

Isolation Precautions: Personal Protective Equipment - CE

Checklist

S = Satisfactory

U = Unsatisfactory

NP = Not Performed

Step	S	U	NP	Comments
Reviewed the patient's medical history for possible indications of isolation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Reviewed the precautions for the specific isolation criteria, including appropriate PPE to apply.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Reviewed the patient's laboratory test results if applicable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Determined whether the patient had a known latex allergy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Considered the types of care to be performed while in the patient's room.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Reviewed the patient's medical record or conferred with colleagues regarding the patient's emotional state and reaction and adjustment to isolation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Determined if the patient needed to be moved to a negative-pressure AIIR.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Provided proper PPE access and signage as needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Step	S	U	NP	Comments
Prevented extra trips in and out of the room; gathered all needed equipment and supplies before entering the room.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Dedicated medical equipment to be used only by the patient.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Chose a barrier protection that was appropriate for the type of isolation used and the organization's practice.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Performed hand hygiene.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Donned a gown. <ol style="list-style-type: none"> Ensured that the gown covered the torso from the neck to the knees and from the arms to the end of the wrists and that it wrapped around the back. Pulled the sleeves of the gown down to the wrist. Fastened the gown securely at the back of the neck and the waist. 	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Step	S	U	NP	Comments
Donned either a procedure mask or a fitted N95 respirator around the mouth and nose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
1. Secured the ties or elastics at the middle of the head and neck or the elastic ear loops around the ears.				
2. Fit the flexible band to the nose bridge.				
3. Ensured that the mask fit snugly on the face and below the chin.				
4. If using a PAPR, followed the manufacturer's instructions for use.				
Donned eye protection (goggles or face shield), if needed, around the face and eyes. Adjusted to fit.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Donned gloves, bringing the glove cuffs over the edge of the gown sleeves.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Entered the patient's room and arranged the supplies and equipment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Introduced self to the patient.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Verified the correct patient using two identifiers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Explained the procedure to the patient and ensured that he or she agreed to treatment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Step	S	U	NP	Comments
<p>Provided designated care to the patient while maintaining precautions.</p> <ol style="list-style-type: none"> 1. Kept hands away from own face. 2. Limited touching surfaces in the room. 3. Removed gloves when torn or heavily contaminated, performed hand hygiene, and donned a clean pair of gloves. 	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
<p>Administered medications while maintaining precautions as ordered.</p> <ol style="list-style-type: none"> 1. Provided oral medication in a wrapper or cup and then discarded the wrapper or cup in the proper trash receptacle within the patient's room. 2. Wore gloves when administering injections. 3. Discarded disposable syringes and uncapped or sheathed needles in the proper sharps receptacle. 4. Placed the reusable plastic syringe holder in a clean glove or on a paper towel for eventual removal and disinfection after leaving the patient's room if used. 	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Step	S	U	NP	Comments
<p>Assisted the patient with hygiene, encouraging him or her to ask questions or express concerns about the isolation. Provided informal teaching at that time to ensure that the patient understood the purpose of the isolation.</p> <ol style="list-style-type: none"> 1. Avoided allowing the isolation gown to become wet. Carried the wash basin outward, away from the gown, and did not lean against a wet tabletop. 2. Helped the patient remove his or her gown and placed it in an impervious linen bag. 3. Removed the linen from the bed, avoiding contact with the isolation gown. Placed the soiled linen in an impervious linen bag. 4. Provided clean bed linen and a set of towels. 5. If gloves became excessively soiled and further care was necessary, removed gloves, performed hand hygiene, and donned new gloves. 	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
<p>Collected any ordered specimens.</p> <ol style="list-style-type: none"> 1. In the presence of the patient, labeled the specimen per the organization's practice. 2. Prepared the specimen for transport. Placed the labeled specimen in a biohazard bag. 	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Step	S	U	NP	Comments
Discarded linen, trash, and disposable items.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
<ol style="list-style-type: none"> Used single bags that were sturdy and impervious to moisture to contain soiled articles. Double-bagged heavily soiled linen or heavy, wet trash if necessary. Ensured that linens or waste were totally contained. Tied the bags securely at the top with a knot. 				
Removed all reusable pieces of equipment and thoroughly disinfected reusable equipment brought into the room. Ensured that equipment was disinfected with an organization-approved disinfectant when it was removed from the room and before it was used on another patient.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Resupplied the room as needed. Had other health care team members hand in new supplies, if needed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Informed the patient when you planned to return to the room. Asked whether the patient required any personal care items or had any questions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
<p>Removed PPE before exiting the patient room except for the N95 respirator or PAPR (if worn). Removed the N95 respirator or PAPR after leaving the patient's room and closing the door.</p> <p>Option 1: Removal of PPE, if using a nondisposable or disposable gown</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Step	S	U	NP	Comments
1.				Removed gloves. If hands became contaminated during glove removal, immediately washed hands or used an ABHR.
a.				Using a gloved hand, grasped the palm area of the other gloved hand and peeled off the first glove.
b.				Held the removed glove in the gloved hand.
c.				Slid the fingers of the ungloved hand under the remaining glove at the wrist.
d.				Peeled the second glove off over the first glove.
2.				Discarded gloves in the proper container.
3.				Removed eye protection from the back by lifting the head band or earpieces.
4.				Discarded eye protection in the proper container or placed in an appropriate container for disinfection.
5.				Removed gown.
a.				Unfastened the gown's neck ties and waist ties, taking care that the sleeves did not make contact with the body when reaching for the ties.
b.				Pulled the gown away from the neck and shoulders, touching the inside of the gown only.
c.				Turned the gown inside-out and folded it into a bundle.
6.				Placed the gown in a laundry bag or discarded a disposable gown in

the proper container.

7. Removed mask. Removed the elastic from the ears and pulled the mask away from the face or grasped the bottom ties or elastics and then the top ties or elastics and pulled the mask away from the face. Did not touch the outer surface of the mask.
8. Discarded the mask in the proper container.

Option 2: Removal of PPE, if using a disposable gown

1. Removed gown and gloves. If hands became contaminated during glove removal, immediately washed hands or used an ABHR.
 - a. Grasped the gown in the front and pulled away from the body so that the ties broke, touching the outside of the gown only with gloved hands.
 - b. While removing the gown, folded or rolled it inside-out into a bundle, peeling off the gloves at the same time, only touching the inside of the gloves and gown with bare hands.
2. Discarded the gown in the proper container.
3. Removed eye protection from the back by lifting the head band or earpieces.
4. Discarded eye protection in the proper container or placed in an appropriate container for disinfection.

Step	S	U	NP	Comments
5. Removed mask. Removed the elastic from the ears and pulled the mask away from the face or grasped the bottom ties or elastics and then the top ties or elastics and pulled the mask away from the face. Did not touch the outer surface of the mask.				
6. Discarded the mask in the proper waste container.				
Performed hand hygiene.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Left the room and closed the door, if the patient was in a negative-pressure AIIR.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
If the patient was in airborne isolation, removed the N95 respirator or PAPR.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Ensured that the patient had sufficient opportunity to discuss health problems, course of treatment, or other topics important to him or her while in the isolation room.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Continually monitored the patient's and family's understanding of ongoing isolation. Offered opportunities for them to ask questions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Immediately transported the specimen to the laboratory.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Documented the procedure in the patient's record.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Learner: _____Signature: _____

Evaluator: _____Signature: _____

Date: _____