# Care for all that is you





# Experience health care designed with you in mind

### Care for ...

Routine checkups, complex treatments, and late-night questions

Building strength, reducing stress, and raising a family

New goals, old habits, and ongoing mental wellness

No matter what your priority is, ours is providing excellent care – for the you who's feeling great, the you who needs support, and every you in between.



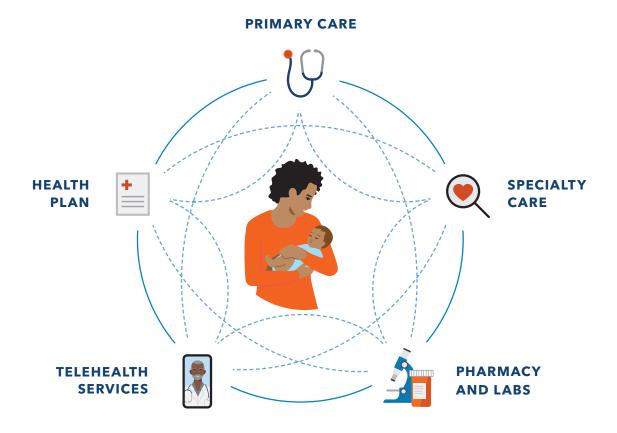
# Learn more about Kaiser Permanente

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### **Questions? Contact KP COpilot**

State of Colorado employees have access to KP COpilot, a dedicated concierge team. Get personalized help with your health plan, care transition, benefits, and more. Call **1-888-413-0591.** 



# Built to make your life easier

Combined care and coverage means your Kaiser Permanente doctors and health plan benefits are all connected and committed to providing you with exceptional care tailored to your needs.

It's easier access to top specialists and the latest treatments. It's predictable costs and less paperwork.

It's the right care, when you need it.

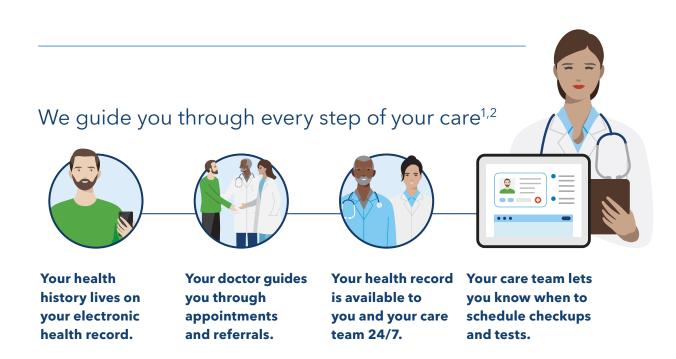
Find out how we can help you stay healthy and keep doing what you love. my.kp.org/stateofcolorado

# Care that's **personalized**

### For the you who deserves to be understood

Kaiser Permanente doctors have one priority: your health. Your electronic health record connects your care team with your health history, so your doctor can plan the right care for your needs. They learn your lifestyle, risks, and goals to understand what matters most to you and be your best health advocate.

Explore care that fits your life. my.kp.org/stateofcolorado



# Care that's convenient

### For the you with a busy schedule

You have many ways to get care when and where you need it – in person and online. Visit kp.org or use our app to schedule or cancel routine and most specialty appointments, or talk to a clinician 24/7 by phone or video.<sup>3</sup>

### Do more in one visit

Many of our facilities have pharmacies and labs in the same building, so you can see your doctor, get your lab tests, and pick up your prescriptions all in one stop.

### Your health at your fingertips<sup>4</sup>

- Get 24/7 virtual care
- Email your care team with nonurgent questions
- View most lab results and doctor's notes
- Refill most prescriptions
- Check in for appointments
- Pay bills and view statements

### Convenient pharmacy services

Refill prescriptions easily through the Kaiser Permanente app, online, in person, or over the phone. Get refill reminders or alerts when new prescriptions are ready to order.

- In-person: Pick up prescriptions the same day at any Kaiser Permanente pharmacy or at affiliated pharmacies such as select Walgreens and King Soopers pharmacy locations.
- Delivery: Have most prescriptions delivered to your home with same-day or next-day delivery options available.<sup>5,6</sup>

Learn more at kp.org/pharmacy.



See how the Kaiser Permanente app puts you in control. **kp.org/mobile** 

# Care that's accessible

### For the you who needs choices

### Colorado medical facilities

29	Kaiser Permanente medical offices	
41	Urgent care facilities	
35	Emergency care facilities	
6	Behavioral health offices	
9	Affiliated providers with extended hours	<b>♦</b>
25	Affiliated hospital/inpatient care	$\Diamond$

Whether you visit a Kaiser Permanente facility or one of our affiliated providers, you can rest assured you'll get the high-quality care you need.

That includes **1,300+** Kaiser Permanente doctors and **14,000+** affiliated plan providers along the Front Range – all screened to meet our rigorous care and safety standards.<sup>7</sup> So you can choose the location and care team that's right for you.

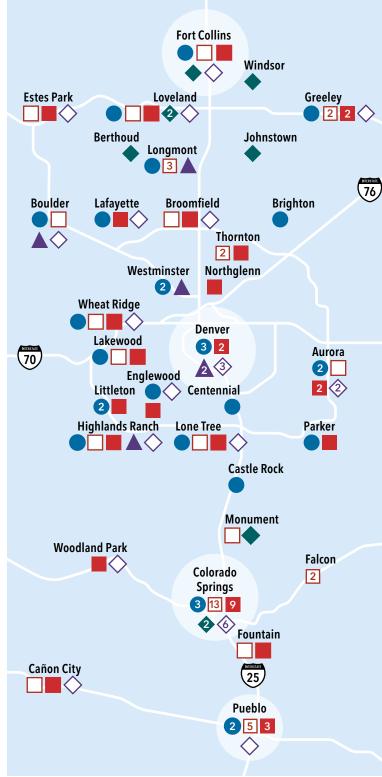
For the most up-to-date list of providers included in your plan, visit **kp.org/locations**.

### **Urgent care at home**



Members who live in the Denver, Boulder, or Longmont areas can get in-home urgent care from DispatchHealth.





### Kaiser Permanente medical offices

### **Central**

### Aurora

### Aurora Centrepoint

14701 E. Exposition Ave. Aurora, CO 80012

### Smoky Hill

16290 E. Quincy Ave. Aurora, CO 80015

### Boulder

### Baseline

580 Mohawk Drive Boulder, CO 80303

### **Brighton**

### **Brighton**

859 S. 4th Ave. Brighton, CO 80601

### **Castle Rock**

### Castle Rock

4318 Trail Boss Drive Castle Rock, CO 80104

### Centennial

### Arapahoe

5555 E. Arapahoe Road Centennial, CO 80122

### Denver

### **East Denver**

10400 E. Alameda Ave. Denver, CO 80247

### Franklin

2045 Franklin St. Denver, CO 80205

### Skyline

1375 E. 20th Ave. Denver, CO 80205

### **Englewood**

### **Englewood**

2955 S. Broadway Englewood, CO 80113

### **Highlands Ranch**

### **Highlands Ranch**

9285 Hepburn St. Highlands Ranch, CO 80129

### Lafayette

### Rock Creek

280 Exempla Circle Lafayette, CO 80026

### Lakewood

### Lakewood

8383 W. Alameda Ave. Lakewood, CO 80226

### Littleton

### Ken Caryl

7600 Shaffer Parkway Littleton, CO 80127

### Southwest

5257 S. Wadsworth Blvd. Littleton, CO 80123

### **Lone Tree**

### Lone Tree

10240 Park Meadows Drive Lone Tree, CO 80124

### Longmont

### Longmont

2345 Bent Way Longmont, CO 80503

### **Parker**

### Parker

10168 Parkglenn Way Parker, CO 80138

### Westminster

### Hidden Lake

7701 Sheridan Blvd. Westminster, CO 80003

### Westminster

11245 Huron St. Westminster, CO 80234

### Wheat Ridge

### **Wheat Ridge**

4803 Ward Road Wheat Ridge, CO 80033

### **Northern**

### **Fort Collins**

### Fort Collins

2950 E. Harmony Road, Suite 190 Fort Collins, CO 80528

### Greeley

### Greeley

2429 35th Ave. Greeley, CO 80634

### Loveland

### Loveland

4901 Thompson Parkway Loveland, CO 80534

### Southern

### **Colorado Springs**

### **Briargate**

4105 Briargate Parkway, Suite 125 Colorado Springs, CO 80920

### **Parkside**

215 Parkside Drive Colorado Springs, CO 80910

### Premier

3920 N. Union Blvd. Colorado Springs, CO 80907

### **Pueblo**

### Acero

2625 W. Pueblo Blvd. Pueblo, CO 81004

### **Pueblo North**

3670 Parker Blvd., Suite 200 Pueblo, CO 81008

For a full list of providers included in your plan, visit **kp.org/locations**.

# Care that's flexible

### For the you with places to be

Within Kaiser Permanente states (California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, Washington, and the District of Columbia), you can get routine, urgent, and emergency care at our facilities. And across the U.S., you can get 24/7 care by phone or video.<sup>8</sup>

You're also covered for urgent and emergency care anywhere in the world. At many locations outside Kaiser Permanente states, you'll just pay your usual copay or coinsurance – no need to file a claim for reimbursement later:

- Cigna Healthcare<sup>SM</sup> PPO Network providers<sup>9</sup>
- MinuteClinic locations and pharmacies
- The Little Clinic locations and pharmacies
- Concentra urgent care clinics

### Kids off to college in another state?

Up to age 26, qualified dependents living outside a Kaiser Permanente area are covered for routine and follow-up care, including up to:<sup>10</sup>

- 5 office visits<sup>11</sup>
- 5 diagnostic X-rays
- 5 prescription drug fills
- 5 therapy visits (combined physical, occupational, and speech)





### Care on the road

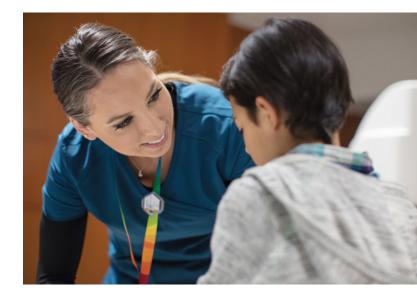
We make it easy to get care – even on the go. Call our 24-hour Away from Home Travel Line at **951-268-3900** for help or visit **kp.org/travel** to learn more.<sup>12</sup>

# Care that's world class

### For the you who expects the best

No matter your needs – mental health, maternity, cancer care, heart health, and beyond – you have access to expert doctors, cutting-edge technology, and the latest evidence-based care.

Learn how our doctors and specialists work for you. **kp.org/specialtycare** 



We're a national leader in screening rates and research, and we're among the top-rated health plans in every state we serve.<sup>13,14,15</sup>

Kaiser Permanente members are:



33% more likely to survive heart disease16

20%

less likely to experience premature death due to cancer<sup>17</sup>



- Kaiser Permanente is number one on Insure.com's 2024 Best Health Insurance Companies list.<sup>18</sup>
- Kaiser Permanente Colorado was the state's highest-performing commercial plan in 2023 by NCQA for 36 of approximately 150 effectiveness-of-care measures.<sup>19</sup>

# Care that's all encompassing

### For the you who wants to explore all your health options

Kaiser Permanente members can get help with depression, anxiety, addiction, and mental or emotional health – without a referral. You also have access to self-care apps to help your overall mental wellness.<sup>20,21</sup>



### Calm

The number one app for sleep, meditation, and relaxation<sup>22</sup>



### **Headspace Care**

Text one-on-one with an emotional support coach anytime, anywhere<sup>23</sup>

Find out more about mental health care. my.kp.org/stateofcolorado

### Video counseling

Schedule one-on-one video counseling with an Amwell mental health therapist – no referral needed. You can get treatment and support for conditions like:<sup>24</sup>

- Stress
- Anxiety
- Depression

- Bipolar disorder
- Obsessive-compulsive disorder (OCD)
- Post-traumatic stress disorder (PTSD)

### Resources for everyday wellness

Take advantage of classes, services, and programs to help you achieve your health and fitness goals.<sup>25</sup>

- Acupuncture, massage therapy, and chiropractic care
- Reduced rates on gym memberships and fitness classes at specialty gyms
- Healthy lifestyle programs
- Wellness coaching

# Getting started with Kaiser Permanente is easy

### It's as simple as a call

With a single call, we'll guide you through each step of joining Kaiser Permanente, so you get the care you need without missing a beat. After enrolling, simply call our New Member Connect Team, Monday through Friday, 8 a.m. to 5 p.m., at 1-844-639-8657 (TTY 711).

### Transition your care seamlessly

Easily move prescriptions and schedule a visit with a doctor who's close to your home, work, or school. From day one, you'll have the support you need to help reach your health goals.

### Find the right doctor for you

Browse our online doctor profiles at **kp.org/findadoctor** to explore all the doctors and locations in your area, even before you enroll. This way, you can join knowing you've found a doctor who fits your needs. Remember, you can choose your doctor and change at any time.

### Connect to care online

After you enroll, create an account at **kp.org** or download the Kaiser Permanente app. Then, manage your health on your schedule—whenever, wherever.

### Learn the basics of health care

If terms like HMO and HSA are new to you, don't worry. We're here to make health care easier to understand. Get help learning the basics at **kp.org/learnthebasics**.

### Call KP COpilot with questions

As a State of Colorado employee, you have exclusive access to KP COpilot, your dedicated concierge team. Your KP COpilot representative is ready to assist you with:

- Choosing or changing plans
- Transitioning your care and prescriptions
- Understanding benefits, deductibles, and out-of-pocket costs
- Getting cost estimates for services
- Answering billing and claims questions
- Getting care

Call 1-888-413-0591.



# Health plan comparisons 2024-2025

**High Deductible Health Plan (HDHP)**: You pay full charges for most services until you reach your deductible.

**Copay Basic and Copay Plus**: You pay copays for most routine care and prescriptions without first meeting your deductible.

	HDHP	Copay Basic	Copay Plus
<b>Deductible</b> (Individual/Family)	\$1,750/\$3,500 <sup>26</sup>	\$1,250/\$2,500	\$750/\$2,000
Out-of-pocket maximum (Individual/Family)	\$5,000/\$8,000/\$10,000	\$4,500/\$9,000	\$3,500/\$7,000
Preventive care	No charge	No charge	No charge
24/7 medical advice by phone	No charge	No charge	No charge
Chat online with a clinician	No charge <sup>27,28</sup>	No charge	No charge
Email (primary or specialty care) <sup>29</sup>	No charge	No charge	No charge
Phone or video visit (primary or specialty care)	No charge <sup>27,28</sup>	No charge	No charge
Primary care			
Office visit	25% coinsurance <sup>28</sup>	\$20 copay	\$20 copay
Specialty care			
Office visit	25% coinsurance <sup>28</sup>	\$40 copay	\$40 copay
Other benefits			
Urgent care	25% coinsurance <sup>28</sup>	\$75 copay	\$75 copay
Emergency room	25% coinsurance <sup>28</sup>	20% coinsurance <sup>28</sup>	\$1,000 copay
Inpatient hospital	25% coinsurance <sup>28</sup>	20% coinsurance <sup>28</sup>	20% coinsurance <sup>28</sup>
Basic radiology	25% coinsurance <sup>28</sup>	20% coinsurance <sup>28</sup>	20% coinsurance <sup>28</sup>
Mental health			
Office visit	No charge <sup>28</sup>	No charge	No charge
Mental health wellness exam	No charge <sup>28</sup>	No charge	No charge
Chat online	No charge <sup>27,28</sup>	No charge	No charge
Phone or video visit	No charge <sup>27,28</sup>	No charge	No charge
Prescription drugs			
Preventive Rx	\$0 copay	\$0 сорау	\$0 сорау
Retail generic	\$10 copay <sup>28</sup>	\$7 сорау	\$10 copay
Retail brand formulary	\$40 copay <sup>28</sup>	\$30 copay	\$30 сорау
Retail nonformulary	\$60 copay <sup>28</sup>	\$60 copay	\$60 сорау
Retail specialty Rx	25% coinsurance up to \$120 per fill <sup>28</sup>	20% coinsurance up to \$120 per fill	20% coinsurance up to \$120 per fill

The information provided is only a summary. Upon enrollment, your *Evidence of Coverage* will contain a description of your coverage, including benefits, exclusions, and limitations. Your *Evidence of Coverage* will prevail over this or any other plan summary.

1. Affiliated providers may or may not have access to your Kaiser Permanente electronic health records. 2. These services are available when you see Kaiser Permanente providers. 3. When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state. 4. See note 2. 5. Not all prescriptions can be mailed; restrictions may apply. Please check with your local pharmacy. 6. Same-day and next-day prescription delivery services may be available for an additional fee. These services aren't covered under your health plan benefits and may be limited to specific prescription drugs, pharmacies, and areas. Order cutoff times and delivery days may vary by pharmacy location. Kaiser Permanente isn't responsible for delivery delays by mail carriers. Kaiser Permanente may discontinue same-day and next-day prescription delivery services at any time without notice, and other restrictions may apply. Medi-Cal and Medicaid beneficiaries should ask their pharmacy for more information about prescription delivery. 7. Choice of providers varies by plan, service area, and availability at the time of selection and is subject to change. Provider and location information is current at the time of publication and is subject to change. 8. See note 3. 9. The Cigna Healthcare™ PPO Network refers to the health care providers (doctors, hospitals, specialists) contracted as part of the Cigna Healthcare PPO for Shared Administration. Cigna Healthcare is an independent company and not affiliated with Kaiser Foundation Health Plan, Inc., and its subsidiary health plans. Access to the Cigna Healthcare PPO Network is available through Cigna Healthcare's contractual relationship with the Kaiser Permanente health plans. The Cigna Healthcare PPO Network is provided exclusively by or through operating subsidiaries of The Cigna Group, including Cigna Health and Life Insurance Company. The Cigna Healthcare name, logo, and other marks are owned by Cigna Intellectual Property, Inc. 10. Available for members with an HMO, DHMO, or high deductible health plan with an HSA. PPO and POS plans are not eligible for the out-of-area benefit coverage. Your specific benefits may vary if your membership is through the Federal Employees Health Benefits Program or Medicare. For more information, please refer to your Evidence of Coverage or other coverage documents. 11. Starting January 1, 2025, as plans renew, the benefit for office visits will increase to 10 visits. 12. This number can be dialed inside and outside the United States. Before the phone number, dial "001" for landlines and "+1" for mobile lines if you're outside the country. Long-distance charges may apply, and we can't accept collect calls. This phone line is closed on major holidays (New Year's Day, Easter, Memorial Day, July Fourth, Labor Day, Thanksgiving, and Christmas). It closes early the day before a holiday at 11 p.m. and reopens the day after a holiday at 5 a.m. 13. The source for data contained in this publication is Quality Compass® 2023 and is used with the permission of the National Committee for Quality Assurance (NCQA). Quality Compass 2023 includes certain Consumer Assessment of Healthcare Providers and Systems (CAHPS®) data. Any data display, analysis, interpretation, or conclusion based on these data is solely that of the authors, and NCQA specifically disclaims responsibility for any such display, analysis, interpretation, or conclusion. Quality Compass is a registered trademark of NCQA. CAHPS is a registered trademark of the Agency for Healthcare Research and Quality (AHRQ). 14. 2021 Annual Report, Kaiser Permanente, about kaiserpermanente.org/ who-we-are/annual-reports/2021-annual-report. 15. NCQA's Private Health Insurance Plan Ratings 2022-2023, National Committee for Quality Assurance, 2022: Kaiser Foundation Health Plan of Colorado – HMO (rated 4 out of 5); Kaiser Foundation Health Plan of Georgia, Inc. – HMO (rated 4 out of 5); Kaiser Foundation Health Plan, Inc., of Hawaii – HMO (rated 4 out of 5); Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. – HMO (rated 5 out of 5); Kaiser Foundation Health Plan, Inc., of Northern California - HMO (rated 4.5 out of 5); Kaiser Foundation Health Plan of the Northwest - HMO (rated 4 out of 5); Kaiser Foundation Health Plan, Inc., of Southern California – HMO (rated 4.5 out of 5); Kaiser Foundation Health Plan of Washington – HMO (rated 4 out of 5). 16. Elizabeth A. McGlynn, PhD, et al., "Measuring Premature Mortality Among Kaiser Permanente Members Compared to the Community," July 20, 2022. 17. See note 16. 18. "Best Health Insurance Companies For 2024," Insure.com, March 6, 2024. 19. Kaiser Permanente 2023 HEDIS® scores. Benchmarks provided by the National Committee for Quality Assurance (NCQA) Quality Compass® and represent all lines of business. Kaiser Permanente combined region scores were provided by the Kaiser Permanente Department of Care and Service Quality. The source for data contained in this publication is Quality Compass 2023 and is used with the permission of NCQA. Quality Compass 2023 includes certain CAHPS data. Any data display, analysis, interpretation, or conclusion based on these data is solely that of the authors, and NCQA specifically disclaims responsibility for any such display, analysis, interpretation, or conclusion. Quality Compass® and HEDIS® are registered trademarks of NCQA. CAHPS® is a registered trademark of the Agency for Healthcare Research and Quality. 20. The apps and services described above are not covered under your health plan benefits, are not a Medicare-covered benefit, and are not subject to the terms set forth in your Evidence of Coverage or other plan documents. The apps and services may be discontinued at any time. 21. Calm can be used by members 13 and over. The Headspace Care app and services are not available to any members under 18 years old. 22. Calm is the number one app for sleep, meditation, and relaxation. Learn more at calm.com/blog/about. 23. Eligible Kaiser Permanente members can text with a coach using the Headspace Care app for 90 days per year. After the 90 days, members can continue to access the other services available on the Headspace Care app for the remainder of the year at no cost. 24. See note 3. 25. The services described above are not covered under your health plan benefits and are not subject to the terms set forth in your Evidence of Coverage or other plan documents. These services may be discontinued at any time without notice. 26. If you have other family members enrolled on the HDHP plan, the overall family deductible must be met before the plan begins to pay. 27. Online chat with a clinician or mental health specialist, as well as video and phone services, are offered at no additional cost for most health plans. With some PPO or high deductible health plans, a copayment, coinsurance or deductible must be met first before these services are provided at no additional cost. 28. Your cost share after you have met your deductible. 29. These services are available when you get care from Kaiser Permanente facilities. 30. Kaiser Permanente internal data, 2019; "12 Trends Influencing the Future of Workplace Benefits," Aflac, 2018; U.S. Bureau of Labor Statistics, 2018.

Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii ■ Kaiser Foundation Health Plan of Colorado ■ Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305 ■ Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 ■ Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 ■ Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 2715 Naches Ave. SW, Renton, WA 98057

### NONDISCRIMINATION NOTICE

Kaiser Foundation Health Plan of Colorado (Kaiser Health Plan) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no-cost aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats, such as large print, audio, and accessible electronic formats
- Provide no-cost language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, call 1-800-632-9700 (TTY 711).

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by mail at: Customer Experience Department, Attn: Kaiser Permanente Civil Rights Coordinator, 10350 E. Dakota Ave, Denver, CO 80247, or by phone at Member Services **1-800-632-9700** (TTY **711**).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, (TTY 1-800-537-7697). Complaint forms are available at hhs.gov/ocr/office/file/index.html.

### **HELP IN YOUR LANGUAGE**

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. Call **1-800-632-9700** (TTY **711**).

**አማርኛ (Amharic) ማስታወሻ:** የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ **1-800-632-9700** (TTY **711**).

العربية (Arabic) ملحوظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 9700-632-800 (711 TTY).

Ɓǎsɔɔ̀ Wùdù (Bassa) Dè dε nìà kε dyédé gbo: Ͻ jǔ ké m̀ Ɓàsɔ́ɔ-wùdù-po-nyɔ̀ jǔ ní, nìí, à wudu kà kò dò po-poɔ̀ bεìn m̀ gbo kpáa. Đá 1-800-632-9700 (TTY 711)

中文 (Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-632-9700 (TTY 711)。

فارسی (Farsi) توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 9700-632-800-1 (711 TTY) تماس بگیرید.

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-632-9700 (TTY 711).

**Deutsch (German) ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: **1-800-632-9700** (TTY **711**).

Igbo (Igbo) NRUBAMA: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, diiri gi. Kpoo 1-800-632-9700 (TTY 711).

日本語 (Japanese) 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-632-9700 (TTY 711) まで、お電話にてご連絡ください。

한국어 (Korean) 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-632-9700 (TTY 711) 번으로 전화해 주십시오.

Naabeehó (Navajo) Díí baa akó nínízin: Díí saad bee yánílti go Diné Bizaad, saad bee áká ánída áwo déé, tá jiik eh, éi ná hóló, koji hódíílnih 1-800-632-9700 (TTY 711).

नेपाली (Nepali) ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । 1-800-632-9700 (TTY: 711) फोन गर्नुहोस् ।

Afaan Oromoo (Oromo) XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-632-9700 (TTY 711).

**Русский (Russian) ВНИМАНИЕ:** если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-800-632-9700** (TTY **711**).

**Español (Spanish) ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-632-9700** (TTY **711**).

**Tagalog (Tagalog) PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-800-632-9700** (TTY **711**).

**Tiếng Việt (Vietnamese) CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-800-632-9700** (TTY **711**).

Yorùbá (Yoruba) AKIYESI: Ti o ba nso ede Yoruba ofe ni iranlowo lori ede wa fun yin o. E pe ero ibanisoro yi 1-800-632-9700 (TTY 711).

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