

Plastic bottle bird feeder

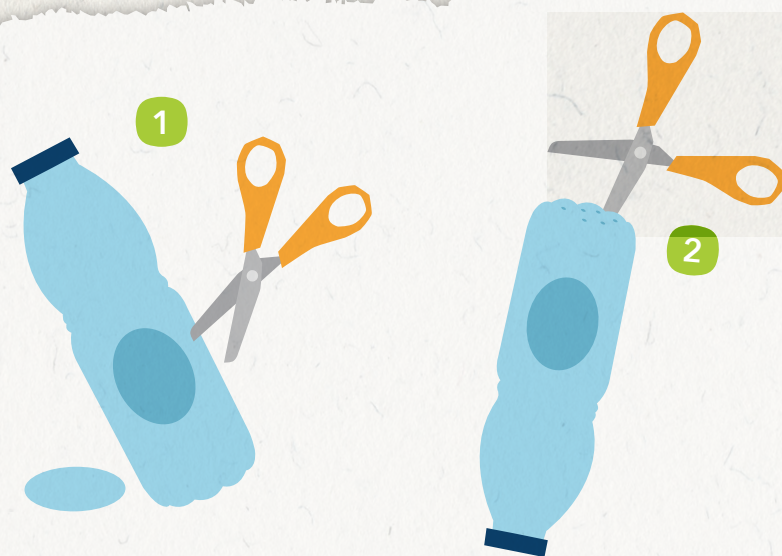
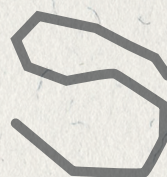


Have you heard of upcycling? Turning something old and unwanted into something new and useful is a beautiful way to reduce your waste. Plus, it's great for the environment. Give it a try!

When you've finished with this sheet, flip it over to find some top tips on recycling. You can pop the top tips on your fridge for easy access.

You'll need:

- Plastic drinks bottles
- Yoghurt pots or milk cartons (make sure they're clean)
- Wire or string
- Bird seed
- Scissors



How to make your bird feeder:

1. Cut a small hole in the side to allow a free flow of seeds, but be careful not to let them fall out
2. Make a few small holes in the bottom of your feeder to allow any rainwater to drain away
3. Fill your bottle with seeds, then hang it up with some wire or string

If your feeder starts to wear out or the food in it goes mouldy, recycle it and make another one! Remember to keep your feeders well stocked, especially during winter. That way, the birds that enjoy your feeder won't go hungry.



It's what we do

Recycling do's and don'ts

Recycling can be confusing, especially when different councils have their own recycling rules. Use our handy guide and make recycling at home simple.

How eco-friendly are you?

Tick off as many of our **DO'S** and **DON'TS** that you already do around the house, and see if you're an **eco super-star!**

DO

- ☐ Check local recycling laws
- ☐ Separate metals, plastics and cardboard
- ☐ Empty and rinse containers

At Co-op we care about the world we share, look out for our exciting new sustainability initiatives coming soon!

To find out more about the recycling rules in your area, go to gov.uk/recycling-collections



It's what we do

DON'T

- ☐ Use tissues as compost
- ☐ Put greasy wrappers in your bin
- ☐ Recycle plastic bags with other plastics
- ☐ Recycle greasy things

What happens to your recyclables...

Milk cartons, cleaning products, yoghurt pots, soap dispensers



Garden furniture, pipes and more milk cartons

Margarine tubs, microwave meal trays, carpet fibres, wall coverings

Clothing fibres, food containers and speed humps



Food bags, shopping bags, magazine wrappings

Bin liners, plastic furniture and floor tiles

