

Johnson's Real Ice Cream Signature Pint Nutritional Information



Black Raspberry Beret

Nutrition Facts			
3 servings per container			
Serving size		2/3 Cup (106g)	
	Per Serving	Per container	
Calories	230	680	
	% Daily Value*	% Daily Value*	
Total Fat	12g 15%	35g	45%
Saturated Fat	6g 29%	18g	88%
<i>Trans</i> Fat	0g	0g	
Cholesterol	35mg 11%	100mg	34%
Sodium	60mg 3%	180mg	8%
Total Carbohydrate	27g 10%	82g	30%
Dietary Fiber	1g 4%	3g	11%
Total Sugars	21g	64g	
Includes Added Sugars	15g 30%	45g	90%
Protein	3g 6%	9g	18%
Vitamin D	0mcg 0%	0mcg	0%
Calcium	88mg 6%	265mg	20%
Iron	0mg 0%	0mg	0%
Potassium	170mg 4%	511mg	10%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: 12% ICE CREAM MIX JOHNSON'S (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN.), BLACK RASPBERRY PUREE (RASPBERRY PUREE, SUGAR, WATER, NATURAL BLACK RASPBERRY FLAVOR, CITRIC ACID, RED 40)
CONTAINS: MILK

PB Choco Tornado

Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (113g)	
	Per Serving	Per container	
Calories	230	700	
	% Daily Value*	% Daily Value*	
Total Fat	15g 20%	46g	59%
Saturated Fat	7g 35%	21g	105%
<i>Trans</i> Fat	0g	0g	
Cholesterol	45mg 15%	130mg	44%
Sodium	60mg 3%	180mg	8%
Total Carbohydrate	27g 10%	81g	29%
Dietary Fiber	1g 4%	3g	12%
Total Sugars	22g	66g	
Includes Added Sugars	15g 30%	45g	90%
Protein	4g 8%	13g	25%
Vitamin D	0mcg 0%	0mcg	0%
Calcium	106mg 8%	319mg	25%
Iron	1mg 6%	3mg	15%
Potassium	208mg 4%	624mg	15%

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INGREDIENTS: CHOCOLATE MIX (CREAM, MILK, SUGAR, COCOA POWDER, NONFAT MILK, LIGHT CORN SYRUP, WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN.), KREMA PEANUT BUTTER (PEANUTS, PEANUT OIL)
CONTAINS: PEANUTS, MILK

Buckeye Fever

Nutrition Facts			
4 servings per container			
Serving size		2/3 cup (113g)	
	Per Serving	Per container	
Calories	260	1030	
	% Daily Value*	% Daily Value*	
Total Fat	18g 23%	72g	92%
Saturated Fat	8g 41%	33g	164%
<i>Trans</i> Fat	0g	0g	
Cholesterol	40mg 14%	165mg	54%
Sodium	130mg 6%	510mg	22%
Total Carbohydrate	26g 10%	105g	38%
Dietary Fiber	0g 0%	1g	3%
Total Sugars	22g	86g	
Includes Added Sugars	15g 30%	60g	120%
Protein	4g 9%	18g	36%
Vitamin D	0mcg 0%	0mcg	0%
Calcium	101mg 8%	406mg	30%
Iron	0.6mg 4%	2mg	15%
Potassium	179mg 4%	714mg	15%

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INGREDIENTS: JOHNSON'S 12% MIX (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN.), KREMA PEANUT BUTTER (PEANUTS, PEANUT OIL.), CHOCOLATE FLAV-R-FLAKE
CONTAINS: SOY, PEANUTS, MILK

Coffee and the Cool Beans

Nutrition Facts			
3 servings per container			
Serving size		2/3 Cup (103g)	
	Per Serving	Per container	
Calories	220	660	
	% Daily Value*	% Daily Value*	
Total Fat	12g 16%	37g	47%
Saturated Fat	6g 31%	18g	92%
<i>Trans</i> Fat	0g	0g	
Cholesterol	35mg 12%	105mg	36%
Sodium	50mg 2%	150mg	7%
Total Carbohydrate	24g 9%	72g	26%
Dietary Fiber	1g 4%	3g	11%
Total Sugars	18g	55g	
Includes Added Sugars	12g 24%	36g	72%
Protein	3g 6%	9g	19%
Vitamin D	0mcg 0%	0mcg	0%
Calcium	92mg 8%	276mg	20%
Iron	0mg 0%	0mg	0%
Potassium	199mg 4%	596mg	15%

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INGREDIENTS: 12% ICE CREAM MIX JOHNSON'S (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN.), INSTANT COFFEE
CONTAINS: MILK

Get Butter, Pecan

Nutrition Facts

3 servings per container

Serving size

2/3 cup (101g)

Calories	Per Serving		Per container	
	210		640	
	% Daily Value*		% Daily Value*	
Total Fat	16g	20%	47g	61%
Saturated Fat	6g	30%	18g	91%
<i>Trans</i> Fat	0g		0g	
Cholesterol	40mg	13%	115mg	39%
Sodium	65mg	3%	190mg	8%
Total Carbohydrate	21g	8%	63g	23%
Dietary Fiber	0g	0%	1g	4%
Total Sugars	18g		53g	
Includes Added Sugars	12g	23%	35g	69%
Protein	3g	7%	10g	20%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	98mg	8%	294mg	25%
Iron	0.1mg	0%	0.4mg	2%
Potassium	187mg	4%	562mg	10%

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INGREDIENTS: JOHNSON'S 12% MIX (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), PECANS, DRY ROASTED, WITH SALT ADDED

MAY CONTAINS: MILK, TREE NUTS

One Smart Cookies and Cream

Nutrition Facts

3 servings per container

Serving size

2/3 cup (112g)

Calories	Per Serving		Per container	
	220		670	
	% Daily Value*		% Daily Value*	
Total Fat	14g	18%	43g	55%
Saturated Fat	6g	32%	19g	97%
<i>Trans</i> Fat	0g		0g	
Cholesterol	45mg	14%	130mg	43%
Sodium	85mg	4%	260mg	11%
Total Carbohydrate	26g	10%	79g	29%
Dietary Fiber	0g	0%	1g	4%
Total Sugars	21g		62g	
Includes Added Sugars	15g	30%	45g	89%
Protein	4g	7%	11g	22%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	105mg	8%	316mg	25%
Iron	0.3mg	0%	0.8mg	4%
Potassium	205mg	4%	614mg	15%

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INGREDIENTS: JOHNSON'S 12% MIX (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), OREO COOKIE CRUMBS

CONTAINS: SOY, MILK, WHEAT

Mighty Mint and Chip

Nutrition Facts

3 servings per container

Serving size

2/3 Cup (113g)

Calories	Per Serving		Per container	
	230		700	
	% Daily Value*		% Daily Value*	
Total Fat	16g	20%	48g	61%
Saturated Fat	8g	41%	24g	122%
<i>Trans</i> Fat	0g		0g	
Cholesterol	45mg	14%	130mg	43%
Sodium	65mg	3%	200mg	9%
Total Carbohydrate	26g	10%	79g	29%
Dietary Fiber	0g	0%	1g	3%
Total Sugars	22g		66g	
Includes Added Sugars	14g	28%	42g	84%
Protein	3g	7%	10g	21%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	107mg	8%	320mg	25%
Iron	0.1mg	0%	0.2mg	0%
Potassium	188mg	4%	563mg	10%

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INGREDIENTS: JOHNSON'S 12% MIX (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), CHOCOLATE FLAV-R-FLAKE, SENSIENT COLORS GREEN, SEAWEED, SPIRULINA

CONTAINS: SOY, MILK

Praline, You're Nuts

Nutrition Facts

3 servings per container

Serving size

2/3 Cup (115g)

Calories	Per Serving		Per container	
	230		690	
	% Daily Value*		% Daily Value*	
Total Fat	15g	20%	46g	59%
Saturated Fat	7g	33%	20g	99%
<i>Trans</i> Fat	0g		0g	
Cholesterol	45mg	14%	130mg	43%
Sodium	60mg	3%	170mg	8%
Total Carbohydrate	25g	9%	76g	28%
Dietary Fiber	0g	0%	1g	2%
Total Sugars	22g		67g	
Includes Added Sugars	16g	32%	48g	96%
Protein	3g	7%	10g	21%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	110mg	8%	329mg	25%
Iron	0.1mg	0%	0.2mg	0%
Potassium	202mg	4%	606mg	15%

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INGREDIENTS: JOHNSON'S 12% MIX (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), CANDY OR CANDIES, PRALINE, PREPARED FROM RECÍPE, CREME CARAMEL (CREME CARAMEL)

CONTAINS: MILK, TREE NUTS

Salty Caramel Choco Pretzel Trap

Nutrition Facts			
3 servings per container			
Serving size		2/3 Cup (113g)	
	Per Serving	Per container	
Calories	230	690	
	<small>% Daily Value*</small>	<small>% Daily Value*</small>	
Total Fat	14g 18%	43g	55%
Saturated Fat	7g 33%	20g	99%
<i>Trans</i> Fat	0g	0g	
Cholesterol	45mg 14%	130mg	43%
Sodium	95mg 4%	290mg	12%
Total Carbohydrate	23g 8%	70g	25%
Dietary Fiber	0g 0%	0g	0%
Total Sugars	20g	60g	
Includes Added Sugars	13g 26%	39g	78%
Protein	3g 7%	10g	20%
Vitamin D	0mcg 0%	0mcg	0%
Calcium	109mg 8%	327mg	25%
Iron	0mg 0%	0.1mg	0%
Potassium	192mg 4%	575mg	10%

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INGREDIENTS: JOHNSON'S 12% MIX (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), CHOCOLATE PRETZEL PIECE (PRETZEL PIECES (UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), FOLIC ACID), MALT, SALT, SOYBEAN OIL, SUGAR, COCONUT OIL, NONFAT MILK, WHOLE MILK, COCOA PROCESSED WITH ALKALI, SOY LECITHIN, NATURAL FLAVORS.), CREME CARAMEL (CREME CARAMEL)
CONTAINS: SOY, MILK, WHEAT

Strawberry Jamboree

Nutrition Facts			
3 servings per container			
Serving size		2/3 Cup (124g)	
	Per Serving	Per container	
Calories	240	720	
	<small>% Daily Value*</small>	<small>% Daily Value*</small>	
Total Fat	15g 19%	45g	58%
Saturated Fat	7g 35%	21g	105%
<i>Trans</i> Fat	0g	0g	
Cholesterol	45mg 16%	140mg	47%
Sodium	60mg 3%	190mg	8%
Total Carbohydrate	29g 10%	86g	31%
Dietary Fiber	0g 0%	0g	0%
Total Sugars	24g	73g	
Includes Added Sugars	16g 32%	48g	96%
Protein	4g 7%	11g	21%
Vitamin D	0mcg 0%	0mcg	0%
Calcium	114mg 8%	343mg	25%
Iron	0mg 0%	0mg	0%
Potassium	204mg 4%	611mg	15%

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INGREDIENTS: JOHNSON'S 12% MIX (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), STRAWBERRY PUREE/PIECES (STRAWBERRY PUREE, WHOLE AND SLICED STRAWBERRIES, CORN SYRUP, WATER, SUGAR, CORN STARCH, NATURAL FLAVOR, CITRIC ACID, RED 40)
CONTAINS: MILK

Triple Trouble Vanilla Bean

Nutrition Facts			
3 servings per container			
Serving size		2/3 Cup (102g)	
	Per Serving	Per container	
Calories	190	580	
	<small>% Daily Value*</small>	<small>% Daily Value*</small>	
Total Fat	13g 17%	40g	51%
Saturated Fat	6g 31%	18g	92%
<i>Trans</i> Fat	0g	0g	
Cholesterol	40mg 14%	120mg	41%
Sodium	50mg 2%	150mg	7%
Total Carbohydrate	21g 8%	64g	23%
Dietary Fiber	0g 0%	0g	0%
Total Sugars	18g	55g	
Includes Added Sugars	11g 22%	33g	66%
Protein	3g 6%	9g	18%
Vitamin D	0mcg 0%	0mcg	0%
Calcium	100mg 8%	300mg	25%
Iron	0mg 0%	0mg	0%
Potassium	179mg 4%	537mg	10%

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INGREDIENTS: CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN, VANILLA EXTRACT
CONTAINS: MILK

Double Dutch Chocolate

Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (113g)	
	Per Serving	Per container	
Calories	220	650	
	<small>% Daily Value*</small>	<small>% Daily Value*</small>	
Total Fat	14g 17%	41g	52%
Saturated Fat	7g 34%	20g	102%
<i>Trans</i> Fat	0g	0g	
Cholesterol	45mg 15%	135mg	45%
Sodium	60mg 3%	190mg	8%
Total Carbohydrate	27g 10%	82g	30%
Dietary Fiber	1g 4%	3g	12%
Total Sugars	23g	68g	
Includes Added Sugars	15g 30%	45g	90%
Protein	3g 7%	10g	20%
Vitamin D	0mcg 0%	0mcg	0%
Calcium	110mg 8%	330mg	25%
Iron	0.9mg 6%	3mg	15%
Potassium	257mg 6%	771mg	15%

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INGREDIENTS: CREAM, MILK, SUGAR, COCOA POWDER, NONFAT MILK, LIGHT CORN SYRUP, WHEY, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN, VANILLA EXTRACT
CONTAINS: MILK

Rollin in the Cookie Dough

Nutrition Facts			
3 servings per container			
Serving size		2/3 cup (112g)	
	Per Serving	Per container	
Calories	220	670	
	% Daily Value*	% Daily Value*	
Total Fat	15g 19%	44g	57%
Saturated Fat	7g 33%	20g	99%
<i>Trans</i> Fat	0g	0.5g	
Cholesterol	45mg 14%	130mg	43%
Sodium	70mg 3%	210mg	9%
Total Carbohydrate	26g 9%	77g	28%
Dietary Fiber	0g 0%	0g	0%
Total Sugars	21g	63g	
Includes Added Sugars	15g 30%	45g	90%
Protein	3g 7%	10g	20%
Vitamin D	0mcg 0%	0mcg	0%
Calcium	107mg 8%	320mg	25%
Iron	0mg 0%	0mg	0%
Potassium	194mg 4%	581mg	10%

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INGREDIENTS: JOHNSON'S 12% MIX (CREAM, MILK, CANE SUGAR, NONFAT MILK, WHEY, LIGHT CORN SYRUP, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), COOKIE DOUGH PIECE (WHEAT FLOUR, SUGAR, BROWN SUGAR, BUTTER, CHOCOLATE FLAVORED CHIPS(SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL, COCOA, COCOA PROCESSED WITH ALKALI, SOY LECITHIN), WATER, NATURAL FLAVORS, SALT, BAKING SODA, MOLASSES, DUSTED WITH CORN STARCH.)

MAY CONTAINS: SOY, MILK, WHEAT