

| Coop ISB Allergen Information Guide - 16th October 2019 | | | |
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| For Allergens, including cereals containing gluten, please see below. | | | |
| Due to the way products are prepared in store, they may also contain other allergens. | | | |
| PLU Number | Name | Suitable for: | Allergy Advice Contains: |
| 345 | Apple Crown with Almond | <i>Vegetarian</i> | Almond, Egg, Wheat. |
| 250 | Bakewell Tart | <i>Vegetarian</i> | Almond, Egg, Wheat, Soya |
| 751 | Banana and Blueberry Muffin | <i>Vegetarian</i> | Egg, Oats, Milk, Wheat |
| 538 | Blueberry Crown with Almond | <i>Vegetarian</i> | Almond, Egg, Wheat |
| 791 | Cheese and Tomato Pizza | <i>Vegetarian</i> | Milk, Wheat |
| 193 | Cheese Twist | <i>Vegetarian</i> | Barley, Milk, Mustard, Sulphites, Wheat. |
| 78 | Chocolate Twist | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 592 | Choc Hazelnut Croissant | <i>Vegetarian</i> | Egg, Hazelnuts, Milk, Soya, Wheat |
| 81 | Ciabatta Roll | <i>Vegan</i> | Wheat |
| 95 | Cinnamon Swirl | <i>Vegetarian</i> | Egg, Milk, Wheat. |
| 147 | Demi Baguette | <i>Vegan</i> | Wheat |
| 199 | Fruit Scone | <i>Vegetarian</i> | Milk, Wheat |
| 218 | Maple Pecan Plait | <i>Vegetarian</i> | Egg, Milk, Pecan Nuts, Wheat. |
| 162 | Medium Petit Pain | <i>Vegan</i> | Wheat |
| 213 | Multiseed Triangle | <i>Vegan</i> | Barley, Rye, Wheat |
| 189 | Pain Au Chocolate | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat. |
| 77 | Pain Au Raisin | <i>Vegetarian</i> | Egg, Milk, Wheat. |
| 1965 | Spicy Tomato Crown | <i>Vegetarian</i> | Egg, Milk, Wheat |
| 294 | Cheese & Tomato Swirly | <i>Vegetarian</i> | Egg, Milk, Celery, Wheat |
| 317 | Portuguese Custard Tart | <i>Vegetarian</i> | Egg, Milk, Wheat |
| 271 | Pretzel | <i>Vegetarian</i> | Milk, Wheat |
| 277 | Pumpkin & Sunflower Seed Roll | <i>Vegan</i> | Wheat |
| 668 | Irresistible Jalapeno and Cheddar Roll | <i>Vegetarian</i> | Barley, Milk, Wheat |
| 773 | Irresistible Kalamata Olive Roll | <i>Vegan</i> | Barley, Rye, Wheat |
| 82 | Irresistible Almond Croissant | <i>Vegetarian</i> | Egg, Milk, Almond, Wheat |
| 166 | Irresistible Croissant | <i>Vegetarian</i> | Egg, Milk, Wheat. |
| 764 | Raspberry Croissant | <i>Vegetarian</i> | Egg, Milk, Wheat |
| 1079 | Vanilla Crown with Nuts | <i>Vegetarian</i> | Almond, Egg, Hazelnut, Milk, Wheat |
| 157 | White Crusty Roll | <i>Vegan</i> | Wheat |
| 163 | White Rustic Roll | <i>Vegan</i> | Wheat |
| 1051 | White Parisien | <i>Vegan</i> | Wheat |
| 798 | White Baton | <i>Vegan</i> | Wheat |
| 762 | Irresistible Kalamata Olive Bloomer | <i>Vegan</i> | Barley, Rye, Wheat |
| 767 | Irresistible Cheddar & Jalapeno Bloomer | <i>Vegetarian</i> | Barley, Milk, Wheat |
| 749 | Irresistible Cheddar & Onion Bloomer | <i>Vegetarian</i> | Barley, Milk, Wheat |
| 738 | Irresistible Sourdough Bloomer | <i>Vegan</i> | Barley, Wheat |
| 783 | Crusty White Cob | <i>Vegan</i> | Wheat |
| 743 | Multiseed Bloomer | <i>Vegan</i> | Barley, Sesame Seeds, Wheat |
| 757 | Irresistible Rosemary & Olive Oil Bloomer | <i>Vegan</i> | Barley, Wheat |
| 760 | Tiger Bread | <i>Vegan</i> | Barley, Wheat |
| 784 | Organic Brown Bloomer | <i>Vegan</i> | Barley, Wheat |
| 766 | White Farmhouse Loaf | <i>Vegan</i> | Wheat |
| 753 | Custard Flavour Doughnut | <i>Vegan</i> | Wheat |
| 128 | Jam Doughnut | <i>Vegan</i> | Wheat |
| 733 | Milk Chocolate Cookie | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 781 | White Chocolate Cookie | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 729 | Double Chocolate Cookie | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 736 | Oat & Raisin Cookie | <i>Vegetarian</i> | Egg, Oats, Milk, Wheat |
| 755 | Apple Puff Pastry Pie | <i>Vegan</i> | Wheat |
| 725 | Glazed Ring Doughnut | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 127 | Irresistible Granola | <i>Vegetarian</i> | Egg, Oats, Milk, Wheat |
| 124 | Irresistible White Chocolate Cookie | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 62 | Irresistible Triple Chocolate Cookie | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 132 | Irresistible Milk Chocolate Cookie | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 728 | Irresistible Chocolate Chip Shortbread | <i>Vegetarian</i> | Milk, Soya, Wheat |
| 676 | Chocolate Easter Egg Muffin | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 837 | Strawberry Shortcake Doughnut | <i>Vegetarian</i> | Milk, Wheat |
| n/a | Irresistible Three Cheese Sourdough Bloomer | <i>Vegetarian</i> | Barley, Milk, Wheat |
| n/a | Poppy Seed Baguette | <i>Vegan</i> | Wheat |
| 4829 | Irresistible Salted Caramel Brownie | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| 1158 | Raspberry Filled Star Doughnut | <i>Vegetarian</i> | Egg, Milk, Wheat |
| Recent Delists | | | |
| 1052 | Snowflake Cinnamon Swirl | <i>Vegetarian</i> | Egg, Milk, Wheat. |
| 1303 | Chocolate and Salted Caramel Doughnut | <i>Vegetarian</i> | Milk, Wheat |
| 322 | Double Chocolate Doughnut | <i>Vegetarian</i> | Milk, Soya, Wheat |
| 940 | Irr Brioche Chocolate & Orange Croissant | <i>Vegetarian</i> | Egg, Milk, Soya, Wheat |
| Where indicated products do not contain any ingredients that would make them unsuitable for vegetarians/vegans.However they have been prepared in an area with non-vegetarian/vegan products. | | | |