



Conquer back or joint pain without drugs or surgery

Members on the SISC Anthem PPO or Blue Shield PPO medical plan get **free access** to Hinge Health's innovative digital programs for **back, knee, hip, neck, or shoulder pain**.

Over 30,000 have completed the Hinge Health program. Here's just one testimonial:

“Hinge Health gave me the tools I need to succeed without surgery. **I now know that surgery can be avoided.**”

Eligibility: Must be 18+ and enrolled in an Anthem PPO or Blue Shield PPO medical plan.



To learn more and apply, visit:
HINGEHEALTH.COM/HEALTHYSCHOOLS