coinsurance, or deductible:

- Nearest Kaiser Permanente urgent care
- Other urgent care location in your plan's network

Pay upfront for services, then file for reimbursement:

- Nearest MinuteClinic® (in select CVS and Target stores), Concentra urgent care center, or The Little Clinic (in select Kroger stores)<sup>1</sup>

## Travel in non-Kaiser Permanente states

Pay your applicable copay, coinsurance, or deductible:

- Nearest MinuteClinic® (in select CVS and Target stores), Concentra urgent care center, or The Little Clinic (in select Kroger stores)<sup>1</sup>
- Nearest urgent care<sup>2</sup>

## International travel

- Nearest urgent care or hospital<sup>2</sup>
- Health advice from our Travel Advisory Service – details available at [kp.org/wa/travel-service](https://kp.org/wa/travel-service)

## Emergency care while traveling<sup>3</sup>

- **In the United States**, call **911** or go to the nearest hospital.
- **Outside the U.S.**, call the local emergency number of the country you're visiting, or go to the closest emergency room.
- **If admitted to a hospital**, call our Hospital Notification Line at **1-888-457-9516** as soon as reasonably possible.

(see network map on back)

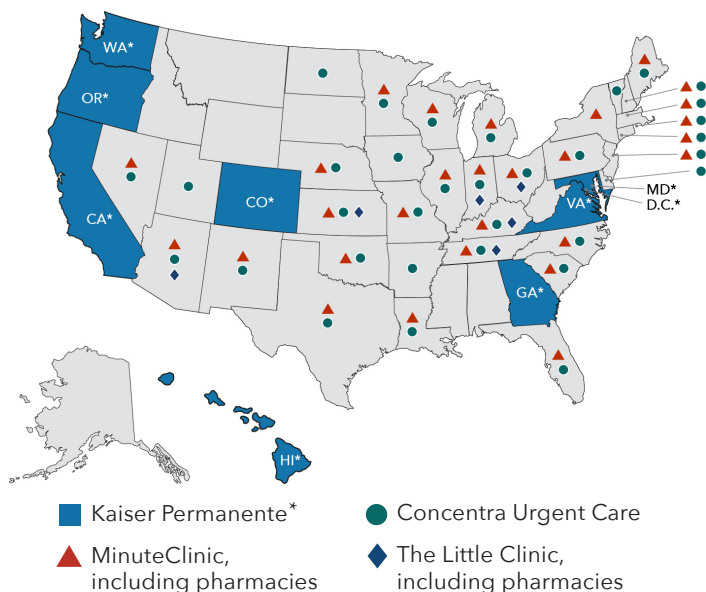
## Questions? We're here for you.

Before getting nonemergency care outside of the Kaiser Permanente Washington area, call Member Services at **1-888-901-4636** (TTY **711**). They'll help you find the closest care option or answer any questions. You can also visit [kp.org/wa/travel](https://kp.org/wa/travel) for more information.

# Find care near you

## Kaiser Permanente clinicians and other in-network providers

- Visit [kp.org/wa/find-a-doctor](https://kp.org/wa/find-a-doctor) and choose the Access PPO network.



## Nonurgent care options

When getting care from Kaiser Permanente, you can:



**Call** our 24/7 advice line



**Use our 24/7 chat** via secure online messaging



**Email** your Kaiser Permanente care team with nonurgent health questions



**Schedule a video visit** to meet with a clinician on your smartphone, tablet, or computer, or talk by video anytime, 24/7<sup>4</sup>



**Schedule a phone visit** to talk with your doctor, or call to talk with a clinician 24/7<sup>4</sup>

Learn more at [kp.org/wa/getcare](https://kp.org/wa/getcare).

## Pharmacy access



In-network access to all pharmacies listed at [kp.org/wa/find-a-doctor](https://kp.org/wa/find-a-doctor)

1. For care at a MinuteClinic®, Concentra, or The Little Clinic urgent care center, you'll be charged your applicable copay, coinsurance, or deductible. Be sure to bring your Kaiser Permanente ID card and a method of payment. 2. Out-of-network urgent care services are subject to out-of-network copays, coinsurance, or deductibles. 3. If you believe you have an emergency medical condition, call 911 or go to the nearest hospital. For the complete definition of an emergency medical condition, please refer to your *Evidence of Coverage* or other coverage documents. 4. When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

All plans offered and underwritten by Kaiser Foundation Health Plan of Washington.