

CONQUER BACK, KNEE OR HIP PAIN WITHOUT DRUGS OR SURGERY



APPLY TODAY!

Employees and family members on a Waste Management medical plan get **free access** to Hinge Health's digital programs for back or joint pain.

Over 10,000 participants have completed the Hinge Health program. Here's just one testimonial:

"I considered back surgery, but wanted to try everything else first. Hinge Health gave me the tools I need to succeed without surgery. I now know that surgery can be avoided."



To learn more and apply, visit:
[HINGEHEALTH.COM/WM2020](https://HingeHealth.com/WM2020)