

CONQUER BACK, KNEE OR HIP PAIN WITHOUT DRUGS OR SURGERY



Hinge Health

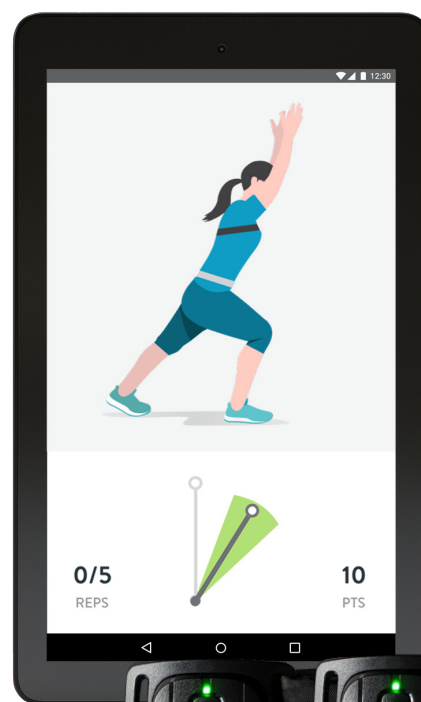
APPLY TODAY!

Employees and family members on a Waste Management medical plan get **free access** to Hinge Health's digital programs for back or joint pain.

- A free tablet computer and wearable sensors
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

Over 10,000 past Hinge Health participants:

- On average, reduced pain by over 60%
- 90% said they're less likely to get surgery



To learn more and apply, visit:
HINGEHEALTH.COM/WM2020