

Access a health program built just for you

OEBB is offering Omada® to help eligible members manage their weight and create healthier habits. The program includes one-on-one personal coaching and tools to make long-lasting health changes.

Omada is available to members who are at risk for type 2 diabetes or heart disease, and/or have a BMI over 25. Members must also be ages 18 years and older to participate.




Join Omada for access to:

- ✓ One-on-one support from a health coach
- ✓ Easy monitoring with a smart scale
- ✓ Online peer groups and communities



Get started*
omadahealth.com/oebb

Omada helps members

-  See smart scale readings in the Omada app after each use
-  Eat healthier without counting calories or cutting out favorite foods
-  Get up and move—do more physical activities that you enjoy



All eligible members receive a welcome kit

Get an easy-to-use smart scale shipped right to your door.

- ✓ Readings sync automatically to the app
- ✓ See how habit changes can impact your overall health
- ✓ Get a personalized plan based on progress

OEBB members who are covered by Kaiser Permanente may be eligible for the Omada program at no additional cost.

*Certain features and smart devices are only available if you meet program and clinical eligibility requirements.

Images, including apps, do not reflect real members or information about a specific person.