

Traveling? You're covered on the go.

Travel within the Kaiser Permanente Washington area

Pay your standard in-network copay, coinsurance, or deductible:

- Nearest Kaiser Permanente urgent care
- Nearest Summit PPO preferred in-network urgent care, provider, or hospital
- Nearest First Choice Health network provider or hospital

Travel in another Kaiser Permanente area

Before receiving care at a Kaiser Permanente facility outside the Kaiser Permanente Washington area, call Member Services to get a visiting member ID number.

Pay your standard in-network copay, coinsurance, or deductible:

- Nearest Kaiser Permanente urgent care
- Nearest First Choice Health or First Health Network provider

Pay upfront for services, then file for reimbursement:

- Nearest MinuteClinic® (in select CVS and Target stores), Concentra urgent care center, or The Little Clinic (in select Kroger stores)¹

Travel in non-Kaiser Permanente states

Pay your applicable copay, coinsurance, or deductible:

- Nearest First Choice Health or First Health Network provider
- Nearest MinuteClinic® (in select CVS and Target stores), Concentra urgent care center, or The Little Clinic (in select Kroger stores)¹
- Nearest urgent care²

International travel

- Nearest urgent care or hospital²
- Health advice from our Travel Advisory Service – details available at kp.org/wa/travel-service

Emergency care while traveling³

- **In the United States**, call **911** or go to the nearest hospital.
- **Outside the U.S.**, call the local emergency number of the country you're visiting, or go to the closest emergency room.
- **If admitted to a hospital**, call our Hospital Notification Line at **1-888-457-9516** as soon as reasonably possible.

(See network map on back)

Questions? We're here for you.

Before getting nonemergency care outside of the Kaiser Permanente Washington area, call Member Services at **1-888-901-4636** (TTY **711**). They'll help you find the closest care option or answer any questions. You can also visit kp.org/wa/travel for more information.

Find care near you

TIER 1: Preferred in-network

King, Kitsap, Pierce, Snohomish, Spokane, and Thurston counties

- Kaiser Permanente clinicians
- Summit PPO preferred in-network providers or hospitals
- Visit kp.org/wa/find-a-doctor and choose the Summit PPO network

Note: Tier 2 copays, coinsurance, or deductibles may apply when you get care from a provider in these counties that is not a Kaiser Permanente or Summit PPO preferred in-network provider.

TIER 2: In-network

All other Washington counties and nearby states: Alaska, Idaho, Montana, and Oregon

- First Choice Health network
- To find a provider: Go to fch.com/ProviderSearch/KFHPWAO

All other states

- First Health Network
- To find a provider: Go to myfirsthealth.com. Click "Start now" and fill out type of provider and location information. Click "Search now" to view results.

Other in-network providers

- Visit kp.org/wa/find-a-doctor and choose the Summit PPO network

TIER 3: Out-of-network

- Care from any licensed provider in the United States
- Out-of-network copays, coinsurance, or deductibles apply; services may be subject to balance billing

Nonurgent care options

When getting care from Kaiser Permanente, you can:



Call our 24/7 advice line



Use our 24/7 chat via secure online messaging



Email your Kaiser Permanente care team with nonurgent health questions



Schedule a video visit to meet with a clinician on your smartphone, tablet, or computer, or talk by video anytime, 24/7⁴



Schedule a phone visit to talk with your doctor, or call to talk with a clinician 24/7⁴

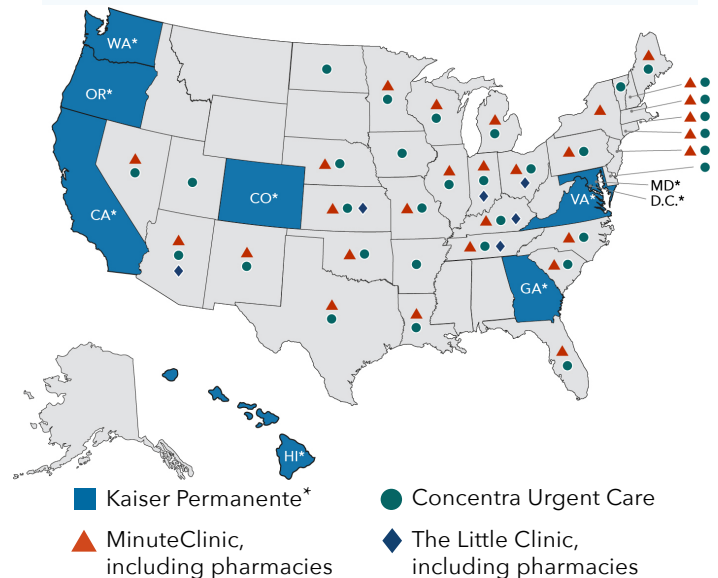
Learn more at kp.org/wa/getcare.

Pharmacy access



Tier 1: In-network access to all pharmacies listed at kp.org/wa/find-a-doctor.

Tier 2: In-network access to the OptumRx pharmacy network. Visit kp.org/wa/optumrx-wa for Washington pharmacies or call Member Services for information about pharmacies in other states.



1. For care at a MinuteClinic®, Concentra, or The Little Clinic urgent care center, you'll be charged your applicable copay, coinsurance, or deductible. Be sure to bring your Kaiser Permanente ID card and a method of payment. 2. Urgent care services are subject to out-of-network copays, coinsurance, or deductibles. 3. If you believe you have an emergency medical condition, call 911 or go to the nearest hospital. For the complete definition of an emergency medical condition, please refer to your *Evidence of Coverage* or other coverage documents. 4. When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

All plans offered and underwritten by Kaiser Foundation Health Plan of Washington Options, Inc.