



Conquer back or joint pain without drugs or surgery

Members on the SISC Anthem PPO or Blue Shield PPO medical plans get **free access** Hinge Health's innovative digital programs for **back, knee, hip, neck, or shoulder pain**. Sign up for:

- Free wearable sensors & monitoring device
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

Over 30,000 members have participated in our programs so far, and cut their pain by over 60%!

*Eligibility: Must be 18+ and enrolled in an Anthem PPO or Blue Shield PPO medical plan.



To learn more and apply, visit:
HINGEHEALTH.COM/HEALTHYSCHOOLS