

### Coop ISB Allergen Information Guide - 16th Sept 2020

For Allergens, including cereals containing gluten, please see below.

Due to the way products are prepared in store, they may also contain other allergens.

PLU Number	Name	Suitable for:	Allergy Advice Contains:
345	Apple Crown with Almond	<i>Vegetarian</i>	Almond, Egg, Wheat.
791	Cheese and Tomato Pizza	<i>Vegetarian</i>	Milk, Wheat
2130	Cheese Twist	<i>Vegetarian</i>	Wheat, Milk
78	Chocolate Twist	<i>Vegetarian</i>	Wheat, Milk
592	Choc Hazelnut Croissant	<i>Vegetarian</i>	Egg, Hazelnuts, Milk, Soya, Wheat
81	Ciabatta Roll	<i>Vegan</i>	Wheat
95	Cinnamon Swirl	<i>Vegetarian</i>	Egg, Wheat.
147	Demi Baguette	<i>Vegan</i>	Wheat
218	Maple Pecan Plait	<i>Vegetarian</i>	Egg, Milk, Pecan Nuts, Wheat.
162	Medium Petit Pain	<i>Vegan</i>	Wheat
213	Brown Multiseed Triangle Roll	<i>Vegan</i>	Barley, Rye, Wheat
189	Pain Au Chocolate	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat.
77	Pain Au Raisin	<i>Vegetarian</i>	Egg, Milk, Wheat.
294	Cheese & Tomato Swirly	<i>Vegetarian</i>	Milk, Celery, Wheat
317	Portuguese Custard Tart	<i>Vegetarian</i>	Egg, Milk, Wheat
271	Pretzel	<i>Vegetarian</i>	Milk, Wheat
277	Pumpkin & Sunflower Seed Roll	<i>Vegan</i>	Wheat
668	Irresistible Jalapeno and Cheddar Roll	<i>Vegetarian</i>	Barley, Milk, Wheat
773	Irresistible Kalamata Olive Roll	<i>Vegan</i>	Barley, Rye, Wheat
166	Irresistible Croissant	<i>Vegetarian</i>	Egg, Milk, Wheat.
764	Raspberry Croissant	<i>Vegetarian</i>	Egg, Milk, Wheat
1079	Vanilla Crown with Nuts	<i>Vegetarian</i>	Almond, Egg, Hazelnut, Milk, Wheat
157	White Crusty Roll	<i>Vegan</i>	Wheat
163	White Rustic Roll	<i>Vegan</i>	Wheat
128	Jam Doughnut	<i>Vegan</i>	Wheat
755	Apple Puff Pastry Pie	<i>Vegan</i>	Wheat
1525	Glazed Ring Doughnut	<i>Vegetarian</i>	Egg, Wheat
62	Irresistible Triple Chocolate Cookie	<i>Vegetarian</i>	Milk, Soya, Wheat
4829	Irresistible Salted Caramel Brownie	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
2803	Irresistible Cheddar Croissant	<i>Vegetarian</i>	Egg, Milk, Wheat
1755	Soft White Roll	<i>Vegan</i>	Wheat
1596	Tiger Roll	<i>Vegan</i>	Wheat, Barley
1181	Irresistible Carrot Cake Muffin	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat

**Where indicated products do not contain any ingredients that would make them unsuitable for vegetarians/vegans. However they have been prepared in an area with non-vegetarian/vegan products.**