

Conquer back or knee pain without drugs or surgery

Members on the SISC Anthem medical plan get free access to Hinge Health's innovative digital programs for back, knee, or hip pain.

Over 15,000 have completed the Hinge Health program. Here's just one testimonial:

"I considered back surgery, but wanted to try everything else first. Hinge Health gave me the tools I need to succeed without surgery. I now know that surgery can be avoided."

O/5
REPS
10
PTS

Hinge

Questions? Call (855) 902-2777

Eligibility: Must be 18+ and enrolled in a SISC/Anthem PPO medical plan.