

Packing Guide

TRAVEL DOCUMENTS

- ☐ Passport
- ☐ Visa
- ☐ Vaccination certificates
- ☐ Photocopies of your driver's licence, passport, etc., in a different location

CLOTHING

- ☐ Underwear
- ☐ Sleepwear
- ☐ Shirts and tops
- ☐ Skirts and dresses
- ☐ Pants and shorts
- ☐ Jacket or jumper
- ☐ Raincoat
- ☐ Swimmers (optional)
- ☐ Enclosed walking shoes
- ☐ Sandals
- ☐ Hat
- ☐ Sunglasses

OTHER

- ☐ Personal snacks
- ☐ Notebook and pen
- ☐ Bible
- ☐ Gifts for children and families
- ☐ Cash in local currency
- ☐ Family photos (as conversation starters)

TOILETRIES AND MEDICATION

- ☐ Toothbrush and toothpaste
- ☐ Deodorant
- ☐ Soap
- ☐ Shampoo
- ☐ Razor (checked luggage only)
- ☐ Thongs for shower (optional)
- ☐ Detergent for handwashing clothes
- ☐ Hand sanitiser
- ☐ Alcohol wipes
- ☐ Face mask
- ☐ Hairbrush or comb
- ☐ Sanitary products
- ☐ Toilet paper
- ☐ Zip lock bags
- ☐ Tropical strength insect repellent
- ☐ Sunscreen and aloe vera gel
- ☐ Small personal first aid kit
- ☐ Small towel
- ☐ Anti-diarrhoea medication (as recommended by your GP or travel doctor)
- ☐ Personal medication
- ☐ Electronics
- ☐ Phone charger
- ☐ Travel adaptor
- ☐ Small torch
- ☐ Camera and memory cards (optional)