

# Club

## Schedule 28.03 - 3.04

MA 28.03	DI 29.03	WO 30.03	DO 31.03	VR 1.04	ZA 2.04	ZO 3.04
<b>09:15</b> 60m <b>BodyBalance</b> Anna .	<b>09:15</b> 60m <b>Pilates</b> Mala .	<b>09:15</b> 60m <b>BodyBalance</b> Lorain .	<b>09:15</b> 60m <b>BodyBalance</b> Judith .	<b>09:15</b> 60m <b>BodyBalance</b> Laura .	<b>09:15</b> 60m <b>Essentrics</b> Eva .	<b>09:15</b> 60m <b>BodyPump</b> Brik .
<b>09:15</b> 60m <b>BodyPump</b> Marvin .	<b>10:15</b> 60m <b>Yin Yoga</b> Mala .	<b>09:15</b> 60m <b>Zumba</b> Lina .	<b>09:15</b> 60m <b>SuperCycle spinning</b> Jeroen .	<b>09:15</b> 60m <b>BodyPump</b> Berry .	<b>09:15</b> 60m <b>BodyBalance</b> Judith .	<b>09:30</b> 60m <b>SuperCycle spinning</b> Marja .
<b>10:15</b> 60m <b>Vinyasa Yoga</b> Anna .	<b>10:15</b> 60m <b>Small Group Hiit</b>	<b>09:15</b> 60m <b>SuperCycle spinning</b> Jeroen .	<b>10:30</b> 60m <b>50-Fit</b> Maaike .	<b>09:15</b> 60m <b>SuperCycle spinning</b> Jeroen .	<b>10:15</b> 45m <b>Small Group Functional</b> SportCity Instructor .	<b>10:15</b> 60m <b>Zumba</b> Ellie .
<b>10:15</b> 60m <b>Vinyasa Yoga</b> Anna .	<b>19:00</b> 60m <b>BodyPump</b> Mariska .	<b>10:15</b> 60m <b>BodyShape</b> Lina .	<b>10:30</b> 60m <b>Vinyasa Yoga</b> Danielle .	<b>10:15</b> 60m <b>Essentrics</b> Laura .	<b>10:15</b> 60m <b>BodyPump</b> Mariska .	<b>10:15</b> 60m <b>Essentrics</b> Eva .
<b>10:15</b> 45m <b>Boks &amp; Strength</b> Britt .	<b>19:15</b> 45m <b>Small Group Functional</b> Boaz .	<b>10:15</b> 45m <b>Small Group Hiit</b> Boaz .	<b>19:00</b> 60m <b>BodyPump</b> Mariska .	<b>10:15</b> 60m <b>Small Group Boksen</b> Britt .	<b>10:30</b> 60m <b>Vinyasa Yoga</b> Danielle .	<b>10:15</b> 45m <b>Small Group Functional</b> Nienke .
<b>10:30</b> 60m <b>SuperCycle spinning</b> Marvin .	<b>19:15</b> 60m <b>Vinyasa Yoga</b> Danielle .	<b>10:15</b> 60m <b>Yin Yoga</b> Eve .	<b>19:15</b> 45m <b>Small Group Booty</b> Jenneke .	<b>18:00</b> 60m <b>Yin Yoga</b> Eve .		<b>10:30</b> 60m <b>SuperCycle spinning</b> Marja .
<b>19:00</b> 60m <b>Pilates</b> Marjolein .	<b>19:30</b> 60m <b>SuperCycle spinning</b> Simon .	<b>18:30</b> 60m <b>Essentrics</b> Eva .	<b>20:00</b> 60m <b>Zumba</b> Ellie .	<b>19:15</b> 45m <b>Small Group Core</b> Boaz .		
<b>19:00</b> 60m <b>HIIT Training</b> Amanda .	<b>20:00</b> 60m <b>BodyAttack</b> Mariska .	<b>19:00</b> 60m <b>Zumba</b> Ellie .	<b>20:00</b> 60m <b>SuperCycle spinning</b> Simon .			

**19:00** 60m  
**BodyPump**  
Mariska .

**20:30** 60m  
**Yin Yoga**  
Danielle .

**19:00** 60m  
**SuperCycle spinning**  
Marvin .

**19:30** 60m  
**SuperCycle spinning**  
Simon .

**19:15** 45m  
**Boks & Strength**  
Franclin .

**20:00** 60m  
**BodyShape**  
Marjolein .

**20:00** 60m  
**BodyPump**  
Marvin .

**20:00** 60m  
**Zumba**  
Lina .

**20:00** 60m  
**BodyBalance**  
Grouples Instructor .

**20:15** 45m  
**Boks & Strength**