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Tyson



Hinge Health

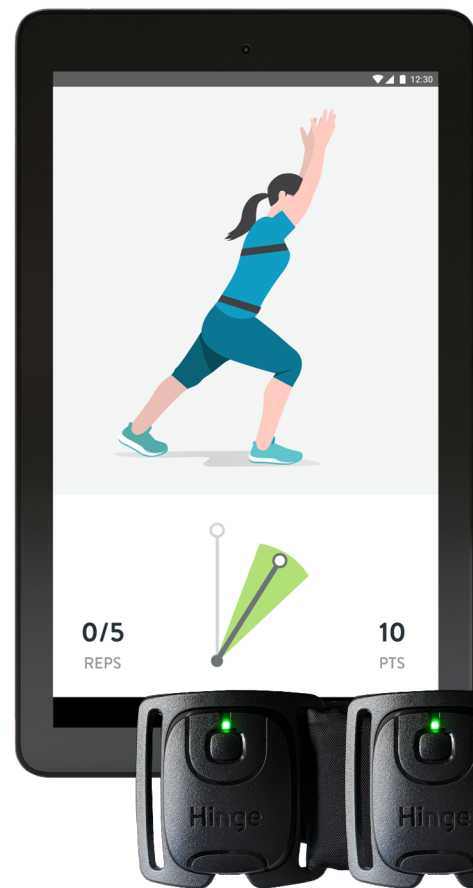
# Overcome back or joint pain without drugs or surgery

You and your family members on the Tyson Foods Group Health Plan get **free access** to Hinge Health's programs for **back, knee, hip, shoulder, or neck pain**, which include:

- A free tablet computer and wearable sensors
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

**Over 150,000** members have joined our programs so far, and cut their pain by over 60%!

Eligibility: Team members and dependents 18+ enrolled in the Tyson Foods Group Health Plan are eligible.



To learn more call (855) 902-2777, or apply at:  
**HINGEHEALTH.COM/TYSON**