



# Free benefit for back or joint care!

Hinge Health provides all the tools you need to get moving again from the comfort of your home. You'll get exercise therapy tailored to your condition and a personal care team of experts.

Sign up today for help with any of the following:

- Conquer pain or limited movement
- Recover from a recent or past injury
- Prepare for and recover from surgery
- Keep joints healthy and pain free

To learn more call (855) 902-2777, or apply at:  
**HINGEHEALTH.COM/HEALTHYSCHOOLS**



Eligibility: Available for free to employees and dependents 18+ enrolled in an Anthem PPO or Blue Shield PPO medical plan with SISC. HSA plan members will be subject to additional costs based on deductibles.

