## **Letter of Medical Necessity**

Date:(MM/DD/YYYY)
To: insurance company
From: Physician name

Subject: Request for coverage for Kate Farms® Peptide 1.0 Vanilla, Plain

I am requesting insurance coverage and reimbursement for my patient, NAME, DOB as MM/DD/YYY, for whom I have prescribed the use of Kate Farms® Peptide 1.0. Based on this patient's clinical history, and diagnosis of medical condition/diagnosis, I have determined that the formula indicated above is medically necessary.

My patient's current measurements are:	
Weight:	
Height:	
BMI/BMI Percentile:	
Weight History:	
Pertinent Labs and/or Medications (if applicable): _	

The potential health of this patient will decline if this formula is not covered and could result in LIST OUT POTENTIAL HEALTH OUTCOMES IF DENIED.

Kate Farms® Peptide 1.0 provides a complete nutrition profile for those patients ages 14 years and up through adulthood and may be the sole source of nutrition or supplemental nutrition for this patient to be taken orally or via tube feeding. Peptide 1.0 has a low glycemic index. It is a nutritionally complete peptide-based formula that may be used to support the nutrition of patients that experience gastrointestinal disease (GI), GI dysfunction, maldigestion, malabsorption, or symptoms of GI intolerance. Kate Farms® Peptide 1.0 contains organic agave inulin as a source of prebiotic fiber for gut microbiome support. The formula is recognized by the Centers for Medicare and Medicaid Services (CMS) as "Enteral formula, nutritionally complete, hydrolyzed proteins (amino acids and peptide chain), includes fats, carbohydrates, vitamins and minerals, may include fiber, administered through an enteral feeding tube, 100 calories = 1 unit" found in the HCPCS Category B4153.

Clinical malnutrition is becoming a growing problem in our country, and more than 50% of those adults who are hospitalized, are estimated to be malnourished.<sup>1</sup> Estimations for pediatric malnutrition have been reported to be between 6-51%. It is known that with the diagnosis of malnutrition in pediatric patients, comes a three-fold increase in overall hospital cost. With malnutrition comes a two-and-a-half time increase in hospital length of stay, increase in comorbidities, and 3.5-fold increase in home care needs following discharge. <sup>2</sup>

Since Kate Farms® Peptide 1.0 can be taken orally or via a feeding tube, it can support the nutrition of patients with malnutrition and chronic conditions and may help decrease overall health care costs. Malnutrition-related inpatient stays are up to twice as costly in comparison to all inpatient stays. The 30 day readmission rates for malnourished patients was 50% higher than a patient without malnutrition.<sup>3</sup>

[OPTIONAL INFORMATION TO INCLUDE] In addition to the above, to date, my patient has failed to tolerate other products including: [insert failed products here], as evidenced by: Failure to meet weight gain goals Nausea and/or vomiting Diarrhea Constipation Heartburn/GERD Excessive gas and/or bloating Abdominal pain/cramps Increased mucus production Early Satiety Hyperglycemia or uncontrolled blood glucose Abnormal Labs \_\_Add additional symptoms, if applicable\_\_\_\_ Add additional symptoms, if applicable The composition of Kate Farms® Peptide 1.0 is made without the top 9 allergens including wheat, dairy, soy, peanuts, tree nuts, eggs, fish, shellfish, and sesame and is gluten free. Kate Farms medical products contain all nine essential amino acids from pea protein with additional I-cysteine to provide a Protein Digestibility Corrected Amino Acid Score (PDCAAS) of 1.0. The formula includes organic ingredients as well as an organic phytonutrient blend designed to improve markers of oxidative stress in adults.<sup>4</sup> For the above-outlined medical reasons, I am prescribing the following: Kate Farms® Peptide 1.0 Vanilla Kate Farms® Peptide 1.0 Plain

Your approval of this request for assistance with medical care and reimbursement of the formula would have a significant positive impact on this patient's nutrition.

This equates to [number of 325 mL Tetrapack cartons] Tetrapack cartons daily.

Based on my patient's current medical condition, I am prescribing:

CALORIES ( OUNCES per day)

% of daily caloric needs

Sincerely,			
Signature of prescribing provider	 Date		
Printed Name of prescribing provider			

Title - Center/Hospital/Institution/Practice

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## Encouraged Enclosures to be attached: Current Growth Chart, Letter of Dictation, Reports, Prescriptions, etc

Kate Farms, Inc. is providing this template to assist medical providers in communicating with insurance companies when a medical provider determines that Kate Farms' products should be part of a patient's care. Kate Farms, Inc. does not evaluate individual patients and does not participate in the determination of what constitutes proper care. Health Care providers should evaluate each of their patients to determine the best treatment plan for the patient's condition, which may include prescribing Kate Farms' products.

- 1 Robinson, MK., Trujillo, EB., Mogensen, KM., Rounds, J., McManus K., Jacobs, DO. (2003). Improving nutritional screening of hospitalized patients: the role of prealbumin. Journal of Parenteral and Enteral Nutrition;27(6):389-395.
- 2 Abdelhadi, R., Bouma, S., Bairdain, S., Wolff, J., Legro, A., et al. (2016). Characteristics of Hospitalized Children with a Diagnosis of Malnutrition. J Parenteral and Enteral Nutr;40(5):623-635.
- 3 Barrett ML, Bailey MK, Owens PL. Non-maternal and Non-neonatal Inpatient Stays in the United States Involving Malnutrition, 2016. ONLINE. August 30, 2018. U.S. Agency for Healthcare Research and Quality. Available: www.hcup- us.ahrq.gov/reports.jsp.
- 4 Nemzer, B., Chang, T., Xie, Z., Pietrzkowski, Z., Reyes, T., & Ou, B. (2014). Decrease of free radical concentrations in humans following consumption of a high antioxidant capacity natural product. Food Science & Nutrition, 2(6), 647–654. http://doi.org/10.1002/fsn3.146