

Canadian Product Facts Table

ZARBEE’S CHILDREN’S COUGH + MUCUS SYRUP NIGHTTIME

NPN 80129935

Product Facts	
Medicinal ingredients in each serving (5 mL)	
Honey (<i>Apis mellifera honey</i>)	6 g
<i>Matricaria chamomilla</i> (German chamomile) extract	50 mg
(10:1 equivalent to 500 mg dried flower)	
<i>Sambucus nigra subsp. nigra</i> (European elderberry) extract	25 mg
(30-35:1 equivalent to 750-875 mg dried fruit)	
<i>Hedera helix</i> (English ivy) extract	18 mg
(4-7:1 equivalent to 72-126 mg dried leaf)	
Zinc (Zinc gluconate)	1.7 mg
Uses	
Chamomile is used in Herbal Medicine to help relieve restlessness and nervousness • Honey soothes coughs associated with dry and irritated throats • Ivy leaf helps clear mucus when coughing.	
Warnings	
Do not use in children younger than 12 months because of the risk of botulism • if your child is allergic to any ingredients, as well as ingredients in the Asteraceae family, including ragweed.	
Stop use and consult a health care practitioner if shortness of breath (dyspnea) or purulent mucus (sputum) occurs • if throat pain is very severe or persists for more than 2 days or if cough persists for more than 7 days, tends to recur, or is accompanied by high fever, rash or persistent headaches. These could be signs of a serious condition • if hypersensitivity/allergy occurs.	
Keep out of reach of children	
Do not exceed recommended daily dose • In case of overdose call a poison control centre or doctor • Zinc supplementation can cause a copper deficiency. If you are unsure whether you are taking enough copper, consult a health care practitioner prior to use • Diuretic effect may occur.	
Directions	
Children (2-12 years): For occasional use. Shake well before use. Take 1 serving (5 mL), 2 times per day (in the evening and before bedtime), with food, a few hours before or after taking other medications or natural health products. Not to exceed 2 servings per 24 hours. Talk with your doctor before use if your child is 2-4 years of age as persistent or recurrent cough requires medical diagnosis before treatment, or if your child is taking medicine or is under a doctor’s care for a medical condition. Take only as directed.	
Other information	
Store at 15°C to 30°C. Do not use if seal under cap is missing or broken. Reclose cap tightly after each use.	
Non-medicinal ingredients	
Citric acid, Maltodextrin, Mixed berry flavour, Water.	
Questions? 1-877-528-0420 or visit www.zarbees.ca	