

Grouplesson

Schedule 4.04 - 10.04

| MA 4.04 | DI 5.04 | WO 6.04 | DO 7.04 | VR 8.04 | ZA 9.04 | ZO 10.04 |
|---|---|---|---|--|---|---|
| 08:00 60m BodyShape Hanneke . | 09:00 60m Yin Yoga Bernadette . | 09:00 60m BodyShape Hanneke . | 09:00 60m Zumba Miranda . | 09:00 60m Yoga Carla . | 09:00 60m BodyPump Doresa . | 09:00 60m BodyStep Anna . |
| 09:00 60m Essentrics Petra . | 09:00 60m BodyPump Joanne . | 09:00 60m Hatha Yoga Gyulia . | 10:15 60m Yin Yoga Bernadette . | 10:30 60m Yin Yoga Carla . | 10:00 60m Power Yoga Jennifer . | 11:00 60m Zumba Miranda . |
| 09:00 60m SuperCycle spinning Hanneke . | 10:00 60m Pilates Bernadette . | 10:00 60m SuperCycle spinning Hanneke . | 18:30 45m Bootcamp Jurian . | 18:30 60m BodyBalance Joanne . | 11:00 60m Sh'Bam Armando . | |
| 09:00 60m Hatha Yoga Gyulia . | 18:00 60m BodyCombat Irene . | 10:00 60m Yin Yoga Gyulia . | 19:00 60m BodyPump Doresa . | | | |
| 13:30 60m Pilates Bernadette . | 19:00 60m BodyStep Anna . | 18:30 60m Essentrics Petra . | 19:30 60m SuperCycle spinning Els . | | | |
| 19:00 60m BodyPump Carin . | 19:00 60m Hatha Yoga Gyulia . | 19:30 60m BBB Michelle . | 20:00 60m BodyStep Anna . | | | |
| 19:30 60m Vinyasa Yoga Lisette . | 20:00 60m BodyPump Doresa . | 19:30 60m Vinyasa Yoga Lisette . | | | | |
| 19:30 60m SuperCycle spinning Patrick . | 20:00 60m Yin Yoga Gyulia . | 19:30 60m SuperCycle spinning Patrick . | | | | |

19:30 45m

Bootcamp

Jurian .

20:00 60m

Sh'Bam

Nienke .

20:30 60m

BodyBalance

Lisette .