

Co-op ISB Allergen Information Guide - 2nd June 2023

For Allergens, including cereals containing gluten, please see below.

Due to the way products are prepared in store, they may also contain other allergens.

PLU Number	Name	Suitable for:	Allergy Advice Contains:
345	Apple Crown with Almond	<i>Vegetarian</i>	Almond, Egg, Wheat.
755	Apple Puff Pastry Pie	<i>Vegan</i>	Wheat
6345	Bakewell Tart	<i>Vegetarian</i>	Egg, Milk, Sulphites, Wheat
6376	Brown Seeded Square Roll	<i>Vegan</i>	Barley, Wheat
294	Cheese & Tomato Pizza Swirly	<i>Vegetarian</i>	Milk, Celery, Wheat
6722	Cheese Twist	<i>Vegetarian</i>	Egg, Milk, Wheat
592	Choc Hazelnut Croissant	<i>Vegetarian</i>	Egg, Hazelnuts, Milk, Soya, Wheat
6622	Chocolate Twist	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
81	Ciabatta Roll	<i>Vegan</i>	Wheat
95	Cinnamon Swirl	<i>Vegetarian</i>	Egg, Wheat.
2803	Irresistible Cheddar Croissant	<i>Vegetarian</i>	Egg, Milk, Wheat
166	Irresistible Croissant	<i>Vegetarian</i>	Egg, Milk, Wheat.
6701	Irresistible Kalamata Olive Roll	<i>Vegan</i>	Wheat
6346	Irresistible Mediterranean Style Focaccia	<i>Vegetarian</i>	Milk, Wheat
62	Irresistible Triple Chocolate Cookie	<i>Vegetarian</i>	Milk, Soya, Wheat
128	Jam Ball Doughnut	<i>Vegan</i>	Wheat
218	Maple Pecan Plait	<i>Vegetarian</i>	Egg, Milk, Pecan Nuts, Wheat.
6663	Medium Petit Pain	<i>Vegan</i>	Wheat
189	Pain Au Chocolate	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat.
77	Pain Au Raisin	<i>Vegetarian</i>	Egg, Milk, Wheat.
317	Portuguese Custard Tart	<i>Vegetarian</i>	Egg, Milk, Wheat
6642	Pretzel	<i>Vegan</i>	Barley, Wheat
277	Pumpkin & Sunflower Seed Roll	<i>Vegan</i>	Wheat
764	Raspberry Croissant	<i>Vegan</i>	Wheat
6711	Salted Caramel & Chocolate Loaded Brownie	<i>Vegetarian</i>	Egg, Milk, Soya, Wheat
6374	Salt and Pepper Tiger Roll	<i>Vegan</i>	Wheat
1755	Soft White Roll	<i>Vegan</i>	Wheat
1079	Vanilla Crown with Nuts	<i>Vegetarian</i>	Almond, Egg, Hazelnut, Milk, Wheat
157	White Crusty Roll	<i>Vegan</i>	Wheat
6721	White Demi Baguette	<i>Vegan</i>	Wheat
163	White Rustic Roll	<i>Vegan</i>	Wheat

Where indicated products do not contain any ingredients that would make them unsuitable for vegetarians/vegans. However they have