

# **Gender Affirming Health Care and Coverage**

### Compassionate, high-quality care for transgender and gender diverse members



We are proud to partner with our gender diverse patients and families to address their health care needs.

Kaiser Permanente creates an accepting, sensitive, and caring environment for our gender diverse community.

## Personal support throughout the care journey

Here's a look at the benefits and services that are covered for transgender and gender diverse members and an overview of how our care delivery teams support you through your care journey.

#### It starts with primary care

If you are considering hormone therapy or gender affirming surgery, the first thing you should do is visit your primary care provider – someone who not only understands your medical history but also knows you as a person.

When you're ready to pick a primary care provider, ask to make sure you are connected with a gender health champion. This way you'll be connected with the right specialists, services, and treatment.

#### Connecting with a care team

From there, the primary care provider may introduce you to specialists and other caregivers familiar with the unique challenges of transitioning. Care teams collaborate to provide medical, psychological, and emotional support throughout the process.

#### What's covered

Based on medical necessity for the treatment of gender dysphoria, coverage for fully insured plan members includes mental health therapy, hormone therapy, mastectomy with chest reconstruction, breast augmentation, gender affirming lower-body surgeries (male-to-female and female-to-male), tracheal shave, and facial hair removal.<sup>2</sup> You can find a detailed list of covered services on the next page.

# **Gender Affirming Health Care and Coverage**

#### Learn more

To learn more about your health plan benefits, contact Member Services at 303-338-3800 or 1-800-632-9700 (TTY 711), or visit kp.org/eoc.

For medical financial counseling assistance for gender affirming care, call **303-743-5378** (TTY **711**), 8 a.m. to 5 p.m., Monday through Friday.

Covered care and services <sup>1,2</sup>	
Medical and Mental Health office visits	Pharmacy services
Inpatient hospital care	Breast augmentation <sup>2</sup>
Gender affirming lower-body surgeries	Outpatient care
Lab and imaging services	Mastectomy
Treatment for medical complications	Hormone therapy visits and administration
Pre- and post-operative exams	Travel and lodging (when referred by Kaiser Permanente to a facility outside the service area)

Coverage for specific surgical services <sup>1,2</sup>		
Gender affirming lower-body surgeries		
Clitoroplasty	Orchiectomy	
Erectile prosthesis	Phalloplasty	
Gonadal surgery	Scrotoplasty	
Hysterectomy	Urethral extension	
Labiaplasty	Vaginectomy	
Metoidioplasty	Vaginoplasty	
Other Covered Services		
Facial hair removal <sup>2</sup>	Tracheal shave	

686525145\_21\_TransgenderBenefit\_CO



<sup>1.</sup> Coverage may vary depending upon plan type. Members should refer to their Evidence of Coverage or Membership Agreement for details. Covered services are based on medical necessity and may be subject to change. All services for the treatment of gender dysphoria are subject to the benefit rules, limitations, and exclusions stated in the Evidence of Coverage or Membership Agreement. Applicable copay/coinsurance and/or deductible apply.

<sup>2.</sup> Federal Employee Health Plans do not cover facial hair removal or breast augmentation.