

Hand Hygiene: Handwashing (AUS and NZ)

Checklist

S = Satisfactory

U = Unsatisfactory

NP = Not Performed

Step	S	U	NP	Comments
Identified the indication/rationale for hand hygiene.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Inspected the surface of the hands for breaks or cuts and ensured that the arms were bare to the elbow.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Turned on and adjusted the taps so that the water temperature was comfortable and the water flow was steady.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Wetted both hands without splashing the surrounding area.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Applied sufficient handwashing solution to create a good lather.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Step	S	U	NP	Comments
<p>Rubbed the hands together briskly. Washed 15–20 seconds in total by rubbing:</p> <ul style="list-style-type: none"> • palm to palm • palm to dorsum of the hand with interlacing fingers; switched hands • palm to palm with interlacing fingers • backs of fingers and knuckles • fingertips rotating in the palm of the hand; switched hands • thumbs; switched hands • wrists; switched hands. 	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Rinsed hands and wrists thoroughly until all traces of the handwashing solution were removed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Turned off the taps using the elbow technique and allowed the water to run off the hands with the fingertips pointing upwards.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Dried the hands, using disposable paper towel, working from the fingertips towards the wrists.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Discarded the used paper towel into a bin with a foot-operated lid according to local policy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Moisturised hands with appropriate cream or lotion to maintain skin integrity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Learner: _____ Signature: _____

Evaluator: _____ Signature: _____

Date: _____