

Go beyond digital physical therapy

Most health plans and employers turn to Hinge Health to solve high musculoskeletal (MSK) spend because we go beyond just digital physical therapy (PT). To address each member's unique physical and behavioral health needs, we pair advanced wearable technology with a full care team that includes doctors, PTs, expert specialists (such as nutritionists), and health coaches. We have invested millions to design a Digital MSK Clinic with First Dollar Coverage in mind —a critical difference compared to PT-only options in the market.

The only end-to-end Digital MSK Clinic™

Hinge Health's Digital MSK Clinic has an MSK program for everybody and every body part. Other MSK solutions have a one-PT-fits-all approach that falls short. At Hinge Health, we have dedicated programs to meet the unique needs of every individual — from preventative care to surgery care, expert medical opinion, PT video visits, specialists, and health coaches.

Proven & credible

- Validated at scale with more customers than all other MSK solutions combined
- 100% client retention
- Established partnerships for easy contracting and billing through your health plan

Physicians & orthopedic surgeons

Managing clinical programs and Expert Medical Opinion

Licensed doctors of physical therapy

Creating and delivering personalized care plans

Board-certified health coaches

High touch accountability partners for lasting behavior change

Most advanced technology

Wearable sensor-guided exercise therapy

Enso for non-addictive, non-invasive pain management

4 in 5 employers with a digital MSK solution partner with Hinge Health

Hinge Health is **the only solution**:

- Designed with First Dollar Coverage considerations
- Delivering a complete clinical care model to address both physical & behavioral health issues
- Validated by researchers from the most rigorous US academic institutions
- Rated by members as the #1 digital MSK app for iOS and Android

Clinical outcomes at scale

The only solution with a large-scale, 10,000 participant study and 2-year outcomes study validated by researchers at leading US universities.^{1, 2, 3, 4}

69% pain reduction — 4x better than opioids⁵

Depression & anxiety cut in half

2 out of 3 surgeries avoided

70%

of participants
continue to do Hinge Health
exercises after two years⁶

300+ customers, 100% client retention

KraftHeinz

FUJIFILM

WM
WASTE MANAGEMENT

Sealed Air®

CHANGE
HEALTHCARE



VOLKSWAGEN
GROUP OF AMERICA

BASF
We create chemistry

¹Smittenaar (2017), ²Mecklenburg (2018), ³Bailey (2019), ⁴Bailey (2020), ⁵Sehgal (2013), ⁶Krauss (2021).

Click to see how Hinge Health's Digital MSK Clinic works

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