



# International Women's Day

International Women's Day - 8 March

Share these conversation starters with another person or group to reflect on the day and talk about the women who inspire you.

Choose one from the below:

Which woman in your life inspires you and why?

Which accomplishment by a woman you know makes you proud?



Choose one from the below:

What does inclusion mean to you?

Share a time you've felt included or have included others.



Choose one from the below:

What can you do to inspire inclusion?

What are some barriers that may prevent inclusion?



Choose one from the below:

What's your understanding of an ally?

What's your experience of allyship?



Choose one from the below:

What have you learnt the most from today?

What has surprised you most from today?



Choose one from the below:

What have you enjoyed most about today?

What can others do to inspire inclusion?



Choose one from the below:

What have you enjoyed most about today?

What activity or event today resonated with you most?



Choose one from the below:

What's one thing you'll change following today?

What's your pledge for IWD 24?

