

## Conquer back, knee, or hip pain without drugs or surgery

United Airlines employees and family members get **free access** to Hinge Health's innovative programs for back, knee & hip pain.

Thousands have already participated in our programs. Here's just one testimonial:

"When I first started, I took two pain medications daily. Now I take none, and I feel great. I was told I need surgery, but with stretching, exercise and healthy eating I can avoid it."

