TASTE

Psaln 34:8





Day 15

Taste





Selah-PSALM 34:8

"Taste and see that the Lord is good; blessed is the one who takes refuge in him."

As we sit at a table to eat and experience community together, sometimes it can be hard to remember the goodness of our Lord. With plates clashing and spilt food overflowing, it can feel a little more like chaos than a place of rest and refuge.

Then we remember, once again, the power of common union that is found at the dining table with friends and family. Sharing a meal, listening to one another's stories and reflecting on the day that has passed by.

The sensory expression of worship as we eat, celebrate and listen is a beautiful place to recover in the presence of God.



What does the dinner table mean for you and your family?



Dear Jesus

Come Lord Jesus, be our guest at our dining table today. Thank you for the food we have received, thank you for the hands that prepared it, and may we always remember those who do not have a meal this day. Amen.