

Club

Schedule 4.04 - 10.04

MA 4.04	DI 5.04	WO 6.04	DO 7.04	VR 8.04	ZA 9.04	ZO 10.04
09:15 60m Hatha Yoga Anca .	10:30 60m 50-Fit Jeroen .	09:15 60m BodyPump Sandra .	08:30 60m Hatha Yoga Anca .	08:45 60m Pilates Sandra .	09:15 60m BodyPump Sandra .	09:15 60m Vinyasa Yoga Jolanda .
09:30 60m SuperCycle spinning Nicole .	10:30 30m Small Group City Move	09:30 30m Core Workout Jeroen .	09:30 60m Hatha Yoga Anca .	09:30 60m SuperCycle spinning Nicole .	09:30 60m Bootcamp Outdoor Melanie .	09:30 60m SuperCycle spinning Jarno .
10:30 60m Hatha Yoga Anca .	18:45 60m Salsation Sandra .	10:30 60m SuperCycle spinning Jeroen .	10:30 30m Small Group City Move	09:45 30m BBB Sandra .	10:30 60m Kids Bootcamp Melanie .	10:30 60m BodyBalance Jolanda .
10:30 30m Small Group City Move	19:00 60m SuperCycle spinning Serge .	10:30 60m BodyBalance Jolanda .	10:30 60m BodyShape Tanja .	10:30 60m Pilates Sandra .	10:30 60m Zumba Sandra .	10:30 30m Small Group City Move
17:45 60m Zumba Sandra .	19:30 30m Small Group City Move	10:30 30m Small Group City Move	19:00 60m BodyCombat Melanie .	10:30 30m Small Group City Move	10:30 60m SuperCycle spinning Jolanda .	
18:45 60m Zumba Sandra .	19:45 30m Grit Strength Chanou .	18:45 60m BodyShape Janou .	19:00 60m SuperCycle spinning Jolanda .	19:00 60m BodyPump Linda .	10:30 30m Small Group City Move	
19:00 60m SuperCycle spinning Jarno .	20:00 60m SuperCycle spinning Serge .	19:00 60m SuperCycle spinning Nicole .	19:30 30m Small Group City Move	19:30 30m Small Group City Move	11:45 30m BodyCombat Melanie .	
19:30 30m Small Group City Move	20:30 60m Pilates Chanou .	19:30 30m Small Group City Move	20:15 60m BodyBalance Melanie .	20:00 30m Grit Strength Linda .		

19:30 60m
Bootcamp Outdoor
Melanie .

20:00 60m
BodyPump
Loes .

20:00 60m
BodyPump
Loes .