



A benefit
provided by  **Tyson** |  **Hinge Health**

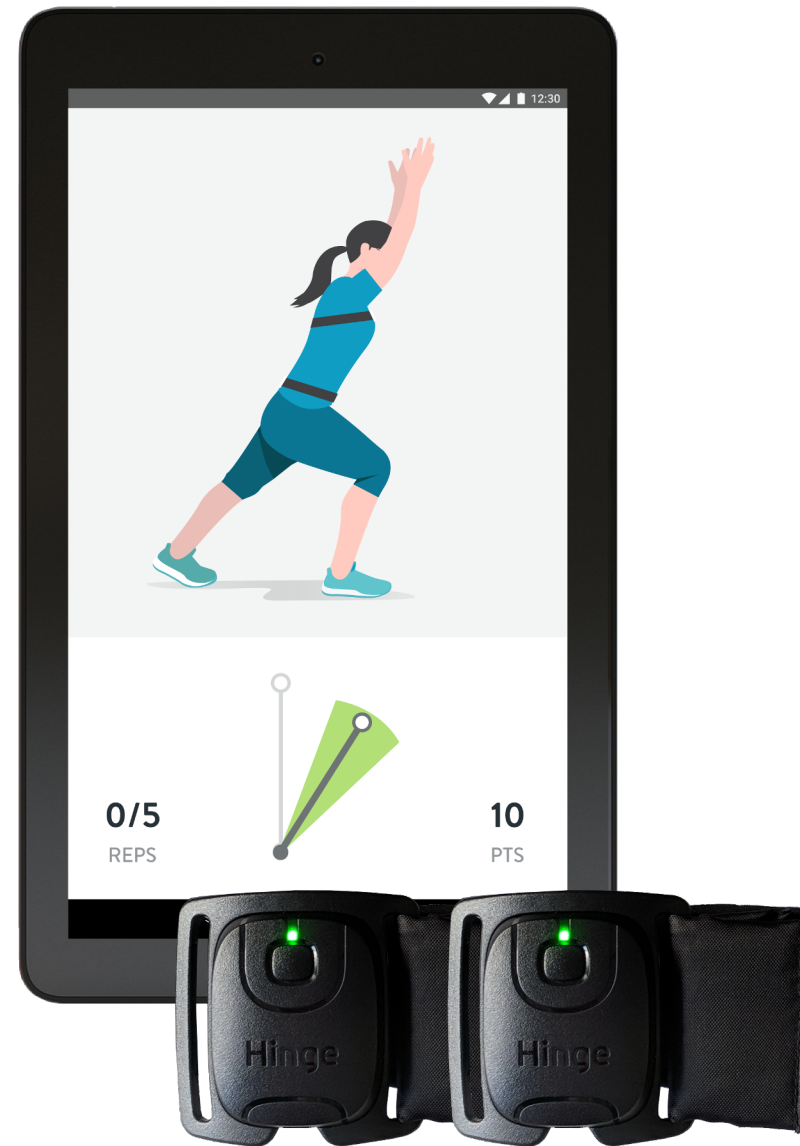
Overcome back or joint pain without drugs or surgery

You and your family members on the Tyson Foods Group Health Plan get **free access** to Hinge Health's programs for **back, knee, hip, shoulder, or neck pain**, which include:

- A free tablet computer and wearable sensors
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

Over 150,000 members have joined our programs so far, and cut their pain by over 60%!

Eligibility: Team members and dependents 18+ enrolled in the Tyson Foods Group Health Plan are eligible.



To learn more call (855) 902-2777, or apply at:
HINGEHEALTH.COM/TYSON