

## Fairtrade Fortnight

February 22 – March 7

We've supported Fairtrade for over 25 years, and we're proud to sell their products in our stores. This year, let's share a message of kindness, fairness and community and show locals what Co-op and Fairtrade are all about.



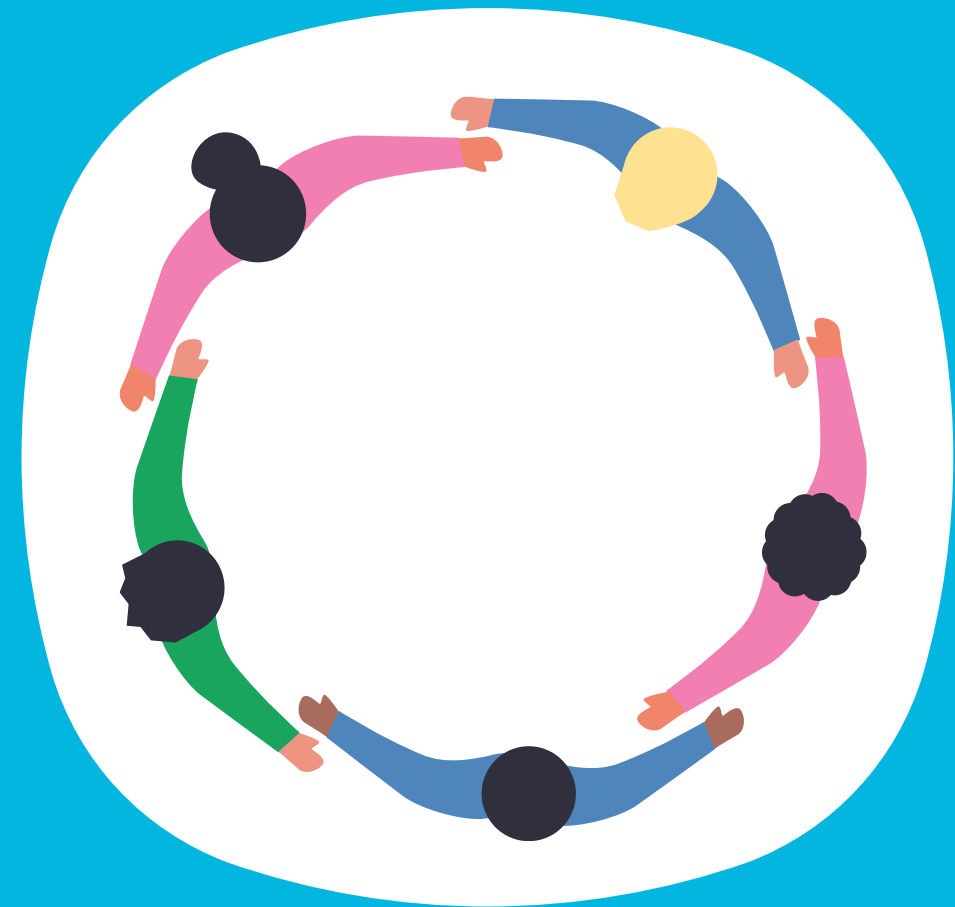
## Mother's Day

Sunday 14 March

Mums are amazing, and we think they deserve to be spoiled. This Mother's Day, you can help your community show mums some love by treating them like royalty. Our custom-made crown and some breakfast in bed should do the trick.



It's what we do



# Your Local Engagement Pack

Q1 2021



It's what we do



# 2021 Activity Pack

At Co-op, we're all about community, and reaching out to locals is a part of what we do. Help your community celebrate the moments that matter to them with our handy engagement pack, featuring lots of fun activities for key events throughout the year.

If you have any questions or need a helping hand, just email [helloneighbour@coop.co.uk](mailto:helloneighbour@coop.co.uk)

## Mental Health and Wellbeing

If keeping your body fit is important, then so is supporting your mind. Help your community look after their mental health with these fun and simple activities. Great for the whole family.



## Buddhist New Year

With over 520 million followers worldwide, Buddhism is Earth's fourth-largest religion. Celebrations differ from country to country, but you can use these activities to introduce your community to the Buddhist way of life.



## Chinese New Year Friday 12 February

With celebrations starting when a new moon appears, the date for Chinese New Year changes annually. This year, the year of the mighty ox, celebrations start on 12 February. Encourage your community to join the fun by colouring in an ox mask and making our delicious prawn and cabbage dumplings.

