

Club

Schedule 9.05 - 15.05

MA 9.05	DI 10.05	WO 11.05	DO 12.05	VR 13.05	ZA 14.05	ZO 15.05
09:00 60m BRN Marieke .	07:30 60m Yin Yoga Sandra .	09:00 60m Yin Yoga Kika .	09:00 60m BodyPump Natalie .	08:00 60m BodyPump Rachel .	09:00 60m Spine Yoga Shikha .	09:00 60m Spinning Sandra .
09:00 60m Pilates Esther .	09:00 60m Flow Yoga Esther .	09:00 60m Spinning Anita .	09:00 60m Stretch Igor .	09:00 60m Power Yoga Kika .	09:30 60m BodyCombat Esther .	09:00 60m Pilates Manon .
10:00 60m Pilates Esther .	09:00 60m BodyShape Sabine .	09:00 60m BodyStep Esther .	10:00 60m BodyShape Igor .	09:00 60m Sh'Bam Marieke .	10:30 60m BodyBalance Esther .	09:00 60m Pump & Core Sabine .
10:00 60m BBB Maaïke .	10:00 60m Yin Yoga Esther .	10:00 60m BodyBalance Esther .	10:15 60m BodyBalance Natalie .	09:00 60m Spinning Natascha .		10:00 60m BodyShape Sabine .
15:00 60m Medisch FIT Jacintha .	18:00 60m Pump & Core Esther .	19:00 60m Sh'Bam Armando .	14:00 60m Medisch FIT Jacintha .	10:00 60m Pilates Natascha .		10:00 60m Yin Yoga Petra .
16:00 60m Medisch FIT Jacintha .	19:00 60m BodyBalance Anna .	19:00 60m Pilates Natascha .	15:00 60m Medisch FIT Jacintha .			
18:00 60m BodyCombat Esther .	19:00 60m BRN Sandra .	20:00 60m Freestyle Pump Barbara .	19:00 60m Power Yoga Kika .			
19:00 60m BodyBalance Claudia .	19:00 60m Spinning Fred .	20:00 90m Spinning Ronald .	19:00 60m BRN Marieke .			

19:00 60m
BodyPump
Sandra .

20:00 60m
Yin Yoga
Sandra .

20:00 60m
Hatha Yoga
Shikha .

20:00 60m
BodyPump
Jose .

20:00 60m
Power Yoga
Sandra .

20:00 60m
Pop Pilates
Jojan .

20:00 60m
Spinning
Fred .